

Duterte names new cabinet



Philippines President-elect Rodrigo Duterte has named the members of his cabinet from his home town of Davao, a day after a joint session of Congress declared him the winner of the May 9 presidential elections.

Carlos Dominguez, an ex-classmate of Duterte, was named on Tuesday as finance minister, while US-educated Ernesto Pernia, a former lead economist for the Asian Development Bank, will assume the role of minister of economic planning.

"I can assure you, they are men of honesty and integrity," said Duterte, announcing the 34 new officials at a news conference in Davao City, where he was mayor for more than two decades before he was elected president.

Dominguez, who was mining and farm minister in two previous governments, hails from a wealthy family that has interests in mining and hotels.

Duterte also named Nicanor Faeldon,

See Page 4 - Duterte names cabinet

MMTV Global goes on line 24/7 Mabuhay Montreal TV assumes new name to have global reach

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We were never gone -we just changed the way of doing our show since February 1st. When we began our TV show last December 13, 2013, we were on Videotron and Bell Fibe which incurred high costs of Without production. sufficient advertising, the only way to continue our show is to change from cable television to digital media which is now more common than ever before. In fact, many daily activities have become easier and faster on the wide world of the internet.

As we want to have a wider audience, and not only in Montreal, we have decided to use only MMTV and added Global to this name.

Some people may have not yet caught up with us on line so we decided to publish this information in the North American Filipino Star so that everyone will understand the



MMTV Crew held their taping of the hosting of episodes to be put on line. Seated from left: TV Anchors Tenne Rose Dayandante and Michael Davantes and Zenalda Ferry Kharroubl, Executive Producer. Standing From left: Al Abdon,Program Manager; Cristy Hunter, Reporter & Camerawoman; Edward Ujvary, Cameraman; D.C. Sebelitta, Sound Specialist and Cameraman; Fred Narvas and Jovy Narvas, Sales Reps. Not in photo are: Amy Manon-og, Fely Rosales Carino, Laurisse Cruz, TV reporters, and Derwin Collantes, Business Host.

See Page 5 - MMTV Global

minority groups.

He cares for indigenous and tribal peoples. He was among the first politicians who appointed deputy mayors to represent the Muslim and Lumad peoples in the city government.

Duterte's iron fist leadership as city mayor has earned him admirers and critics. No less than then President Gloria Macapagal Arroyo was among those pleased by his role in transforming Davao City. In 2002, Arroyo named him as her anti-crime consultant, primarily to lead an antiterror task force in achieving peace and order in the country.

Oh yes, Duterte has declined several awards. In April 2014, he was nominated for the "World Mayor" award, given every two years by The City Mayor Foundation to outstanding leaders who served their communities well. He politely declined the award, saying "I did it not for my own glory, but because that was what the people expected me to do."

This was not the first time that Duterte declined awards. He once refused to accept awards for Davao City, such as the American Cancer Society and the 2010 anti-smoking award in Singapore.

Duterte's somewhat unconventional leadership as Davao City mayor has been praised by Filipinos who have been longing for peace and order. He was ranked fifth among all Filipino politicians included in the 2010 list of of most trusted individuals by the Reader's Digest.

And during Duterte's term as city mayor his community was recognized for the third time as Outstanding Local Government Highly Urbanized City, cementing Davao City's place in the National Literacy Hall of Fame.

Indeed, as one perceptive political observer of a Manila newspaper put it so well, Duterte has "...told his story masterfully, with an earthy, mythmaking charm that is devastatingly effective!"

And, in words of Richard Heydarian, a professor and political analyst at the De La Salle University of Manila, Duterte is "a classical realist" and that he will be more statesmanlike when he becomes the 12th President of the Third Republic of the Philippines on June 30, 2016.

So, do all this mean that Rodrigo Roa Duterte has the makings of a great president?

MPs debate changing O Canada to gender neutral language

Bill would change 'in all thy sons command' to 'in all of us command' in English version of anthem

The lyrics to O Canada were a hot topic in the House of Commons May 30, 2016.

MPs debated an effort by dying Liberal Mauril Bélanger to render the national anthem gender-neutral, by replacing the line in the English version "in all thy sons command" with "in all of us command."

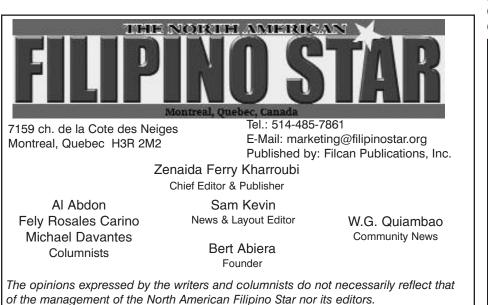
Belanger, a long-time Ottawa MP, has seen his health deteriorate since he learned last fall he has an incurable and fatal neurogenerative disease called amyotrophic lateral sclerosis also known as ALS, or Lou Gehrig's disease.

'Canada is all of us': Ailing MP Mauril Bélanger makes case for change to O Canada. Mauril Bélanger's bid to revise O Canada to get 2nd hour of debate May 30. He introduced his private member's bill in January using a voice generator that converts text into computerized speech, the first time one had been used in the Commons.

The Conservatives thwarted an attempt to pass the bill quickly earlier this month, with Liberals accusing their rivals of killing the chance for Belanger to see his bill pass while he is still able to enjoy it.

Conservative MP Erin O'Toole says he is sympathetic to Belanger's situation, but is against the bill because he does not believe Canada should change important parts of its heritage, even when they have fallen behind the times.

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peoples. His father moved out of Cebu to Davao in the 1950s.

OPINION E

The makings of a great president?

tycoons,

Although he served as mayor of Davao City for many years, Duterte still considers himself a Cebuano. Like his father, he became a lawyer, too. He graduated from San Beda College of Law in 1972. He first joined Davao's prosecution office in 1977 where he made a name for himself handling cases of abuse perpetrated by both military personnel and Communist rebels.

Then Duterte became officer-incharge vice mayor and won the mayoralty in 1988 until 1998. After his



Rodrigo Duterte (second from left) as a young boy with his parents and siblings.

Many pundits, political observers and analysts in print and broadcast and social media's Facebook and twitter blogs have noted that the toughtalking Duterte is "among the rare breed of politicians who walk the talk, and that his iron-clad leadership had turned Davao City into the 5th safest city in the world."

Duterte's family was originally from the province of Cebu. His late father, Vicente G. Duterte, a lawyer, was elected Cebu provincial governor. His mother Soledad Roa Duterte, a school teacher, was from Agusan province in Mindanao, and she descended from the Maranao and Camayo indigenous as a congressman of the city's first district. And finally, he became city mayor once again until this year when he decided to run for the presidency. Duterte believes in diversity. He is in

three terms as mayor, he ran and won

fact the only politician who allowed gay candidates, along with Muslim and the disabled, in his ticket. This would not be the first and last time he would express his support for LGBT rights. In 2009, he criticized the Commission on Elections for kicking out Ang Ladlad, a gay rights group, from its party-list slate. He also helped in the passage an Anti-Discrimination ordinance in Davao City which prohibited discrimination against LRBT people and members of

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By NESTOR MATA

him or seek favors.

EVER since Mayor Rodrigo Roa

Duterte won the presidential race,

celebrities, friends, political turncoats,

iobseekers, rebel leaders, and even

foreign ambassadors descended on

Davao City to see and congratulate

How well do they really know him?

What is the personal story of the 71-

year-old Duterte, his family roots,

beliefs and political background? And

does he have the makings of a great

of business

MALAYA

droves

Government of Canada Aims to Pass Changes to **Canadian Citizenship Act** Into Law by July 1

MAY. 2016

image: http://www.cicnews.com/wpcontent/uploads/2016/05/citizenshipcanada-300x245.jpg

Canada is moving closer to bringing new measures into law that would allow immigrants to apply for Canadian citizenship earlier and more easily than is currently the case. Changing the existing Citizenship Act is considered a centrepiece of the new Liberal government's legislative agenda.

The chair of the House Immigration Committee, MP Borys Wrzesnewskyj, said this month that he hopes the bill, known as C-6, will pass into law in time for Canada Day, which falls each year on July 1.

This would have great symbolic relevance, as Canadians are proud of their citizenship and the status, rights, and freedoms that it provides. Canada encourages new immigrants to consider becoming naturalized citizens and join the Canadian family. Canadian citizens may apply for a Canadian passport, vote in elections, stand for public office, and leave and re-enter Canada freely without being bound by residency obligations. Canada also recognizes dual citizenship, allowing immigrants to

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acquire Canadian citizenship without having to lose the citizenship they already hold.

The North American Filipino Star

Among the proposed amendments is a reduction in the amount of time permanent residents have to live in Canada in order to become eligible to apply for citizenship, from four out of six years to three out five years. Further, certain applicants who spent time in Canada on temporary status would be able to count a portion of this time towards the three-year requirement. The proposed amendments would also repeal the intent to reside provision and remove language proficiency requirements for certain applicants.

In addition, the new legislation would repeal a contentious provision that revoked citizenship from dual Canadian citizens convicted of terrorism, treason or espionage. With a majority government in place, it is expected that the proposals will become law in the near future. The only major potential stumbling block is how the bill may be treated in the Senate, with Immigration Minister John McCallum among a group of politicians who have expressed wariness over how the Conservativedominated Senate may handle the bill.

Background

In June, 2014, the previous Conservative government of Canada brought into law the Strengthening Canadian Citizenship Act (also known as bill C-24). Among other measures, this controversial legislation made eligibility requirements for immigrants more onerous than had previously been the case. It also allowed the government to revoke citizenship in certain cases.

The now-governing Liberal Party of Canada, which came into office last November, made a public pledge in its election manifesto to 'repeal the unfair elements of Bill C-24 that create second-class citizens and the elements that make it more difficult for hard-working immigrants to become Canadian citizens.'

Proposed changes to the Citizenship Act

The proposed changes to the Citizenship Act run the full gamut of the act, from how an individual may become eligible for citizenship to the rights bestowed once citizenship is conferred on the person.

Repeal of revocation provision

Current act: Authority to revoke citizenship for certain acts against the national interest of Canada. These grounds include convictions of terrorism, high treason, treason or spying offences, depending on the sentence received, or for membership in an armed force or organized armed group engaged in armed conflict with Canada.

Proposed amendment: Repeal national interest grounds for revocation.

3

Repeal of intention to reside provision

Current act: Applicants must have the intention to reside in Canada if granted citizenship.

Proposed amendment: Repeal intent to reside provision.

Physical presence in Canada

Current act: Physical presence for 4 out of 6 years before the date of application.

Proposed amendment: Physical presence for 3 out of 5 years before the date of application.

Counting temporary status

Current act: Time spent in Canada as a non-permanent resident may not be counted.

Proposed amendment: Applicants may count each day they were physically present in Canada as a temporary resident or protected person before becoming a permanent resident as a half-day toward meeting the physical presence requirement for citizenship, up to a maximum of one year of credited time.

See Page 12- Changes to Citizenship

100

choices



From Page 1 - Duterte names cabinet who led an uprising about a decade ago against then president Gloria Macapagal Arroyo over corruption concerns, as the head of the customs bureau, the country's second largest revenue agency.

Faeldon, a former marine, has the job of reining in smuggling, which the government of President Benigno Aquino struggled to check.

Duterte's cabinet also includes former soldiers, police officers from Davao City and officials from the past five administrations.

Rodrigo Duterte: Guns, Goons and the Presidency

At the news conference, Duterte reiterated plans to streamline the bureaucracy, cut red tape and fight crime.

He said he would recruit two army divisions and 3,000 police officers to help to tackle national security, drugs and crime.

Asked about relations with China, including the topic of the disputed South China Sea, Duterte said he would pursue an independent foreign policy and not rely on the US, a longtime security ally.

"I will be chartering a course on its own and will not be dependent on the United States," Duterte said.

Duterte bares new Cabinet members

Patricia Lourdes Viray (philstar.com) -May 31, 2016 - 7:11pm MANILA, Philippines (UPDATED 7:29 p.m.) — President-elect Rodrigo Duterte on Tuesday night announced the members of his Cabinet following a meeting in Davao City.

Duterte and his incoming Cabinet members met at the Department of Social Welfare and Development guest house in Panaca, Davao City.

After the meeting, the incoming leader emerged to hold a news conference to name those whom he chose to be part of his official family.

Executive Secretary - Salvador Medialdea

Cabinet Secretary - Leoncio Evasco

Secretary of Agrarian Reform - Rafael Mariano

Secretary of Agriculture - Emmanuel "Manny" Piñol

Secretary of the Budget & Management - Benjamin Diokno

Secretary of Education - Leonor Briones

Secretary of Energy - Alfonso Cusi

Secretary of Finance - Carlos Dominguez

Secretary of Foreign Affairs - Perfecto

China and the Philippines are locked in a territorial dispute in the South China Sea, a strategic waterway through which \$5 trillion worth of ship-borne trade passes every year. Brunei, Malaysia, Taiwan and Vietnam also have claims.

The challenger

Duterte, 71, will be sworn into office on June 30.

After being declared the winner of the May 9 presidential elections on Monday, he snubbed the nationally televised event, reinforcing his image of a challenger of the nation's political establishment.

"I am not attending the proclamation. I've never attended any proclamation (in) all my life," said Duterte, who vowed to wipe out crime within six months.

He pledged to give security forces shoot-to-kill orders, and vowed that tens of thousands of criminals would die. Since the election, Duterte has continued to encourage police to kill drug suspects, and said he would bring back the death penalty.

Duterte railed against the elites and promised to fight for the poor, despite having created his own political dynasty in Davao and his own vice presidential running mate coming from one of the nation's richest families

.(Source: AGENCIES)

Yasay Secretary of Interior and Local

Government - Mike Sueno

Secretary of Justice - Vitaliano Aguirre

Secretary of National Defense - Delfin

Lorenzana Secretary of Public Works and Highways - Mark Villar

Secretary of Science and Technology - Fortunato dela Pena

Secretary of Social Welfare and Development - Judy Taguiwalo

Secretary of Transportation and Communications - Arthur Tugade

National Security Adviser -Germogenes Esperon

Presidential Spokesperson - Salvador Panelo

Armed Forces of the Philippines -Ricardo Visaya

Bureau of Customs - Nicanor Faeldon

Bureau of Immigration and Deportation - Jaime Morente

Land Transportation Franchising and Regulatory Board - Martin Delgra

Land Transportation Office - Edgar Galvante

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OFFICIAL FAMILY President-elect Rodrigo Duterte presents newly appointed members of his Cabinet during a press conference at Malacañang of the South in Panacan, Davao City. TARRA QUISMUNDO

National Bureau of Investigation -Dante Gierran

National Disaster Risk Reduction Management Council - Ricardo Jalad

National Economic and Development Authority - Ernesto Pernia

National Intelligence Coordinating Agency - Alex Monteagudo

Peace Process - Jesus Dureza

Peace process (communist side) -

Corporations

National Commission on Muslim Filipinos

Metro Manila Development Authority National Anti-Poverty Commission Presidential Management Staff Technical Education and Skills Development Authority

Duterte admitted that it took him some time to form his Cabinet, saying it was no simple job to look for "honest" men.

"I can assure you that they are all men



Silvestre Bello III

Philippine Amusement and Gaming Corporation - Andrea Domingo

Philippine Drug Enforcement Agency - Isidro Lapena

Philippine National Police - Ronald dela Rosa

Presidential Assistant for Visayas -Michael Dino

Solicitor General - Jose Calida

The following posts have no appointees yet: Department of Health Department of of Tourism Department of of Trade and Industry Climate Change Commission Commission on Filipinos Overseas Commission on Higher Education Governance Commission for Government Owned and Controlled of integrity and honesty," he said. — with Rosette Adel

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reasons for the change. Some people may have read about our show having been discontinued, but the rest of the story has not been reported yet. It is only now that we are writing about Mabuhay Montreal TV which we had produced for the special ethnic station called ICI that received a new CRTC license in 2013. We persevered in airing the show for two seasons until We thank you for your support over the past two years we were on cable. We hope you will continue to watch our show on line at anytime and anywhere you may be through your desktop or laptop computers, or cellphones.

Your continued interest in watching our show will encourage us to produce new programs that will not only be entertaining but also educational, motivational and inspirational. We believe that



MMTV Global crew from left: Edward Ujvary, Desiderio Sebellita and Al Abdon setting up equipment in preparation for the taping of the hosting held at Gilmore studio, Thursday, May 26, 2016.

January 30, 2016. To differentiate the show we produce now on line, we have adopted the name MMTV Global.

It took us a few months before announcing this new set up as we need to re-organize our TV staff, and make some changes. But now, we are happy to report that we are ready to accept your business, just call us at 514-485-7861, or e-mail us at info@mmtv.ca.

We have new policies and procedures for public service announcements as well as for paid advertising for all types of businesses. If you need our services, we can give you different options so that you can advertise your business or association event according to your budget. promoting our native traditions, social values and culture will have a positive impact on our youth and will build a solid foundation for our community to be united and proud to be Filipino-Canadians.

We thank you for your patronage and hope to deserve your loyalty in watching our show anytime you wish to be informed of what is going on in our community as well as in other parts of the world.

Zenaida Ferry Kharroubi President, Filcan TV Productions, Inc. Executive Producer, MMTV Global info@mmtv.ca Tel. 514-485-7861

Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great."

"A good leader will motivate and encourage others to great works but a truly inspirational leader will help others to discover themselves and find their own greatness."

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Philippines: President-Elect Duterte Prompts Concern Over Economic Policy

What will the Philippines' president-elect mean for the country's economic prospects?

to

Davao City mayor Rodrigo Duterte was declared the winner of the Philippines' May 9 presidential election and is set to be sworn into office on June 30, after winning 38 percent of the popular vote.

Duterte's election brings to a close the

six-year presidency of Benigno Aquino,

under whom the Philippines became

one of Asia's fastest expanding economies, growing at an average rate

of 6.2 percent a year since 2010.

Duterte's firebrand campaign focused

on crime and corruption with less

attention given to his economic policy, which remained inconsistent and

undeveloped throughout the electoral

period. Foreign investors have been

especially concerned by Duterte's

reputation for unpredictability and

disregard for the rule of law,

The North American Filipino Star

simultaneously living up to his populist campaign promises to create jobs and boost wages.

growth,

No major shift in economic policy

maintain

Given the Philippines' economic success in the past six years, Duterte has stated he plans to pursue an economic policy that is consistent with that developed by Aquino and as yet no radical policy changes have been announced. The president-elect has acknowledged he lacks economic experience and has stated he will rely on a team of technocrats to form specific economic policies, as was the case when he was mayor of Davao. Initial proposals outlined in his eightpoint plan are in line with those of the Aquino government and include plans



Image Credit: Flickr/ Keith Bacongco

particularly in light of allegations that extra-judicial killings were carried out under his authority while mayor of Davao.

Responding to these concerns, on May 13 Duterte published an "eightpoint plan" of economic proposals, which contained a number of business-friendly proposals designed to reassure investors:

Continue and maintain current macroeconomic policies, while reforming the tax collection system;

Accelerate infrastructure spending to reduce inefficiencies in public-private partnerships (PPP);

Improve the investment climate by addressing ownership restrictions to foreign firms;

Develop the agricultural sector through business support to farmers;

Address bottlenecks in land administration and management systems;

Strengthen the educational system to improve the skills of the workforce; Introduce a lower or more progressive

income tax system; Expand and improve the conditional

cash transfer program.

Duterte now faces the difficult task of responding to pressure from investors

to raise infrastructure investment to 5 percent of GDP (up from 2.55 percent in 2015), and to streamline the tax collection process by addressing corruption and inefficiencies.

On the issue of foreign ownership, Duterte has expressed an interest in a number of policies that would ease foreign investment in the Philippines. Specifically, he has already revealed plans to increase the cap on foreign ownership of corporations from 40 percent to 70 percent by amending the 1987 constitution. Although the team ruled out similar changes to land ownership laws that restrict direct foreign ownership of property, Duterte says he will extend land leasing limits for foreign firms from 25 years to 40 years. His team also said it plans to cut the corporate tax rate, which currently stands at 30 percent, though it is unclear by how much.

Duterte is also looking to incentivize investment in rural areas by streamlining coordination between the country's four land agencies – the Department of Agriculture, Land Registration Authority, Department for

See Page 12 Economic concerns

while





Michael Davantes Specialization in Communication

Philippine Fashion Week Celebrates 20th Anniversary



For two decades, the Arnold country's premier fashion event Crisostomo, Jerome Salaya has relentlessly promoted the Ang, Jared Servano, Jeffrey Filipinos' talent in fashion. Philippine Fashion Week has pushed Filipino designers to the front line of the global fashion arena by providing them a platform to showcase their latest collection. This year, the Melchor participants are: Guinto, Randall Solomon,

Galang, Noel Rogador, Jun-jun Cambe, Sidney Perez Sio, Amir Sali and Cherry Samuya Veric. Each designer is phenomenal wowing the crowd with their innovation in dress design, and proving the world-class talent of Filipinos.







ANG PANG-AABUSO SA MGA MATATANDA

Noong nakaraang buwan ay may artikulo sa Gazette tungkol sa pang-aabuso sa mga matatanda. Mga 4 a.m. nang mapansin ni Josee Blais, pinunong inspektor ng Montreal police force, na nagpapatrol sa Ville Emard ang isang matanda na naglalabas ng pera sa bank machine. Kasama ng ang isang teenager. matanda Nagpapakita ng palatandaan na biktima ng pang-aabuso ang matanda - hindi makatingin nang diretso at hindi nagsasalita na parang may itinatago. Sinundan ni Blais ang mga ito at napag-alaman niya na ang teenager at ang kasamang kasapakat na lalaki ay nakapangikil na ng \$20,000 sa matanda.

Ang pulis ay katatapos lamang ng pagsasanay na ibinibigay ng Montreal force upang masugpo ang pang-aabuso sa mga matatanda, isang problemang hindi masyadong napag-uusapan at napagtutuunan ng pansin sa ating lipunan.

Noong 2014, mahigit 650 na matatanda sa Montreal ang inabuso. Sa 650, mahigit 400 ang nakakikilala sa mga nang-aabuso sa kanila.

Kahanga-hanga ang kamakailan ay ibinigay na pagsasanay ng pamahalaan sa mga pulis upang mapangalagaan ang kapakanan at kaligtasan ng matatanda. Sinasanay ang mga pulis upang makita ang palatandaan ng pang-aabuso sa matatanda tulad pananakit, paglalagay sa magulo at maruming tinitirhan at pag-iiwan sa matinding pag-iisa.

Ang pang-aabuso ay karaniwang nangyayari sa bahay ng matatanda o nursing home. Sa bahay, kahit miembro ng pamilya ay nang-aabuso rin sa kanila tulad ng pagnanakaw sa kanilang pera o pagkukulong sa kanilang kwarto. Ang mga nursing home, kung minsan, ay walang sapat na tauhan na tumitingin sa matatanda kaya sila napababayaan. Ang mga pangyayaring ito ay hindi nai-ireport sa pulis dahil sa takot ng matatanda na gantihan sila ng nang-aabuso sa kanila o kung minsan ay dahil sa kahihiyan.

Kahit paano ay nagbunga ang pagsasanay at pananaliksik ng mga pulis. Kamakailan ay biglaang dumalaw ang mga pulis sa isang bahay ng matatanda. Natuklasan nila na ang mag-asawang nakatira ay ikinukulong ng kanilang mga anak sa kwarto.

Sino man ang naghihinala ng pangaabuso ng matatanda, tumawag sa 911 o sa -1888-489-2287 mula 8 a.m. hanggang 8 p.m.

ANG PAGDIRIWANG NG ATING ARAW NG KALAYAAN

Hindi tulad ng dati, Sabado ngayon ipagdiriwang ang Araw ng Ating Kalayaan dahil lagi na lamang umuulan kapag ginagawa ito ng Linggo. May ilan ding nagtatanong kung bakit malayo ang pagdiriwang sa talagang Araw ng Kalayaan, June 12. Ang dahilan ay June 25 ang pinakamalapit sa Araw ng Kalayaan. May nagtatanong din kung bakit lagging may dayuhang kasama sa ating pagdiriwang. Malimit ko ring sinasabi na dahil mamamayan na tayo Canada na tinatawag na na multicultrural country, kailangan matuto tayong makihalubilo sa ibang lahi. Dahil inaanyayahan natin ang mga dayuhan tulad ng mga Mexican, Chilean, at Japanese , hindi nangangahulugan kinalimutan na natin ang ating kultura at tradisyon. Katunayan, ipinakikita natin sa ibang lahi ang mga ito tulad ng ating kakaibang sayaw at hospitality. Tanungin natin ang ating sarili kung Canada bakit tuwing Day, nakikipagdiwang din tayong mga Pilipino at mga ibang lahi - Irish, Chinese, Mexican.

Paminsan-minsan, maging bukas at malawak ang ating isip. Huwag tayong makasarili.

NAGPAPALUSOT NA NAMAN SI FRED

Ang balita ay balita, lalo na kung totoo. Sa April issue ng The North American Filipino Star, isinulat ko ang balitang nahatulan na naman ng paglabag sa journalisthic ethics si Fred Magalanes, ang "mahusay" na writer na nagsabing "Once a writer is caught lying, that is the beginning of his end." Nakasulat sa French ang hatol pero ayon sa mga nakabasa na nakaiintindi ng wikang ito, natalo nga si Fred (Igoogle ang D2015-05-131-Conseil de presse du Quebec o Felix C. Reyes vs. Filipino Forum). Sumagot si Fred sa April-May issue ng Forum, "This is typical of Willie smear. Dont' believe a word of it."

Isinulat ko rin ang dalawa sa maraming dahilan kaya natalo si Fred:"excessive relentlessness " at "defamation" ang ginawa niya kay Felix.

Ang isinulat ko ay ang hatol ng Quebec Press Council na paglabag na naman niya sa journalism ethics. Sa halip na ipaliwanag niya kung bakit hindi ako dapat paniwalaan, ginawa niyang isyu ang mga salitang "excessive relentlessness at "defamation" na ginamit ko. Ang mga ito ay nanggaling sa sulat ng QPC kay Felix na nagsasabing nanalo siya sa reklamo niya kay Fred. Kapag na-corner mo si Fred, i-ibahin niya ang usapan.

Nag-defined na naman ng word si Fred na parang hindi nakaiintindi ng English ang mga bumabasa. "Relentlessness normally means occurring without interruption. But relentlessness may be seen as a good thing in the context of a reporter seeking the truth". "Seeking for the truth" - masarap pakinggan. Akala ni Fred ay investigative reporter siya na tulad ni Carl Bernstein at Bob Woodward ng Watergate Scandal. Kung naghahanap siya na katotohanan, bakit hindi siya kumuha ng abogado noon pa upang tanungin si Felix. Ang totoo, harassment ang ginawa niya kay Felix. Sa 10 isyu ng Forum, sunud-sunod na isinulat niva ang nawawalang \$250. Kung hindi ito relentlessness, ano ang tawag niya? Restlessness o recklessness?

Iba ang kasong Budz Sarmiento vs. Fred Magallanes/Filipino Forum at Reyes Felix C. VS. Fred Magallanes/Filipino Forum. Ang una ay legal matter. Nang isulat ni Fred na nagnakaw ng garbage bags at naakusahan ng sexual harassment si Budz, kumuha kaagad ng abogado ang huli. Dahil walang makuhang witness si Fred na magpapatunay sa kaniyang akusasyon, siya na rin ang humiling ng out of court settlement. Abala raw siya sa pag-aalaga sa asawang may karamdaman (pero may panahon siyang batikusin ang kaniyang mga kaaway). Nagbayad siya kay Budz pagkatapos humingi ng isang buwan palugit. Ang pangalawa ay hindi pa legal matter. Inireklamo ni Felix si Fred sa Quebec Press Council na siyang nagpro-protekta sa karapatan ng tao na panatilihin malinis ang kaniyang pangalan. Nang siraan ni Fred si Felix sa Forum ay napatunayan ng QPC na lumabag siya sa journalism ethics. KUNG sakaling idemanda siya ni Felix, libel ang kaso at ang QPC tatayong mismo ang kapanipaniwalang witness.

Wala pang isang taon nang matalo si Fred sa demanda ni Budz ay mukhang mahaharap na naman ang una sa malaking problema. Siya na mismo ang gumagawa ng paraan upang lalo pang marumihan ang kaniyang reputasyon at humahanap ng batong ipupukpok sa kaniyang ulo.

HINDI AKO TAKAW NA MA-IMBITA SA Famas Affairs.

Ang sabi ni Fred, "He (Willie) has grown so used to being invited to

FAMAS affairs that he lambasts people when he isn't. Wala akong interest na magpunta sa affairs ng FAMAS at ibang asosasyon para lamang sumayaw at kumain. Hindi ako marunong sumayaw dahil parehong "kaliwa" ang mga paa ko. Hindi ako gutom sa pagkain dahil masarap pa ang iniluluto ko sa bahay kaya isang hitang manok o isang pirasong salmon. Kahit libre ang tiket (complimentary), gastos pa rin sa akin ang pagdalo sa mga party dahil minsan ay kumukuha ako ng taxi o nakikisakay ako kay Bert Abiera kapag gabi na. At kung kukuha magsusulat ako ng balita, ang gusto ko ay makabuluhan. Kung nagpupunta ako sa affair ng FAMAS ngayon, dahil pakikisama lamang kay Bert Abiera at lalo na kay Beth Suarez na kababayan at kaibigan ko. Sila ang tumawag sa akin para dumalo sa Christmas Party ng FAMAS at nitong huli, para sa Miss Gay. Kahit abala ako sa araw na iyon, sinabi ko na sisikapin kong magpunta. So ano ang reklamo ni Fred? Baka magreklamo rin siya na naglalagay ako ng The North American Filipino Star sa FAMAS centre at Pancitan restaurant. Si Cesar at Tess Manuel mismo and nagtanong kung bakit hindi ako naglalagay ng diaryo roon.

UGALING PILIPINO

Ang mga Pilipino ay mahilig magdaos ng party. Ang mga asosasyon, sunud-sunod ang pagtitinda ng ticket. Kung minsan, ang problema ay iyong pinagbibilhan ng tiket na magsasabing tiyak na dadalo pero hindi darating sa araw ng party. Kawawa naman ang host na asosasyon dahil babayaran nila ang naka-reserbang pagkain. Sa kabilang dako, mayroon naman hindi sasagot na dadalo pero biglang nagbabago ng isip at sisipot na lamang sa party. Magbabayad nga sila pero sana, tanungin nila sa host kung puede pang dumalo bago magpunta sa party. Ang nangyayari kasi, kung minsan, kinukulang ang mesa at pagkain. Sana, magkaroon tayo ng konsiderasyon. Dito naman sa Canada, halos lahat tayo ay may telepono. Ang iba, nahihiyang tumawag pero mas lalong nakahihiya kung hindi tatawag sa host para sabihing hindi sila pupunta o biglang hahabol sa party. Kung sa kanila gawin iyon, hindi rin nila magugustuhan.



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WHAT ARE QUADCOPTERS?

Flying model aircraft has been my passion since I was in high school. I wanted to become an PAL pilot but I end up as a ATC (Air Traffic Controller) posted in Tacloban, Leyte instead. Immigrating to Canada gave me an opportunity to return to my passion. There is no other place in the world that has the vast area of flying your toy on a beautiful scenery and landscape. I bought my first model airplane at Consumers Distributor (Does not exist anymore) in 1977 and try it on at Long Sault ON.

The feeling is breathtaking. Aside from the noise of an engine, you feel the power of control when you zip around a 50 meter radius until the fuel runs out.

RTF (Ready to Fly) Airplane kit did not took off to become a popular pastime for hobbyist until the late 2011 when Quadcopters arrive in the market. You can even buy these Quadcopters or a generic name for Drones anywhere from Bureau En Gros and Best Buy.

Mannix & Lourdes Fabia from Hartistics Production were the first couple lve known who have pioneered using a DJI Drone. Using a GoPro attached to the belly of the craft, it took beautiful outstanding video and photos at an altitude when never been done before. Check their website for a sample of their work.

Types of Aircraft

Traditionally you have had your choice between two basics type of aircraft, either an airplane or a helicopter. Airplanes are quite fun to fly and are generally pretty easy to learn how to fly. The downside is that they take quite a bit of space to take off, fly around, and land. The amount of space they need limits their usability to large parks, schools, or flying fields. Helicopters used to be very difficult to fly but have got much easier in recent years with tremendous advances in gyroscopes to stabilize them and Coaxial rotor designs that can be flown with now previous flight experience. The downside of helicopters, outside of the cheap toy versions, are still a little tricky to fly, do not handle wind well, and a poor landing can set you back anywhere from \$50 - \$80 in parts.

Enter the Quad...A Quadcopters...or multi-rotor copter has four arms with a motor and

propeller on the end of each arm. In the typical configuration the rotors are arranged with two rotors turning clockwise and two rotors turning counter-clockwise.

provides an inherent level of stability So Popular?

advantages

to keep it level and turn your input the most attractive to many people is

commands into motion that it needs a multi-rotors ability to lift decent

Quadcopters are that they are very lift up to 10 pounds or more. For the

pilot.

has

really

while the on-board electronics work

simple machines consisting of a

frame, a receiver, a flight controller,

electronic speed controls, motors,

and propellers where a Helicopter

has numerous gears, linkages, and

servos. This simplicity means that

quads are easier to build, easier to

repair, and less costly to repair. The

typical repair cost from a bad landing

or a collision with something is

usually the cost of replacement

props which may set you back \$5 -

to fly.

\$15.

Some

Flying a Quad

Flying a Quadcopters is somewhere in between flying an airplane and a helicopter. The left joystick controls the throttle and the yaw. Pushing the stick up will increase power causing the craft to gain altitude. Pushing the stick left or right will cause the craft to spin left or right accordingly.

The right joystick controls the pitch of the craft. Pushing the stick up will increase the rear prop speed which will lift the rear of the craft causing it to move forward. Push down and it goes backwards. Pushing left and right causes the craft to pitch and move in the specified direction.

This design Why Are Quadcopters becoming

The thing that seems to be

payloads. Small quads can often lift

recreational flyer, this means being

able to life cameras for aerial

photography or FPV (first person

view) systems that allow you to fly as

if you are sitting inside the craft like a

actually try and make money with

their copters but right now there is a

ban in the USA from the FAA that

prohibits the use of unmanned

vehicles for commercial work. This

Many people are looking to

hurt some

small

of up to a pound while larger craft can

MAY 2016

companies that were just starting to make some revenue off of aerial photography. In other countries the rules differ greatly so please do your research on this before making plans to be the next great aerial photographer.

Even from a hobby perspective, being able to record video from the point of view of the aircraft and play it back later or upload it to YouTube is quite popular. In the \$500+ price range you can find Quadcopters that can lift both a GoPro camera and an FPV rig.

Some models are being created to actually do aerobatic tricks like barrel rolls, loops, and flips. Since the Quadcopters today have fixed pitch blades, you cannot do inverted flight but some creative electronics programming is allowing some pretty amazing feats.



Summary

Quadcopters are a great interim craft that sits in between airplanes and helicopters in terms of difficulty and they are getting easier to fly all the time. Aside from true 3D flight, such as inverted flight, quads are also getting more acrobatic giving experience flyers more fun and excitement.

If you are looking for an aircraft that offers a great balance between cost, capability, and performance, then a Quadcopters may be the right aircraft for you.

Words of caution...make sure you read the Government of Canada Guidelines regarding flying drones.

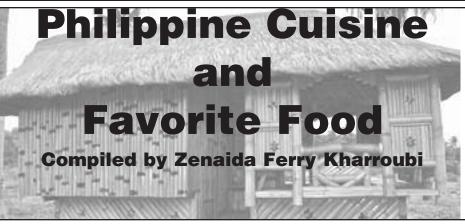
Happy flying.....

AL ABDON HOLLYWOOD JUNKIES

LOST OBJECT

HP Laptop computer in a black carrying case with important files, portable drive, 2 USBs, cellphone plug and file folders, deposit slips, bank statements, letters, forgotten on the sidewalk of Jean Talon West corner of Cote des Neiges Rd. on Monday, May 23, 2016 at around 11:00 p.m. Call 514-485-7861 or return to Police, Stn 26. **REWARD TO FINDER**





Everyday Chicken Adobo



60 ml (2 fl $oz/\frac{1}{4}$ cup) soy sauce

3 cm (1¹/₄ inch) piece turmeric or

ginger, peeled and thinly sliced

6 cloves garlic, smashed

3 bay leaves

Ingredients

170 ml (51/2 fl oz/ cup) coconut or rice vinegar 400 ml (131/2 fl oz) coconut milk

BUSINESS HOURS Mon. Tue. Wed. 8:00 a.m. - 5:30 p.m Thu. Fri. 8:00 a.m. - 6:00 p.m. Saturday 8:00 a.m. - 5:00 p.m. Sunday Closed Picnic Ham w/bone Beef Blade steak Pork loin Approximately **2**-⁵⁰lb **6**-⁴⁹lb 15 lbs Boneless Pork shoulder -\$3.99 lb Home smoked meat **Fresh Pork Leg** Half or Whole pork **Special** 2.¹⁹lb Cut & Wrapped 11.50 11.lb **Ground Beef** lb **Regular smoked bacon Fresh Pork Belly** Over 20 lbs 5.39 lb **4**-¹⁹lb **Ground Pork** Special 2.79/lb Special • Frozen pork blood Fresh live BBQ Pork skin **Rib Steak \$14.99 / Ib** Goat French Denver Steak \$8.99 / lb Available on order 83 Covey Hill, Hemmingford QC JOL 1H0 Tel.: (450) 247-2130 or (450) 247-3561

3 red bird's-eye chillies, plus extra to serve (optional)

1 tsp freshly cracked black pepper 1 whole chicken, jointed into 8 pieces with bone in

steamed rice, to serve Cook's notes

The North American Filipino Star

Oven temperatures

are conventional; if using fan-forced (convection), reduce the temperature by 20°C. | We use Australian tablespoons and cups: 1 teaspoon equals 5 ml; 1 tablespoon equals 20 ml; 1 cup equals 250 ml. | All herbs are fresh (unless specified) and cups are lightly packed. | All vegetables are medium size and peeled, unless specified. | All eggs are 55-60 g, unless specified.

Instructions

Marinating time 3 hours

In a large non-reactive bowl, combine the vinegar, coconut milk, soy sauce, garlic, turmeric, bay leaves, chillies and pepper. Add the chicken and turn to coat, then cover with plastic wrap and leave to marinate in the refrigerator for at least 3 hours or overnight.

Transfer the chicken and marinade to a large, deep saucepan. Bring to the boil, then reduce the heat to low-medium and cook for 25 minutes, or until the chicken is cooked through. Using tongs, transfer the chicken to a bowl and cover to keep warm. Increase the heat to medium-high and cook the marinade mixture for 10 minutes, stirring occasionally, until slightly thickened and reduced. Discard the turmeric, bay leaves and chillies. Return the chicken to the pan and warm through. Transfer to a serving bowl, scatter with extra chillies, if using, and serve with steamed rice.



Sisig

Ingredients 1 1/2 lbs pig ears 2 lbs pork belly 1 medium onion, minced 4 tbsp soy sauce 1/4 tsp ground black pepper 1 small ginger, minced 2 small green chilis, chopped 1/2 tsp garlic powder 1 lime 6 tbsp butter 1/2 lbs chicken liver 8 cups water 5 tbsp mayonnaise $1 \frac{1}{2} \text{ tsp salt}$ Instructions: 1. Add water into a cooking pot, add salt and pepper, and bring to a boil 2. Add pig ears and pork belly and simmer for 1 hour 3. Remove pig ears and pork belly and drv with a paper towel 4. Grill both sides of pig ears and pork belly until brown

5. Chop into small pieces 7.In a separate pan, melt butter, add onions and cook until soft 8. Add ginger and cook for 3 minutes 9.Add chicken liver and crush while cooking

10. Add chopped pig ears and pork for belly and cook for 15 minutes

11. Add soy sauce, chilis, and garlic powder and mix

12. Add more salt and pepper to taste

13. Add mayonnaise and mix well Move to plate and serve



Nilagang baka; (Beef soup) with vegetables

INGREDIENTS

SERVINGS 4-6 UNITS US 1 kg beef (for stewing) or 1 kg pork (for stewing)

- 4 small onions (diced)
- 1 2 head garlic (minced)

1 pinch salt and pepper 7 medium potatoes (cut to the same size as the beef)

10 pieces Chinese cabbage (cut into four)

12 pieces bok choy (cut into 3)

2 corn on the cob, chopped (optional) 2 tablespoons patis (Asian fish sauce) 2 tablespoons oil lemon

DIRECTIONS

In a soup pot, brown garlic and onion. Add in beef, water and bring to a boil, lower the fire and let simmer until beef is tender for about an hour or two (longer for more flavor).

Remove all the resulting scum that will rise to the top of the pot and keep the stock clear.

Add potatoes and bring up to a boil to cook potatoes.

Season with salt, pepper and patis. Lower heat and add in vegetables and cook uncovered.

Serve hot with rice, soy sauce/patis and calamansi to taste.

Advertise on **MMTV** Global 24/7 mmtv.ca 514-485-7861 and the North American **Filipino Star**

www.filipinostar.org

The North American FILIPINO STAR PHOTO GALLERY



Gilmore College International students in the PAB program with their teacher, Sophie Toledo, during their break time.



The MMTV crew on the foreground, smiling for the camera while the TV anchors look amused in the background.



CHSLD Chateau Westmount on strike for their \$15/h minimum wage demand supported by SQEES and 298 FTQ.



Souvenir photo of the Launching of the Canadian Filipino Nurses Heritage Guild at the Plaza Hotel, April 30, 2016.



Candid shot of the program manager, Al Abdon, seriously checking his cellphone while others are seemingly enjoying themselves while working on the set of the MMTV Global and taping the hosting by Tenne and Michael.



Tenne Rose Dayandante and Michael Davantes, MMTV hosts, reflecting themselves on a mirror during the taping on May 26, 2016 at Studio G.

The North American Filipino Star

11



Filipino-Canadian Artists Association of Quebec's 2nd live audition June 12, 2016

The Search for Filipino-Canadian Artist 2016 "The Premiere" is ON!

Contest is open to ALL Filipino-Canadian Artist, 7 to 77 years old residing in Montreal & Suburbs (within the province of Québec, Canada)

Please note that REGISTRATION for the "2nd LIVE AUDITIONS" is Sunday, June 12th, 2016 at 10:00 am at the Collège Notre Dame, 3791 chemin Queen Mary (In front of St. Joseph Oratory).

musical Pls. bring your accompaniment! (MP4, MP3 version) We will provide ONLY the drum set and keyboard to band participants. Sound check for bass, acoustic & lead guitar is a must! Please come at 10:00 am for sound check.

NOTE: Registration is for 2 Divisions namely:

1. Junior Division (12 years old below) Please NOTE: Minors (17 years

From Page 3 - Changes to Citizenship Less burdensome annual physical presence requirement

Current act: Minimum of 183 days physical presence in 4 of the last 6 years.

Proposed amendment: Repeal the minimum 183 days physical presence in 4 of the last 6 years.

Fewer people need to prove language proficiency

Current act: Applicants aged 14-64 must meet language requirements and pass knowledge test.

Proposed amendment: Applicants aged 18-54 must meet language requirements and pass knowledge test.

Canadian income taxes

Current act: File Canadian income taxes, if required to do so under the Income Tax Act, for four taxation years out of six years, matching physical presence requirement.

Proposed amendment: File Canadian income taxes, if required to do so under the Income Tax Act, for three taxation years out of five years, matching proposed new physical presence requirement.

Conditional sentence now a bar

Current act: Time spent serving a conditional sentence order can be counted towards meeting physical presence requirements. Convicted individuals who are serving sentence conditional orders (sentences served in the community

below) should bring their parents or quardian!

2. Adult Division (13 years old to 77 years old)

"LIVE AUDITIONS" follows at 1:00 to 5:00 PM, Collège Notre Dame Auditorium.

For tickets & inquiries please contact: Michelle Vargas-Lao @ 514.466.5206 Franco Sevilla @ 514.730.6015 Lene Catedrilla @ 514.298.2478

This event is brought to you by the "Filipino-Canadian Artist Association of Québec" (FCAAQ) in collaboration with Gilmore College International and "MVL Productions"

The Search for Filipino-Canadian Artist 2016 "The Premiere" (All rights reserved 2016)

with certain conditions) are not prohibited from being granted citizenship or taking the oath of citizenship.

Proposed amendment: Time spent under a conditional sentence order cannot be counted towards meeting the physical presence requirements; and those serving a conditional sentence order are prohibited from being granted citizenship or taking the oath of citizenship.

Canadian citizenship oath

Current act: Provision prohibiting applicants from taking the oath of citizenship if they never met or no longer meet the requirements for the grant of citizenship, but does not apply to applications received before June 11, 2015.

Proposed amendment: Provision prohibiting applicants from taking the oath of citizenship if they never met or no longer meet the requirements for the grant of citizenship also applies to applications still in process that were received prior to June 11, 2015.

New provision to counter fraud

Current act: No explicit authority for citizenship officers to seize fraudulent documents related to the processing of applications.

Proposed amendment: Authority to seize documents provided during the administration of the Citizenship Act if there are reasonable grounds to believe they are fraudulent, or being used fraudulently.

The right move at the right time "The public appetite — among

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Environment and Natural Resources, and the National Commission on Indigenous Peoples. The Philippines' property market is known for its cumbersome bureaucracy, with businesses often suffering from a lack of coordination between the agencies over land ownership registries and unclear land titles between landlords and tenants. Duterte's team has, however, revealed few details of how their reforms would tackle these issues, and the failure of previous administrations to overcome the same challenges casts doubt on the president-elect's land reform plans.

From Page 5 - Economic Concerns

Uncertainty over PPP program

One area in particular that carries potential regulatory risks is Duterte's position on the public private partnership (PPP) program, which forms an essential component of infrastructure development and economic growth. Duterte has promised to fix the bureaucracy responsible for overseeing PPPs, which has faced repeated criticism for delays, political interference, and corruption. The PPP Center, which was founded in 2010 to coordinate and facilitate public investments with private partners, has only awarded 12 projects, with many more delayed or in negotiation stages.

Although Duterte has promised to implement PPP projects more quickly, he also plans to rid the PPP Center of its existing bidding procedures, claiming this will mean contracts can be awarded on the basis of quality over cost. This would significantly reduce transparency in the procurement process as decisions would now be made by an appointed committee with little independent oversight. The review of the PPP Center's processes also has the potential to delay the passage of the PPP Act, which would strengthen the legal framework for private sector involvement in public infrastructure projects, but has faced repeated delays in Congress.

Canadians and current and prospective immigrants alike - is for a Canada that is open, positive and welcoming. The very notion of citizenship is a big part of that, and it is great to see the new government taking initiative on this within months of taking office," says Attorney David Cohen.

"Very soon, it is likely that we will be back to telling foreign workers and international students that they can land in Canada and think of their long-term future here. We will be back to seeing Canadian citizenship as a global responsibility, rather than as something that is so fixated on the person being physically present in Canada.

"For current immigrants who want to obtain Canadian citizenship, the question now becomes one of

Congress or Federation

Duterte's plan to abolish the current congressional system and replace it with a federal government creates a further degree of uncertainty for investors over the course of the next administration. The president-elect has called for a constitutional referendum within two years, with the aim of establishing a federal system that would transfer more powers and greater funding to local authorities. It is not clear what model of federalism Duterte prefers, but he has indicated the central government would remain responsible for foreign affairs, customs and national defence, without specifying what responsibilities would be transferred to state governments. If pursued, businesses could face complex renegotiation processes for contracts previously signed with Manila which would now fall under regional or state jurisdictions. A poorly coordinated federal system also risks complicating tax policies and infrastructure projects that run across state borders due to differing local regulations.

The constitutional reform campaign is likely to dominate political debate over the next two years, requiring Duterte to consolidate his position in Congress and build a strong coalition behind his legislative agenda. In the Lower House, Duterte's PDP-Laban has already formed coalitions with the Nacionalista Party, the Lakas-CMD, and the Nationalist People's Coalition, and consensus-building in Congress will remain a core characteristic of Duterte's first six months office. Although longer term uncertainties surround the federal project, the need to build political consensus both within Congress and among the general population will reduce the risk of radical changes in economic policy in the short to medium term.

Jack Wagner is an Asia analyst at Protection Group International (PGI), (Reprinted from the Diplomat)

preparation. A thorough and accurate application is required in order to satisfy the authorities that you are eligible to obtain citizenship.

"For prospective immigrants who are wavering on whether to pursue permanent resident status, including foreign workers and students in Canada on temporary status, these changes may sway the decision in favour of pursuing that goal more deliberately than before. I would encourage such individuals to assess their Canadian immigration options as soon as possible."

Read more at http://www.cicnews.com/2016/05/g overnment-canada-aims-passcanadian-citizenship-act-law-july-1-058036.html#pvGUvL5viOxrDq07.9 9



One afternoon in October 2013, amidst the gentle autumn breeze at Miss Gene residence, Magalit's some Filipino Canadian Nurses sat for a chat that resulted in the formation of the Filipino Canadian Nurse Heritage Guild. They called themselves pioneer nurses. They were the ones who arrived in the 60's, 70's and 80's. This simple chat extended to a lengthy meeting as hey brainstormed about the goal of the newly formed organization. Miss Edith Fedalizo, one of the advisers, came up with the following goals: The Filipino Canadian Nurses Heritage Guild will have a program through which excellence in nursing will be recognized and awarded.

The Filipno Canadian Heritage Guild will document the experiences and accomplishments of first generation nurses in Montreal.

It is hoped that this document material be published and will be a reference for future Filipino Nurses in Montreal and/or elsewhere.

Their next project was he launching of the association. This happened last April 30, 2016. It as held at Place Centre-Ville in downtown Montreal. It was a well attended gala celebration with Philippine Ambassador to Canada, Honourable Petronilda Garcia as the special guest.

The evenings program began with the national anthems, You Raised Me Up, and What a Wonderful World by the Padnay Tinig Ensemble with Mr. Paul Imperial conduction and Miss Edith Fedalizo on the piano. The Filipino Canadian Officers inducted were :

Femy Abello, Jaime Aquino, Nelia Aquino, Rose Marie Arellano, Hermina Arguilles, Meletona Atayde, Dolores Belandres, Corazon Boaquina, Jean Borjal, Cirila Carrera, Myrlin Carrera, Elvira Clemente, Lilian Diaz, Romana Diaz, Ninfa Didelis, Dorothy Gloria Duero. Emboscado, Editha Fedalizo, Bethzaida Foz, Aderlina Garcia, Theodora Isada, Julieta Las Pinas, Anita Lo, Clarice Macay, Eugenia Magalit, Amela Manonog, Myrna Maranan, Corazon Ortiz, Angelita Pealane, Elza Pizon, Maria Quimpo, Elsie Reyes, Judy Sevillo, Josefina Toledo, Zenaida Tolentino, Laraine Villaflores, Teresita White

Inducting officer was Honourable Anthony Housefather, the MP for the town of Mount Royal. Aside from the induction, the highlights of the night were the honouring of Mrs. Carmelita Ongpanco Sideco who was recognized post humously by the officers and members (Mrs. Sideco had a distinguished nursing career as an administrator, clinician and assistant director of the School of Nursing at the Jewish General Hospital, Montreal, Quebec) and the slide presentation during dinnertime which depicted the rise of the nursing profession by the nurses pioneers from the 1960's to the present time. The busy officers were led by Mrs. Amy Manon-og who also led the best dressed ladies of the night. The night was made live with dancing. Music provided by D.J Patrick Alcaide and the emceeing of Ms. Terry White, and Mr. Dindo Miras.

QACFT Celebrtes 20th Anniversary

The Quebec association of Canadian Filipino Teachers (QACFT) celebrated its 20th anniversary May 7, 2016 at the Community Center. CDN Montreal, Quebec. This 20 years existence was the culmination into fruition of the professional perspectives of its past presidents namely : Mrs. Natalie Pelaussa, Mrs. Carmen Caro, Mrs. Nancy Karides, Mrs. Elsa Montelagre, Mrs. Processa Gladych, Mr. Joseph Gonzales, and yours truly. Mr. Joseph Gonzales and his executive

board must be congratulated for various activities done this year, among which are: the tutorial sessions for elementary and high school students, leadership training, the Filipino language, computer skills training, writing and literary contexts. The QACFT i also in the process of selecting needy school to send money and school supplies to further help in their quest for education. One such example is a thank you Estrella letter from Mrs. Baldorado, Head Teacher of the JP. Laurel High School, Region V, Sorsogon, Philippines. Mrs. Baldorado wrote:

"The undersigned on behalf of all the teachers and the administration of JP LAUREL HIGH SCHOOL would like to express her heartfelt thanks and appreciation for several spans of concrete fencing that you have donated to our school. The project that you have chosen as donation to the school is expected to improve the discipline of the students an the upkeep of the school campus. Its is really our pride and honour to have you as one of our donors and supportive stakeholder of the school"

This year, he QACFT again is in good hands with Miss Trans Liganor at the helm. Ms. Liganor is a veteran in community leadership.

Inducted into the office by Honourable Anthony Housefather, MP for Mount Royal are:

President – Trans Liganor Vice President-Administrative – Al Abdon Vice **President-Finance** Esperanza Manaog Secretary – Nenita Licayao Assistant Secretary - Lourdes Fagsao Treasurer – Elvira Estopa Auditor – Eppie Gevero Directors for Communication -John Linden / Arturo Javillonar Director for Membership Gliceria Ducyogen Director for Referral and Legal Documentation - Elma Bulatao **Director for Educational Services** – Leah Baldelovar Director for Youth and Sports -Melanie Somejo Directors without Portfolio -Valentina Datu-Lee / Flora Dela Cruz After the induction, the

usual anthems were played; the invocation was done by Mrs. Elsa Montealegre; the Welcome address of President Joseph Gonzales; and the cutting of the anniversary cake. In between the line dancing numbers were intermission numbers provided by Kathleen Pedram, Munting Mutya ng Pilipinas - Montreal 2015. Arielle Faith Padill. QACFT declaimer. champion and Laurenz Mario Gomez, QACFT champions in oratorical contest.

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FILIPINO STAR SHOWBIZ GOSSIP

Everything falls into place Vic, Pauleen spend time at for Coraleen Waddell



Coraleen Waddell

Sometime in 2010, Filipino-Irish Coraleen Waddell found herself in the Philippines wanting to start a career in show business.

She has since signed up with Viva Films appearing in several films including "Diary Ng Panget" and "Talk Back And You're Dead."

Though far from being a household name, Coraleen is happy where she is.

"Nag-enjoy kasi ako na naienhance ko 'yung talent ko," she said in an interview.

The actress-model also acknowledged how her management team continues to help further her career.

"Viva Entertainment takes good care of me. They continue to give me roles in movies and I could only be thankful. Currently, there's discussion for more projects," she shared.

Coraleen wants to do heavy drama soon.

"I have been in the bagets genre na eh. Puro kikay, young and fun. So I want to do something different, something heavy. I want to push my abilities," she said.

She is hopeful about landing one big role that could help her finally make a huge mark, noting, "I want to do something I have never done before."

She considers her being "likable" and "casual" a plus that could lead to more projects.

"I really enjoy meeting different people. I also welcome different experiences," she said.

Coraleen doesn't want to enter into a romantic relationship

for now, opting to focus on work. "The management told me to stick with show business and to

keep my focus so, that's what I'm doing," she said. If she has learned anything in the past years it is the value of



"Success doesn't come overnight. It entails a lot of hard work. Just keep your focus, your time will come," she related.

Of course, looking good is important too. Coraleen takes care of her well-being by getting lots of sleep, drinking lots of water, having a balanced diet and TruLife Collagen Plus Vitamins, which she endorses.

"Kasi importante sa work na you don't just look good on the outside, you also feel good on the inside," she said. "I feel very fortunate to endorse TruLife Collagen Plus V. It helps."



Married couple Vic Sotto and Pauleen Luna are enjoying the pristine beach of Coron, Palawan in the last days of summer.

In Pauleen's Instagram account, she posted beach photos together with her husband and the staff of M-Zet Production, a film/TV production owned by Vic.

The couple went to Club 7.

Paradise, which blessed with pristine beaches, shorelines filled with white sand and clear blue water.

The two celebrities got married at the St. James the Great Parish in Ayala Alabang, Muntinlupa City last January 2016. They are also mainstays at the longtime running noontime show 'Eat Bulaga!' at GMA

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Kristine Hermosa to make TV comeback



Kristine Hermosa

While many people would easily assume she'd be back on ABS-CBN, her home for several years, Kristine will actually be seen on GMA-7 starring in the network's upcoming sitcom "Hay, Bahay," alongside husband Oyo Sotto.

Airing on June 19, the show also stars her father-in-law Vic Sotto, comedy actress Ai-Ai delas Alas, Jose Manalo, and Wally Bayola.

Kristine and Oyo announced the show via video post on Instagram.

"Mga Kapuso, totoo ho talaga na may post namin sa Instagram na Room for Rent," Kristine said, adding, "Lahat kayo imbitado sa aming housewarming."

Kristine previously worked with

Vic in several movie projects, including the "Enteng Kabisote" series and "My Little Bossings."

Her last teleserye with ABS-CBN was "Noah," which aired in 2014.

She started her career on "Gimik" in 1996, going on to make her mark on "Pangako Sa'yo" with exboyfriend Jericho Rosales in 2000.

In previous interviews, the mother of four said she is willing to return to acting only if offered a good project.

Other new GMA shows are "A1 Ko Sa'yo," which has already started airing; "Conan My Beautician," airing June 26; and "Sa Piling Ni Nanay," which airs June 27. ■

KC Concepcion on love life: 'God's timing is perfect'



KC Concepcion

Things seem to be going well relatively "fresh."

"Ayaw ko din kasi masyadong pag-usapan 'yung guy kasi hindi naman siya showbiz. And super fresh pa eh," was how she put it.

KC expressed hope to keep her privacy, though admitting that's different from keeping a secret.

"Iba 'yung secret sa private," she said. "Hindi naman secret na may ganyan – na may lalaking ganyan sa buhay ko right now – but I really want to keep it private this time."

Aly has seemingly won the heart of KC's mom, Sharon Cuneta, who's been reported to approve of the football player. ■

Jericho Rosales: l'm a former drug user



Jericho Rosales

Jericho Rosales used to take drugs when he was a teenager, but

later realized "there's so much more to life than that."

Jericho made this admission at a media gathering for the #TrueWanderer Philippines adventure race organized by the clothing brand Wrangler, which the actor endorses.

Jericho recalled that he turned to drugs at the time because his parents were then having problems and eventually separated.

"I was thankful that I [stopped] in time, because I had good friends to guide me," he said.

"The battle with drugs usually starts when you're a teenager," he pointed out. "Make an effort to surround yourself with the right people. Be strong; don't be pressured to do something just because other people are doing it."

"I don't want to sound preachy, but I want to tell kids that it isn't cool to take drugs," he asserted. He then recommended this alternative: "They (kids) should enjoy life by going out. They should go to church. Churches are cool. Churches are not baduy."

between Kapamilya actress KC

Concepcion and football player Aly

revealed they've been dating. Photos of

them together have been posted on

God's timing is perfect," KC said on

"Magandang Buhay" recently when

asked about Aly and the "status" of her

more about what many believe is

brewing romance, KC wants to put a lid

on it. She pointed out that Aly is not from

showbiz and whatever they have is still

It has been a month since KC

"Ang masasabi ko lang is (that)

While many would like to know

Borromeo.

social media.

heart.

He noted that young people need direction. "If they feel that it's awkward to discuss certain things at home, they can do that to people they will meet in churches.

In counseling sessions, they even get to talk to other teens who may be experiencing the same things and can empathize with them."

Movement

Jericho said he would gladly join any movement to fight the use of illegal drugs, "because this is something that should not be taken lightly... I think drugs are prevalent because kids these days have problems with socializing. Most of them are online—they post something on the web and they get bullied or criticized." The actor added he supports President-elect Rodrigo Duterte's program of getting rid of illegal drugs in the country.

Duterte earlier said that his first executive order would be to declare the threat of illegal drugs as a national security issue, and that he would use two divisions of the Philippine Army and 3,000 policemen in the fight against it.

"I'm not saying we should kill people. I just want to tell Filipinos to be more responsible, and law enforcers to be stricter," Jericho clarified.

"Drugs is a serious problem that we should all work on solving together," the 36-year-old actor said when the Inquirer asked his reaction to the drug-related deaths at a recent concert in Pasay City.

"For those who want to do crazy stuff, just ride a bike, instead. It will give you a different high," he quipped. ■

Forever Young

Actor Benjamin Alves has always been baffled that his uncle Piolo Pascual remains youthful at 39. The 27-year-old attested that Piolo can stand next to his 18-year-old son, lñigo, and many will think they're just brothers.

16

Benjamin told reporters, "I always ask him (what's his secret), natatawa na lang siya. Even lñigo thinks that way, parang, 'Ang daya naman nito, ang bata naman.' I need to find out anong sikreto niya bakit siya bumabata. Sinasabi ko po lagi, 'Bampira ka ba?' Servoso!"



Dawn Zulueta

Benjamin need not ask. As Piolo divulged, it's simply all about sweating out toxins via gym work.

"Kahit nasa set ako, tumatakbo ako,"he said at the press conference for "Love Me Tomorrow."

Also seemingly blessed with eternal youth is Dawn Zulueta, who still looks fresh and radiant at 47.

In an earlier report by Bulletin Entertainment, she shared her beauty secret. It includes getting eight hours of sleep, drinking lots of water, and keeping active by doing ballet and boxing.



Jean Garcia

"Beauty should be a daily pleasure. You don't need to feel guilty in wanting yourself (to) look good,' she said.

Alice Dixson, on the other hand, has outdoor running to thank for her ageless beauty.

"In Canada... we have nature trails there and I really love it... That's where I first experienced running and all I hear is the sound of my breath, my footsteps in the gravel and hear twigs break and the birds chirp. It's so

peaceful," she said in a report on Manila Bulletin.

Her exercise program includes a weekly 15-kilometer run. No wonder she has maintained a toned body at 46.

The 46-year-old actressbusinesswoman, who was among Top 10 sexiest women of a men's magazine in 2014, likewise practices Bikram Yoga done in hot and humid temperature.

"...It causes you to perspire a lot and then what happens is that your muscles loosen up and you can actually become more flexible... Each movement activates a certain gland or system, whether it be your circulation, digestion or cardio; each pose will stimulate it so that blood can rush into that organ and flush it out through sweating," she explained.

Meanwhile, in a report on ABS-CBN News, Gary Valenciano said the love of his wife Angeli Pangilinan and children Paolo, Gabriel, and Keanna keeps him vibrant at 51.

"I guess (the secret is) my wife Angeli who takes care of me, and being with my children also na laging pumapaligid sa akin," he expressed.

Other artists tone down their performances at a certain age, but not Mr. Pure Energy who can still hit those notes and groove to the beat like he's still 20.

While others spend hours of hard work exercising, Jean Garcia thanks good genes for her youthful glow.



Alice Dixson

"Kahit anong kain hindi talaga (ako tumataba), eh. Siguro mabilis pa rin ivong metabolism ko," the 46-yearold said.

Note the veteran actress, who now has a grandchild with daughter Jennica, is also into sports including volleyball and badminton.

It also helps that she usually eats home-cooked meals that she prepares herself.

Another key is living a simple life and keeping her privacy.

"'Di ako ma-issue na tao. once na wala nang camera, I am just this ordinary person (na) very simple ang buhay. Family lang, homebody, nagbabasa," she said.

Enchong single again

Samantha Lewis.

"Ang dami na naming pinagdaanan together and this is just one of those. But, yeah, we're just friends now," he said in an interview Tuesday on "Tonight With Boy Abunda."

He did not discuss details, simply saying, "I love her. Bibihira ako makahanap ng ganoon klaseng babae but I think there's just a certain point that you have to say stop."

If anything, he shared they broke up on amicable terms.

Enchong shared, "I told her, 'Anytime you need me, just let me know, I'll be there ... "'

The actor-singer is not eager to jump into another relationship, maintaining he'd rather just "work, work, work, work, work."

The 27-year-old actor first made public his relationship with Samantha in 2014, when he brought her as his date to the 8th Star Magic Ball.

Solenn Heussaff, Nico Bolzico tie the knot in France



Solenn Heussaff & Nico Bolzico

Filipino-French actress and TV host Solenn Heussaff bid goodbye to being single Saturday as she tied the knot with Argentine businessman Nico Bolzico.

After five years of being a couple, Solenn and Nico got married at Eglise Notre Dame in Combourg, a commune in northwestern France. They held their reception at medieval French castle Chateau de Combourg.

The blushing bride wore a gown by Israel-based designer Lili Hod. In April, Solenn posted a photo of her visit to Lili Hod's studio as she picked up her "dream dress."

The lovely couple was joined by their family and close friends, including showbiz personalities Anne Curtis, Lovi Poe, Isabelle Daza, Georgina Wilson, Liz Uy, Tim Yap, Rajo Laurel, Rhian Ramos and Bianca King.

They also took to social media to share photos of the welcome dinner and wedding.

On May 17, Solenn and Nico flew to Paris. She posted a photo of them together on a plane, saying, "Off to forever."

Wedding filmmaker Jason Magbanua also showed the prewedding video he shot for Solenn and Nico. The two looked cozy and sweet as they walked the streets of Paris. Solenn and Nico went to Musée du Louvre, River Seine, Pont des Artes and Notre Dame. Jason complimented the couple for being "the easiest" subjects as the shoot went quick and sans fuss.

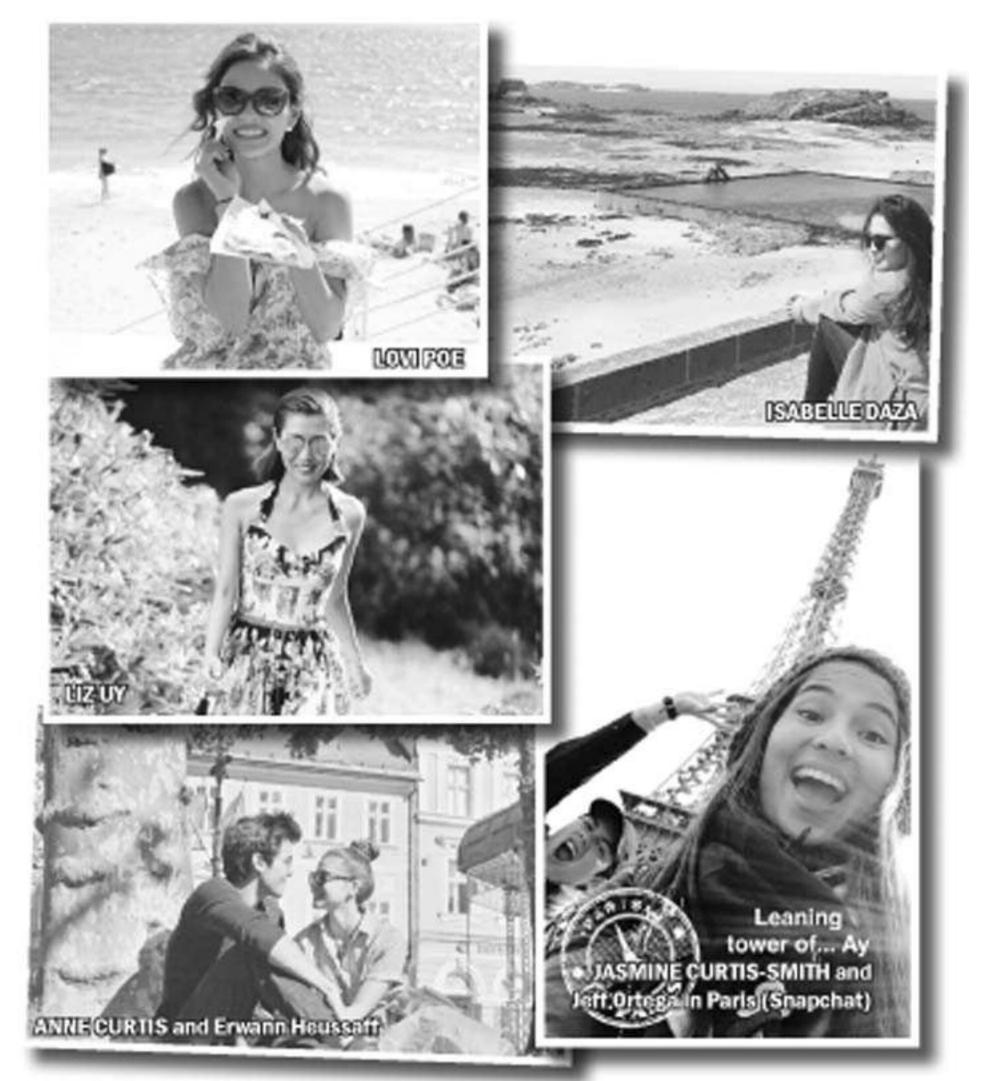
Solenn and Nico got engaged in December 2014. Nico proposed to Solenn in her family's home in Makati after her US trip.



This could be on actor Enchong Dee's lips of late, having admitted to rumors he has broken up with girlfriend of two years, model

Enchong Dee

Pinoy celebs enjoy Europe



Celebrities who attended Bridge. Solenn Heussaff and Nico Bolzico's wedding in Combourg, France recently, had fun touring Europe after.

Couple Anne Curtis and her boyfriend, celebrity restaurateur and food blogger Erwan Heussaff, visited Slovenia and Berlin including noted landmarks the East Side Gallery, Brandenburg Gate, Checkpoint Charlie, Berlin Wall Memorial, Prešeren Square and Dragon

truffle mashed potatoes at Špajza restaurantat. Aside from that, they ate at Mogg, Katz Orange and Prater Biergarten.

Jasmine Curtis-Smith, on the other hand, spent some quality time with boyfriend Jeff Ortega in Paris, visiting tourist sites such as the Eiffel Tower, the Grand Palais and the Louvre, among others, this, as seen on their posts on Snapchat.

Also taking in the sights in Saint-Malo Intra-Muros and Arcetri, Toscana, Italy and tried "the best tiramisu of my life."

Kapuso star Lovi Poe jetted off to the French Riviera for an extended vacation with a friend.

Lovi had the time of her life visiting Cannes La Croisette, Nice Beach, and even watched a Coldplay concert at Stade Charles Ermann.

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Before heading back to the They also tasted octopus on France is Isabelle Daza. She went to Philippines, Lovi flaunted her beach bod in Saint Tropez.

> Celebrity stylist Liz Uy posted photos of her OOTD's (Outfit Of The Day) while also touring France. She visited Saint Malo Bretagne, La Perle Noire, Chateau du Grand Val and Mont Saint Michel Abbey. Liz also shopped for shoes at Acne Studios, and had cheese and wine at Chez Michel.

SHOWBIZ GOSSIP

Angelica Panganiban: Still moving on



John Lloyd Cruz with Angelica Panganiban

Angelica Panganiban admits she has not yet fully recovered from her failed relationship with John Lloyd Cruz.

The two confirmed their split February this year.

In a recent episode of "Gandang Gabi Vice (GGV)," Angelica was unable to hold back tears over her decision to move on.

"Nakita ko 'yung sarili ko na para bang sobra kong down. Kasi hindi ako nago-open up sa kaibigan ko, sa pamilya ko," she said. "So nung nakita ko 'yung sarili ko na ganun, parang 'Huy girl, tama na. Nakakaawa ka na. Down na down ka na. Bangon.'"

Angelica admits she is still in the process of recovering from heartache following the end of the

relationship.

"(Pero) slight na lang. Kasi mga four hours na akong hindi umiiyak," she said in jest.

The "Banana Sundae" host then joked she will make sure her next boyfriend is not as popular as her most recent ones.

"Lesson learned talaga, huwag sikat. Kung gusto mo ng artista, 'yung laos or 'yung feeling mong wala ng direction," she quipped. "Yung parang wala masyadong papel sa mundo, tulala lang. 'Yun ang hinahanap ko ngayon, 'yung lalaking tulala."

Angelica confessed she is yet to delete photos of them together, either on her phone or on social media.

"Minsan (tinitignan ko pa rin). 'Ito 'yung last picture namin, ang saya pa namin.' Minsan nasa bahay ka tapos mabibigla ka, 'Ano yun parang may naaamoy ako? Parang naaamoy ko 'yung pabango niya. Hala baliw na ako,'" she shared.

She intentionally avoids places memorable to them.

"Nung una hindi talaga (ako pumupunta sa mga napuntahan naming lugar) kasi nag-Bali ako, tapos may stopover sa Hong Kong. Grabe, paglabas ko pa lang, parang nilamon ako tapos umiiyak talaga ako mag-isa tapos natatawa ako," she explained.

"Para akong tanga kasi umiiyak ako habang naglalakad tapos umupo na ako tapos tumatawa ako habang umiiyak."

The 29-year-old actress cracked a joke saying she almost left ABS-CBN to avoid John Lloyd.

"Pero dahil may respeto ako sa ABS, sige hindi na lang ako lilipat. Magre-retire na lang ako," she said, laughing.

Friends?

Angelica still gets to talk to John Lloyd from time to time.

"Hindi naman (kami) madalas (mag-text)... Friends (lang) kami. Hindi pa nga ako nakaka-move on, hayaan niyo na, malapit na, kaunti na lang. Kaya ko," she said.

On what they discuss, Angelica shared, "Hindi naman siyempre kami naglalandian sa text. Civil lang. Minsan mangangamusta, 'Hi, kamusta ka na? Saan ka ngayon?' Tapos sasabihin ko 'Sa work. Ikaw, kamusta ka?' 'Okay naman, work din. Ingat ka.' Ganun."

They saw each other in Hong Kong while on Holy Week break.

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ko, parang buong gabing masakit. Pinipigilan ko maiyak tapos tatawa ka," she said.

Positivity

Despite the failed relationship, Angelica looks at life with seeming positivity.

"Wala akong bitterness. Wala akong ill feelings sa kahit kanino. Hindi talaga (ako galit sa kanya). Kasi 'di ba hindi nivo na na-save 'yung relationship niyo as a couple, why not your relationship bilang save magkaibigan?" she said.

While their four-year romance did not have a happy ending, Angelica has no regrets.

"Walang katumbas 'yung 'yun sa nangyaring sayang paghihiwalay niyo. Malungkot lang, pero lagi niyong iisipin na kung bakit naging ganun kasakit, kasi naging ganun ka kasaya," she said. "'Yun ang nagma-matter, 'yung pinagsamahan niyo, 'yung saya, 'yung respeto na binigay niyo sa isa't-isa."

Angelica – dubbed "Hugot Queen" - was asked who among her former boyfriends she would want to get back with given the chance and she said, "Wala. Mas magandang ayusin muna 'yung sarili para kapag nagkaroon ng second chance, final na 'yun kasi maayos na 'yung sarili mo, buong-buo ka na. This time, sure ka nang dire-diretso na 'yun. Hindi ko 'yun kayang sagutin hangga't hindi pa buo 'vung sarili ko."

She added, "Hindi mo puwedeng i-depend ang happiness mo sa ibang tao. Iyan ang pinaka natutunan ko talaga this time. Para kapag nawala 'yung happiness mo, kaya mo."

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Celebs on a comeback



Princess Punzalan, Kristine Hermosa-Sotto, Victor Neri, JM De Guzman

They were the brightest stars on ABS-CBN News. with projects left and right - until they seemingly just vanished into thin air.

Well, some of them are now picking up where they left off.Mind you, it is not easy staging a comeback with the industry seeing an influx of young blood eager for a slice of the popularity pie. But here they are, turning heads with their effort to keep relevant after all these years.

Princess Punzalan

Princess had no project in show business for many years before her return.

She left the glitz of show business to stay with husband Jason Field in the United States. They have a two-year-old daughter.

'yung medyo "Masarap tahimik, 'yung normal na buhay. Pero nami-miss ko rin talaga 'yung showbiz kaya tumatangap ako (ng project) every now and then kapag pinapayagan ako ng asawa ko. Masaya ako na nandito ako," she said

Princess is currently seen on the ABS-CBN primetime series "The Story Of Us."

Asked if she's willing to do another project after "The Story Of Us," Princess said it will depend on what she and her husband will decide on.

Kristine Hermosa-Sotto

The 32-year-old actress took a break from work following her marriage to Oyo Boy Sotto in 2011.

The couple has three children, Ondrea Bliss, Kristian Daniel and Kaleb Hanns.

Kristine is now pregnant but it has not stopped her from reviving her career. She will appear on the GMA-7 sitocm "Hay, Bahay." This is Kristine's first regular television show in more than five years.

She last appeared in ABS-CBN's fantasy show "Noah" with Piolo Pascual in 2010.

Victor Neri

Neri took a break from show business in 2007. He reasoned he simply wanted to fulfill a long time dream: To be a chef.

And he did. "I went around Asia and I became a chef. Studied about food all around Asia and cooked in different restaurants. Nagtrabaho naman talaga ako," he told ABS-CBN News.

But old habits die hard. Neri eventually bounced back, appearing on ABS-CBN's now-defunct show "Hawak Kamay."

He has since appeared in several independent films namely "Ronda" and "Separados."

Jaypee de Guzman

Some 20 years since he left the limelight, Jaypee has returned to acting via the now-defunct GMA series "My BFF."

Jaypee started with the late German Moreno's youth-oriented show "That's Entertainment." He also appeared on a TV show by Lino Brocka and a few movies like "Saan Darating Ang Umaga," "Dear Mama," "Tingting De Sarapen" and "Nang Maghalo Ang Balat Sa Tinalupan," among others.

But Jaypee decided to left showbiz and studied Communication Arts at De La Salle University. After graduation, he worked behind the camera. He has directed a few music videos and did postproduction work for QTV channel.

by Rowena Tan

JM de Guzman

More than a year since going on hiatus, the actor returned to show business in 2014 following completion of a 15-month drug rehabilitation program.



JM De Guzman

Recall that before leaving the limelight, de Guzman was set to star in the biopic "Pedro Calungsod: Batang Martir." He was replaced by Kapuso talent Rocco Nacino.

Upon his return, JM easily regained leading man status, appearing in the hit movie, "That Thing Called Tadhana."

He then went on to headline the TV series "All Of Me."

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PAB-PSW Nursing aide graduates, Batches 8 and 9. Ceremony held at La Cucina on Sherbrooke West, October 7, 2012. First row: From left to right: Annabelle Alloso. Ethel Tugna, Teachers: Terry White, Amy Manon-og, Director-General, Zenaida Kharroubi, Teachers: Edith Fedalizo, Josefina Toledo, andLourdescita Lubang. Standing: Grace Calvo, Vilma Lagonilla, Mildred Mendoza,Giselle Arellano, Marilou Hechanova,Edison Taguba, Anne Signey and Joesie Bingayen.

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