



FAMAS president Claro Bermudez passing on the microphone to FCAWI president Ramon Vicente during their joint celebration of the 110th anniversary of Philippine independence on June 13, 2008 at the Palace in Laval, Quebec. Both expressed the desire to do it again next year, with double the attendance of this year.

At long last, a dream come true

110th Philippine independence celebrated jointly by FAMAS and FCAWI for the first time

Montreal, June 13, 2008 - A historic event that proved we can be united and celebrate Philippine independence on the same day. FAMAS president, Claro Bermudez and FCAWI president Ramon Vicente agreed to have an independence gala together as they believe that there is no reason to hold separate parties for the same historical event. Traditionally, FAMAS and FCAWI celebrate independence separately. Consequently, less people attend each party due to the conflict of dates. Now that they are held together, there were more than 400 people who attended the gala event at the Palace in Laval. It was an entertaining, relaxing

evening, with live dance music provided by the Blacksmith Band, vocal solos, and folk dances performed by the Salinggawi Dance troupe. The Laging Handa Scout Group 0592 and FCAWI Heritage class participated in the parade of colors and led in the singing of the national anthems.

Dignitaries and VIPs who attended the party were: Borough Mayor Michael Applebaum, Councilor Marvin Rotrand and political attache, Mr. Gilles Beger, MP Francis Scarpaleggia of Lac St. Louis, MNA Pierre Marsan of the Robert Baldwin-Cartier

See Page 5 Dream come true



South Cotabato

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"Bagong Bayani" (Book One) launched in Hongkong



Hon. Consul General Alejandro A. Vicente (left) being presented a copy of the book by Ricky Sadosa, publisher, during the launching held at the Philippine Consulate in Hongkong.

22 June 2008 - Hong Kong: The Mga Bagong Bayani - Inspiring Filipinos Overseas (Book One) is finally launched in Hong Kong, first at the Chater Road during the Kwela@Saya's ballroom celebration of the 110th Philippine Independence Day in front of more than 5,000 audience, and second at the jam-packed Philippine Consulate Meeting Hall yesterday.

At the Chater Road launching last June 8, 2008, more than 100 copies of the book were sold at the Mga Bagong Bayani booth. Publisher Enrique Sadosa signed more than 120 copies in less than two hours. Complimentary copies were awarded immediately to Filipino associations

which visited the booth. Sadosa and his team received more than 200 book reservations on the same day.

During the formal book launching at the Philippine Consulate, the Honourable Consul General Alejandrino A. Vicente, assisted by publisher Ricky Sadosa, officially unveiled the book at the jam-packed meeting hall. Featured Filipinos from Hong Kong were invited to sit at a long table in front of the audience and signed sold copies of the book with Sadosa. The following inspiring Filipinos who signed the books with Sadosa are Musician legend Mr. Tony Carpio (and wife), Mr. and Mrs. Wilson and Polly Chua of Focus Door-To-Door Cargo, Filipina barrister Ody Lai, and

Knight of Rizal Commander Pieter Nootenboom. Other featured Filipinos in the book who excused themselves from the event because of work are financial manager Scylla Kwong, maid-recording artist Thelma Unite (now in the U.S.), writer and author Isabel Escoda (also in the U.S.), fashion great Cesar Gaupo of Shanghai Tang, Luen Thai, businessman Willie Tan, business consultant. Lourdes Salazar, maid-turned-businesswoman Catherine Kaldy, Conrada Quiblado, Annabelle Copia, and Christian-Muslim peace negotiator and philanthropist Astrid Tuminez (now Singapore-based). The late Erlinda Layosa was represented by Ms. Aida Villanueva.

Guests from the Filipino and local media, Filipino association leaders and launching sponsors also attended the event. Jollibee provided the food while Sadosa's team brought the red and white wines for the book launching cocktail. The Kababaihang Rizalista (Hong Kong Chapter) brought additional finger foods and drinks. More than 100 copies of the book were sold. Sadosa, at his welcome speech at the launching, told the audience that he is scheduled this week for a live interview by Kababayan LA host Jannelle So of LA18 TV in Los Angeles, California, through its satellite link with CNN Hong Kong. There are at least two (2) million Filipinos in the western U.S. Kababayan LA is the first successful Filipino-produced television channel viewed by Filipinos

See Page 4 Bagong Bayani

EDITORIAL

Congratulations to FAMAS, FCAWI

At long last, we have witnessed the beginning of collaboration and unity. FAMAS and FCAWI joined hands in celebrating our annual independence gala. It was a indeed a good sign of better things to come. Not only do we avoid duplication and conflict of schedules, we also enjoy meeting more people and increasing our circle of friends. We also save on many things. For example, we do not have to pay for our dinner dance tickets twice, nor travel two times and use up gasoline. We do not have to spend time on partying and use the extra time we save to do other more useful activities like reading a book or going about doing our business.

Needless to say, there are many advantages to working together. By sharing the work load and the costs, everything seems easier to do.


Having began this new way of doing things, we might learn how to extend this to other areas of endeavor. We might even think of how we can change bad habits that prevent us

from going forward. It's refreshing to think that it is possible to come out of the confines of our old routines and do something different.

We should now be looking for opportunities to cooperate more in order to meet the challenges that we may face economically, politically, and socially. The presidents of these two big associations, Claro Bermudez and Ramon Vicente, are to be commended for showing true leadership. May other groups follow suit. Perhaps, building a bigger community center can be a common project for all. If this happens, we are sure that it will be realized sooner than later.

Out of so many associations numbering over 60, will there be many of them willing to form an alliance to join the fund raising drive for a bigger community center?

We believe that the time has come for all of us to realize that we can no longer afford to work in solitudes. We can accomplish more by taking the same initiative that FAMAS and FCAWI did.



Republika ng Pilipinas **Embassy of the Philippines**

MESSAGE

I am pleased to have this opportunity to extend my personal greetings to my *kabayans* on the occasion of the 116th proclamation of Philippine Independence. I am glad to share the message "Republic Service, Tugon sa Gunap na Kalayaan at Kanilarian" as we rekindle ties with our homeland.

In setting the tone for this year's celebrations, President Arroyo observed that, "The fitting way to honor the sacrifices of our heroes is not by words alone, but through deeds that give flesh to that vision." Halfway across the world, this means that our fellow Filipinos are gathering in places like Calamba, Candon, Kawi, the Mabini House, Malolos, Monumento, and Pagsanjan, to name a few, to match the traditional activities with showcases of our government's programs. These programs involve livelihood assistance projects, housing projects, healthcare programs, feeding programs for schoolchildren, food security, education programs, environmental programs, and energy independence thrusts.

On this occasion, we, Filipinos, may also wish to reflect and take pride in:


First, the continuing stability of the Philippine peso from nearly P60 to US\$1 to almost P40 to US\$1;

Second, having the Philippines recently lauded by the United Nations Human Rights Council in Geneva for our ongoing efforts at strengthening our institutions and observing the rule of law while protecting the rights of the people and pursuing criminals and terrorists; and,

Lastly, continuing efforts in maintaining a steadily growing Philippine economy through 28 consecutive financial quarters despite the continuing weakness of some foreign markets and ever-higher oil prices.

All these advances mean that our efforts, as Filipinos, are duly recognized both at home and overseas. Thus, if our *kabayans* feel that we Filipinos, are indeed, a part of the Philippines and that we are prepared to will the means to keep it great, we shall be, and so shall we remain.

Mabuhay ang Pilipinas! Mabuhay ang Sambayanang Filipino!



JOSE S. BRILLANTES
Ambassador

12 June 2008



FILIPINO SOLIDARITY COOPERATIVE

Coopérative de Solidarité Filipino
4711 Van Horne Avenue, Montreal H3W 1H8



Almost weekly, we are receiving new products on consignment from our members. You will find a great variety of choices in snacks, canned goods, frozen meat and fish, clothes, etc.



Our most popular section is the Filipiniana display. They are almost sold out and must be replenished soon.

Do you want to earn 5% interest on your funds you do not need right away? Invest in the Coop and see how your money can help it owbecome profitable soon.

Please order lechon in advance - we need a guaranteed order of 15 lbs to have lechon in the store on weekends. We need to know by Thursday if we have enough orders.

Gift certificates are

now available - they are mostly valued and appreciated as everyone needs to buy food. Why don't you give your best



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COOPERATIVE NEWS

By Zenaida Ferry Kharroubi

Montreal, June 25, 2008 - We started re-arranging the store yesterday, St. Jean Baptiste Day. Instead of taking the time off and enjoying the sunshine, some members came to help us in the big job of moving furniture and equipment in order to make the Filipino Coop more presentable and organized. We would like to offer our members a place where they can have organic coffee and relax for a while before going shopping. Thomas Lee and his wife, Alicia Atayde-Lee led the team in the big re-organization of the store. John Aquino, Danny Florentino, Romy

Coop needs everyone in the community to become members in order to increase the capital needed to buy two essential equipment, buy more merchandise, pay salaries of the cashier whose subsidy will be over by January 2009 and if possible to pay the salary of a store manager. Our former accounting clerk and store manager who also doubled up as cashier, Anna Polskaya, had to go because we do not have any more funding to pay for her salary. Hence, our accounting work is being done by our volunteer member and secretary, Joy Estabillo who devotes her day off on Thursday to do some tax reports and to resume the recording of the



Volunteers (from left) Rhoda Tremocha, Rosa Basilan, Magnolia Camat, Joy Estabillo, John Aquino and Ben Bade, moving and arranging stuff in the store, June 24, 2008

Valenzuela, and Ben Bade (who came direct from his job sleepless) did the heavy job of lifting shelves and tables while the women, Rosa Basilan, Rhoda Tremocha, Joy Estabillo, and I moved merchandise from one place to another. It took the whole day to finish



Danny Florentino carrying merchandise during the re-organization of the store

the bulk of the job.. There are still work to be done for another day. John Aquino promised to come back on Sunday to staple the telephone wires, and fix the ceiling tiles.

Needless to say, the Filipino

Coop's transactions in the computerized accounting program. I also need to devote some of my time to help her as she has not yet used Simply Accounting, the program that the previous accounting clerk used to record 2006 financial transactions. Time is flying so fast that we need to work faster in order to submit our financial records to the auditor. The normal deadline for submitting financial statements has passed and we may find ourselves receiving notices again to file them soon. If we had more money, we could have continued the services of Anna or hire someone else to do the work full time. Although we have received some new memberships, we still need much more than the 40 applications that came in since January 2008. The operating credit line that I guaranteed for the Coop is the only financial source we have but this is not going to last any longer if no one will be willing to invest more money. During information seminar last June 14, our guest speaker, Mr. Art Cortez, did a wonderful job of preparing a lecture



Joyce Liwaliw and Susana Cordova, volunteers, (at left) serving customers Remy Balmes, Annaliza Biaton, and Betty Corpus, on Saturday, June 21, 2008.

on our own cultural and economic development. In his own words, he stated: "It's a great privilege in my part to share common vision to the well being of our own community in Montreal. As a Filipino, we believe that we can do better to develop our own cultural economy and raise our flag with great pride. It is my desire to uplift and develop our own image and

To me, I choose them both. I will explain to you why during the information meeting." Unfortunately, there were only a few people who listened to Art on this day. Nevertheless, we intend to continue giving seminars in the near future.

We are reiterating our appeal to our community, in particular, to our fully paid members who have some



Thomas Lee and his wife, Alicia Atayde-Lee, (at left) take time out after a hard day's work, with visiting customers in the store. After the re-organization of the store, we now have a place where people can sit at the two round tables donated by Albert Floresca.

encourage everyone (in our community) to focus on self development rather than watching and helping only those (other communities) who reached success in life. Together and right within our own, we can do the same, perhaps better. It only takes good imagination and putting it into action to make it happen and get the results we want.

"ACT and REACT sometimes deliver a strong message in our daily life. We just need to choose which one we need."

funds that they can spare for at least 3 to 5 years in an interest-bearing preferred shares which will earn 5% interest annually. We shall need at least 50 members who can invest a minimum of \$1000 each that will enable the Coop to buy needed equipment for fresh vegetables and meat to complete our offering of groceries. If we can offer everything that any consumer needs, we are sure

See Page 5 Coop News



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on that region.

The Mga Bagong Bayani – Inspiring Filipinos Overseas (Book One) featured 200+ inspiring Filipinos overseas from 50 countries. A book-within-a-book, it features more than sixty (60) pages of the Dr. Jose P. Rizal Trek (Book One), where Sadosa and his team retraced the footsteps of Philippine national hero, Dr. Jose P. Rizal, around the world. The book is the longest, most-traveled and well-researched documentary on Filipinos abroad which started in 1999. It took at least eight (8) years for the book to be produced and printed. Book Two will commence production in July 2008. More than 280 inspiring Filipinos abroad and at least 100 pages of the



Ricky Sadosa poses with guests who bought copies of the book

Dr. Jose P. Rizal Trek will comprise the upcoming book sequel.

Future book launching are scheduled end of July for Los Angeles and San Francisco, Germany and Italy in August 2008, Manila in and September 2008. The books will be available for sale at email:rsadosa@yahoo.com and sold in various book shops in Manila, Hong Kong and the U.S. Free copies will be donated to various schools and colleges in the Philippines as well as in libraries in Hong Kong.

The following inspiring Filipinos are featured in Book One of the Mga Bagong Bayani (per country):
ANGOLA - Ramon Dumlaog, Bernabe Vicame, Benjamin Montefalcon
AUSTRALIA - Merlinda Bobis, Pura Santillan Castrence, Arlene Joan Chai, Paolo Conanan, Atty. Jess G. Diaz, Edith Dizon-Fitzsimmons & Miguel Alzona, Atty. Lolita L. Farmer, LI B., OAM, Emmanuel T. Santos
AUSTRIA - Camilo C. Antonio
BAHRAIN - Rodrigo C. Acosta, Sheikh Khalid Isa A. Al-khalifa, Alex Jose R. Ginete
BANGLADESH - Carmen Z. Lamagna, Ph. D.
BRUSSELS - Charming Kerkhof, Jean Paul Verstraeten
BRUNEI - Salvador P. Castro, Jr., N. Ravindranathan, M.D.
CANADA - Amelita Aranas Armit, Armando V. Baisas, Anita Chen, Sonia S. Del Rosario, Atty. Lito Domingo, Ruby L. de Guzman-Formoso, M.D., Manuel M. Garcia, Angela Jill

Guingcangco, Zenaida Ferry-Kharroubi, Romulo F. Magsino, Ph. D., Marina Roma-March, Alicia Natividad, LI B., Hon. Dr. Rey D. Pagtakhan, James Allan de la Paz, Dr. Jesus and Natalie Pelausa, Jeffrey P. Rustia, Dr. Genoveva Santander, Marlene Birao-Schachter, Camilo M. Tabalba, and Arturo T. Viola
CHINA - Jaime Flor Cruz, Engr. Roman Ting Go, Mildred Aires-Go, Celso M. Jalac, Lorna Uy Tan
COMMONWEALTH OF NORTHERN MARIANA ISLANDS (CNMI) - Gov. Pedro P. Tenorio, Benjamin T. Manglona
COLOMBIA - Noel F. Soreta
CYPRUS - Estrella C. Beatty,
FRANCE - Bro. Paul Semo Tordjman
GERMANY - Virgilio G. Cuizon, Abelardo Goco Galang, Charlotte

Godicke, Sir Celso Lacuna, KGOR Dr. Robert Sommer Martens, Manfred Hans Schnell
GREECE - Marcos R. Fojas, M.D.
HONG KONG - Tony Carpio, Wilson and Polly Chua, Annabelle Copia, Dr. Sian Chun Cheng, Isabel Escoda Cesar Gaupo, Catherine Kaldy, Maria Scylla Sitchon Kwong, dy Morales Apostol Lai, Barrister-at-Law, Erlinda Layosa, eter Nootenboom, Conrada Quiblado, Lourdes A. Salazar, Willie Tan, Astrid S. Tuminez, Thelma Unite
INDONESIA - Cesar M. De La Cruz Arch. Dante C. Fuentes
ISRAEL - Justina L. Sales
ITALY - Fr. Remo Bati, SDB, Lina L. Ciani, Jose Duddley Diaz, Benita B. Tendencia
IRAQ - Wesley J. Batalona. Nathaniel R. Leoncio
JAPAN - Marlene de la Pena Lim ovelle L. Fernandez, M.D., Ph. D. Christopher Manalo, Chiyo Miyake Misao Hanazaki, Pablo Javier, Marie Bernabe-Nihe
KINGDOM OF SAUDI ARABIA - Michael Abubakar., Antonio C. Bautista, Mohammad Ahmad Bayoumi, Mike Bolos, Nasser B. Maulana, Sharifa Zeannat Alih Salih
LEBANON - Fr. Gestie Advincula, C.M.
LIBYA - Sr. Magdalena S. Florentino, F.M.M., Zenaida S. Concepcion, M.D.
OMAN - Aguedo Q. Cunanan, Rodolfo D.L. Paragas, H.E. Essa Mohammed Al Zedjali
PORTUGAL - Captain Cuadrado Gaspi
REPUBLIC OF KOREA - Fr. Eugene Docoy, Jr., S.V.D., Fr. Raymond T.

Sabio, M.S.C.
SINGAPORE - Pacita B. Abad Bridget Lew. Rico Hizon
SPAIN - Paulino Alcantara. Catherine D. Dosadas, Filipino Crew of M/T Prestige
SWEDEN - Jesus Sumook
SWITZERLAND - Manolo I. Abella Imelda Vollenweider-Berdos, Edgar R. Quinto
SUDAN - Bayani S. Aguirre

Roland C. Casamina, Gov. Benjamin J. Cayetano, Dr. Angel B. Cielo, Anthony Clark, Lolita B. Compas, Cristita Comerford, Joel Coronel, Lawrence Cortes & Romel Rivera, Zenaida Cunanan, Michael A. Dadap, Remedios K. Del Rosario, William Dechavez, Joriz de Guzman, Dr. Stella Evangelista, Alejandro A. Esclamado. Eddie Flores, Jr., Pedro Flores, Mayor Michael Patrick L. Guingona, Jessica



Many guests during the launching bought a copy of the book and pose for souvenir

TAIWAN - Francis L. Lammawin
ELTON SEE TAN
TURKEY - Nestor A. Acebuche
UNITED ARAB EMIRATES - Dr. Rosario B. Tigno, M.D.
UNITED KINGDOM - Leticia R. Aranilla, Ronaldo Viray del Barrio, Prof. Edmundo G. Garcia, Renato B. Garcia, M.B.E., Loline A. Lualhati-Reed, Lady Aurea Taguiang, Benjamin S. Tomelden, Jr., Consuelo Valencia-Farochilen, Gundelina A. Velazco, PhD

Hagedorn, Vellie Dietrich-Hall, Anita Magsaysay-Ho, Claire R. Ick, Benjamin A. Ileto, M.D., Consorcio Don Manuel, Loida Nicolas-Lewis, Leonore R. S. Lim, Allan Pineda Lindo (apl.de.ap), Dr. Marc J. Loinaz, Gregorio B. Macabenta, Michelle Malkin, Vladimir James M. Manuel, Amor Ilao-McGuinness, Eric Manlunas, Arsenio R. Martin, M.D., Celso T. Mataac, Jr., Dr. Connie Mariano, Cheryl Diaz Meyer, Dr. Juan M. Montero, II, Evelyn



About 5000 people were present during an outdoor launching of the book in Hongkong

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D. A. Natividad, Ph. D., Cornelio Ruiz Natividad, Josie C. Natori, Eduardo J. Navarra, Emma B. Nemivant, Janet Susan Rodriguez-Nepales, Baldomero Olivera, Enrique M. Ostrea, Jr., M.D., Marice Pagulayan, Virgilio D.R. Pilapil, M.D., Rodolfo C. Quiambao, Marie Relampagos, Hazel Reposo, Rodel Rodis, Teresita B. Sagun, Janelle So Fr. Oscar Azarcon Solis, General Edward Soriano, Maj. Gen. Antonio M. Taguba, Alfredo T. Tesalona, Dr. Felipe Tolentino, Honesto R. Tria, Pete Velasco, Guillermo B. de Venecia, M.D., Constancia S. Uy, M.D., Earl Valencia, Brandon Vera, Lou Diamond Phillips

From Page 1 FAMAS-FCAWI

Riding, Commander Pierre Rousseau and Sergeant Natalie Tetreault of the SPVM, members of the Vigie Asiatique from the Chinese community Xi Xi Li, and Monica from the Indian community. Brief remarks and greetings were delivered by Borough Mayor Applebaum, Councilor Marvin Rotrand and MP Francis Scarpaleggia, while Ambassador Jose Brillantes who was the guest speaker delivered his inspirational talk and praised the two associations for their initiative of holding a joint celebration of Philippine Independence. He expressed his optimism that this would be the beginning of a more united Filipino-Canadian community in Montreal.

Before the end of the party, Claro Bermudez and Ramon Vicente also delivered their brief speeches, and explained why they took the initiative of having a joint party. They urged people to bring a friend each next year in order to double this year's attendance.

From Page 1 Cooperative News

that our members will no longer go anywhere else as they can do the same one-stop shopping they are accustomed to.

By definition, a cooperative is capitalized, owned, and operated by members. Without this capital from members, we cannot buy enough stock from wholesalers in Toronto. Consequently, we are buying small quantities locally at present at a higher price. Without members support, we cannot start paying off the debts incurred during the past administration. On the other hand, if all members start buying their groceries from the Coop, we will be able to do much more such as opening the store for longer hours and offering more products and services. For the time being, we have limited personnel and not enough volunteers to keep the store open longer.

Through the sponsorship of the Foundation of Greater Montreal headed by Salvé Desprez, we are having a social dance party on Friday, June 27 at 6767 Cote des Neiges to raise funds for the Coop. Perhaps, the amount to be raised may not be enough to meet all our financial obligations but this fund raising event is out attempt to raise the awareness of the community about the needs we have to meet. First and foremost, we have to make the Coop become profitable in order to pay off the debts left by the previous administration. If we had allowed the Coop to close down when Joe Gaviola left, no one would ever see any penny from their Paluagan savings. But we have kept it open until now. We are waiting for more people to come and help out because it is only through all our combined efforts that we shall succeed in making the Filipino Coop a symbol of our economic progress. But the most important thing to remember is the saying: United we stand, divided we fall. I hope that our community will take this to heart and begin to change their attitudes.



Volunteers and a customer pose with the landlord, Mr. Moussa Machade holding a broomstick, during the re-arrangement of the store, June 24, 2008.

Summer Picnic

**Organized by:
Filipino Solidarity
Cooperative**

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TOURISM

SOUTH COTABATO MINDANAO



At a 7,600 ft. elevation, Mount Matutum with its looming height and eye-catching form dominates the neighboring ranges to the delight of nature lovers.



Lake Sebu is home to the T'bolis, a highland tribe that has its roots in South Cotabato. The local tribesmen consider the lake not only a God-given food basket but also a miraculous body of water that never dries up.



Helobung Festival, Lake Sebu, held annually on the 2nd week of November

South Cotabato is endowed with numerous natural sceneries that have a great potential as tourist attractions, and is blessed with creative people who maintain and develop the beauty of these places.

This fruitful province is located in the southern part island of Mindanao. South Cotabato has many distinct physiographic features which include a series of relatively high mountains, upland lakes and inactive volcanoes



T'boli woman participating in the Helobong Festival which showcases the different arts, culture, sports, and other tribal activities of the T'boli

that form the Daguma Range.

South Cotabato is Southern Mindanao's melting pot of religions and cultures. Panay inhabitants mainly populate the land. Its native tongue is composed of both Hiligaynon and Cebuano.

One of the most colorful people of Mindanao live in the localization around **Lake Sebu**. **Tboli natives** are known for their beaded personal ornaments, embroidered dresses, bangles, bracelets, chokers and brass mail belts. The popular **T'nalak** is a beautifully woven fabric made by the T'boli. To weave one T'nalak by hand takes several months to accomplish. Geometric patterns are typical of the T'nalak design. The rich black and red colors of the fabric are derived from natural vegetable dyes.

The province is cant as an agricultural eden. The rich and fertile lands of Koronadal and Allah contain fields that produce rice and corn. An immense plantation of pineapples and bananas located at the town of **Polomolok**, near General Santos City, are one of their main sources of income.

South Cotabato is blessed with a majestic and exotic wilderness which added to its one of a kind cultural heritage that boosts the local tourism industry. Several mountain ranges, natural caves, mountain lakes, forests

and springs abound the land. The municipalities of **Lake Sebu** and **Tboli** are well known for their cultural heritage and crafts of its autochthonal T'boli and B'laan communities. The scenic **Mt. Matutum**, El Gawel Resort and Wildlife Sanctuary, Lake Sebu, Lake Maughan and Mt. Parker and the Seven Falls offers unrivalled vistas for all tourists and explorers.

The famous and unique **Tboli Tribal Festival** held every third week of September is a thanksgiving festivity which branched out from the belief of the T'boli in the golden age which they call Lem-Lunay. Each festival is an opportunity to re-energize the people and renew their vow to work for this coveted side of life. Other important not-to-miss festivals include:

- **Tinalak Festival** (July 16-19)

An annual celebration in South Cotabato which demonstrates the importance and significance of the T'nalak cloth as part of the cultural image of South Cotabato.

- **Helobong Festival** (Lake Sebu; 2nd week of November)

There are two ways for you to arrive on South Cotabato. One is a direct flight to Davao City and travel by land to Lake Sebu for a 6-hour ride. Second, also a direct flight to Gen. Santos City and the traveling time to the city is much shorter, only 2-hour ride. ■



Trappistine Monastery, Polomolok



Seafood Platter, General Santos City



T'nalak Festival, Koronadal City - An annual celebration in South Cotabato which demonstrates the importance and significance of the T'nalak cloth as part of the cultural image of South Cotabato.



T'bolis in traditional clothing

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Philippines typhoon kills 137; 700 missing in ferry sinking

June 22, 2008

Rescuers fought the tail of a typhoon swamping the Philippines to reach a capsized ferry Sunday only to find a mystery — scant signs of the more than 740 passengers and crew.

built to carry 1,992 people?

Relatives wept while waiting for news.

Coast guard frogmen who managed to get to the stricken ship got no response when they rapped on

Officials were checking reports that a large number of survivors might have reached one nearby island and that a life raft was spotted off another, coast guard spokesman Cmdr. Antonio Cuasito said.

jumped overboard, but we were separated because of the big waves," he said. "The others were also able to board the life rafts, but it was useless because the strong winds flipped them over."

The ferry initially ran aground a few miles (kilometers) off central Sibuyan island Saturday, then capsized, said Mayor Nanette



An aerial view shows rice fields submerged in floodwaters after Typhoon Fengshen hit Iloilo province, central Philippines on Sunday June 22, 2008.

Only 10 wave-battered survivors are known to have made it to land, just hours after the ferry, brought to a virtual halt by the storm that killed at least 137 people nationwide, suddenly tilted and went belly up in about a half-hour around noon Saturday.

the hull with metal instruments late Sunday, then had to give up for the night due to the strong waves. They hoped to get inside on Monday, likely with U.S. assistance requested by the Philippine Red Cross.

After the storm stymied earlier

"We can only pray that there are many survivors so we can reduce the number of casualties," he said.

Reynato Lanoria, a janitor on the ship, estimated about 100 people could have survived, "but the others were trapped inside."

"I think they are all dead by now," he told DZMM radio after making it to shore by jumping in the water and reaching a life raft.

Lanoria said he was on the top deck when a crewmember ordered people to put on life vests around 11:30 a.m. Saturday. About 30 minutes later, the ship began tilting so fast that elderly people and children fell on the rain-slickened deck.

Passenger Jesus Gica also worried that many people were trapped below when the ship listed.

"There were many of us who

Tansingo of Sibuyan's San Fernando.

With the upturned ferry visible from her town, she appealed for food, medicine and formalin to embalm bodies.

Pope Benedict XVI said Sunday he was praying for the victims of the ferry disaster, particularly the large number of children aboard. The Philippines is predominantly Catholic.

The typhoon lashed the central Philippines on Saturday, setting off landslides and floods, knocking out power and blowing off roofs.

In the central province of Iloilo, Gov. Neil Tupaz said 59 people drowned, with another 40 missing.

"Almost all the towns are covered by water. It's like an ocean," Tupaz said.

Packing sustained winds of 74 miles per hour and gusts of up to 93 mph the typhoon shifted course Sunday to the northwest and battered



Residents waded through knee-deep floodwaters after Typhoon Fengshen pelted Manila with torrential rain and high winds on Sunday.

Six bodies, including a man and woman who had bound themselves together, washed ashore on a high tide awash with children's slippers and life jackets.

So where were the rest of the people traveling from Manila to Cebu, relying on ferries as so many do in the sprawling archipelago? Safe on nearby islands where the storm cut off communications? Swallowed by the sea? Or still inside the hulking vessel

attempts to reach the ship and kept aircraft at bay, a rescue vessel battled huge waves and strong winds to approach Sunday, more than 24 hours after the ferry lost radio contact. There was no sign of survivors at the site.

"They haven't seen anyone. They're scouring the area. They're studying the direction of the waves to determine where survivors may have drifted," coast guard spokesman Lt. Cmdr. Arman Balilo said.



Tansingo of Sibuyan's San Fernando. With the upturned ferry visible from her town, she appealed for food, medicine and formalin to embalm bodies. Pope Benedict XVI said Sunday he was praying for the victims of the ferry disaster, particularly the large number of children aboard. The Philippines is predominantly Catholic. The typhoon lashed the central Philippines on Saturday, setting off landslides and floods, knocking out power and blowing off roofs. In the central province of Iloilo, Gov. Neil Tupaz said 59 people drowned, with another 40 missing. "Almost all the towns are covered by water. It's like an ocean," Tupaz said. Packing sustained winds of 74 miles per hour and gusts of up to 93 mph the typhoon shifted course Sunday to the northwest and battered

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A follow-up to this course is the PDSB (proper lifting techniques) to be organized soon. More information to be announced later.



A fishing boat passes the sunken ferry M/V Princess of the Stars that capsized during Typhoon Fengshen in Sibuyan island June 27, 2008. Salvage divers halted operations on a capsized ferry in the Philippines on Friday after it was discovered the vessel had a cargo of toxic pesticide.

Manila at dawn, dumping heavy rain on the capital. Major streets were flooded, and numerous traffic lights were out.

Anthony Golez, deputy chief of the Office of Civil Defense, said the storm took an erratic path and never slowed down when it hit land with huge deluges of rain.

Rescue vessels aborted an initial attempt Saturday to get to the 23,824-ton ferry. Efforts resumed in stormy weather Sunday, coast guard chief Vice Adm. Wilfredo Tamayo said, although the churning sea kept smaller vessels away. Four coast guard ships and three from the navy were deployed, and the air force was asked to send aircraft as soon as the weather clears.

The ferry — with 626 passengers and 121 crewmembers on board — was "dead in the water" after its engine failed around noon Saturday, Tamayo

said.

About two dozen relatives trooped to the Manila office of Sulpicio Lines, the ferry's owner, some quietly weeping as they waited for news about their loved ones.

"I'm very worried. I need to know what happened to my family," said Felino Farionin, his voice cracking. His wife, son and four in-laws were on the ferry.

President Gloria Macapagal Arroyo, who left for the United States late Saturday, talked to officials in a teleconference aired live on nationwide radio Sunday, scolding coast guard officials for allowing the ferry to leave Manila late Friday despite the bad weather.

The typhoon-prone Philippines was the site of the world's worst peacetime maritime disaster when the ferry MV Dona Paz sank in 1987, killing more than 4,341 people. ■

TV hostages freed in Philippines

June 17, 2008

A popular Philippines TV presenter, her cameraman and a university professor have been freed by suspected Islamist militants, police said.

The kidnapers, believed to be Abu Sayyaf militants, released the three after more than a week of captivity on the troubled southern island of Jolo.

TV presenter "Ces" Drilon, cameraman Jimmy Encarnacion and academic Octavio Dinampo were freed after negotiations.

Officials involved in securing their release said no ransom had been paid.

Abu Sayyaf is notorious for using bombings, kidnappings and other violence in its separatist campaign in the southern Philippines, and has beheaded kidnap victims in the past.

Ransom question

Cecilia "Ces" Drilon and her crew were seized on 8 June as they headed to a meeting with a senior leader of Abu Sayyaf.

Another cameraman with the group, Angelo Valderama, was freed on 12 June after about \$2,250 (\$1,150) was paid to his captors.

Ms Drilon, Mr Encarnacion and Mr Dinampo were said to be in a good condition after their release.

"We are thankful that our prayers have been answered and



TV presenter Cecilia Drilon. Officials said no ransoms were paid for the hostages' release

our efforts rewarded," the


journalists' families and ABS-CBN said in a joint statement.

The release of all four captives was negotiated by a team including Isnaji Alvarez, mayor of the Jolo township of Indanan.

The kidnapers are reported to have demanded \$337,000 (\$172,000) in ransom for the ABS-CBN host and the others. They set a Tuesday deadline and threatened to behead them if their demands were not met.


Another report had the ransom demand at \$1.12m (\$572,000).

National police chief Avelino Razon said no ransom was paid. ABS-CBN had earlier said it had a policy of not paying ransoms, in order not to encourage kidnappings. ■




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ALPHA PHI OMEGA Alumni Association of Montreal, Inc. shows firm commitment to support Filipino youth



APO Alumni Association of Montreal members and officers pose for souvenir with the members of the Laging Handa Scout Group 0592 during the disco dance party they held to raise funds to support Filipino youth in Montreal. Standing on the left is Mr. Arnold Ortiz, president of the association, and Cristina Tiburcio (standing 4th from the right), the chairperson of the fund raising committee.



A cheque for \$586.00 is being presented to Scout Group Commissioner Zenaida Kharroubi by Ms. Cristina Tiburcio, chairperson of the fund raising committee. Arnold Ortiz, APO Alumni Association president (2nd from the right) happily stands by. Others in the photo are directors of FAMAS, Chris Bautista on the extreme left and Flor Rillo on the extreme right. Not in photo are Doris Media and Aurora Poscablo, co-chairpersons of the fund raising committee.

It was a very pleasant surprise when the APO Alumni Association wrote a letter announcing their intention to hold a fund raising drive on behalf of the Laging Handa Scout Group to be held on May 30, 2008. We have not yet seen many associations hold any fund raising for another group. The president, Arnold Ortiz explained to me that the objectives of his association are similar to that of the Scouts of Canada. They are interested in the

development of our youth. They believe that it is an important goal to help our youth become leaders in our community.

We have advertised the event in this newspaper and we offered tickets to people in person. Although we did not receive an overwhelming response, the APO group managed to raise a considerable amount of money and presented a cheque for \$586.00 last June 17, 2008 as shown in the photo above..

usually in August of each year as the membership of \$137.00 covers the period of September 1, to August 30. The Laging Handa Scout group needs adult volunteers first before recruiting the youth. If parents want their children enrolled in the Scouting program but do not have enough funds to do so, they can receive financial assistance from Scouts Canada. The Laging Handa Group also has to contribute part of the membership fee in order to be accepted by the head office.

As far as adult volunteers are concerned, the Laging Handa Group can also find ways to help cover a certain part of the amount in order to have enough adult volunteers who are needed to run the different programs for each age group.

The City of Montreal has given \$500 each year to Laging Handa but this is really not sufficient to cover all expenses. The camping fees alone usually amount to \$500 each trip to the Tamaracouta site.

In brief, the Laging Handa Scout Group has to do some other fund raising activities in order to have the funds necessary to support parents and their children as well as adult volunteers who hesitate to join because of the financial obligation. There will be more activities planned in the coming season, and some exciting activities like an exchange program with the Philippine Boy Scouts some time this year or early next year. More details will be available as soon as they are finalized.

Meanwhile, if you are a parent or an adult volunteer, and want to enroll in Scouting, please call 514-485-7861 to get the application form.

Zenaida Ferry Kharroubi
Scouts Group Commissioner

A prospective donor by the name of Mary who often attends our community functions has indicated that she will add \$100 to this cheque. For income tax deduction purposes, she was advised to send her personal cheque to Scouts Canada who in turn will send a cheque for the same amount to Laging Handa. Anyone who wants to donate to the Laging Handa Scouts Group can get a tax deduction by sending their donations directly to Scouts Canada, indicating that it is intended for Laging Handa.

The new registration period for youth and adult volunteers is



Gérald Tremblay
Gérald Tremblay
Maire de Montréal
Mayor of Montréal

L'administration montréalaise travaille constamment à faire de Montréal une des villes les plus ouvertes sur le monde, une ville riche de toutes ses couleurs, unies dans les mêmes rêves.

Bonne Fête de l'Indépendance à la communauté philippine qui a tant contribué au développement de notre métropole !

Maligayang Araw ng Kalayaan

Our administration is constantly working to make Montréal one of the world's most, united, diverse and open cities.

Happy Independence Day to the Filipino Community, which has contributed so much to the development of our metropolis!

Maligayang Araw ng Kalayaan

Montréal 



Kare Kare Recipe



Kare Kare Cooking Instructions:

Estimated cooking time: 2 hours

Kare Kare Ingredients:

- * 1/2 kilo beef (round or sirloin cut) cut into cubes (for a more traditional kare kare, use cleaned beef tripe instead of beef)
- * 1/2 kilo oxtail, cut 2 inch long
- * 3 cups of peanut butter
- * 1/4 cup grounded toasted rice
- * 1/2 cup cooked bagoong alamang (anchovies)
- * 2 pieces onions, diced
- * 2 heads of garlic, minced
- * 4 tablespoons atsuetse oil
- * 4 pieces eggplant, sliced 1 inch thick
- * 1 bundle Pechay (Bok choy) cut into 2 pieces
- * 1 bundle of sitaw (string beans) cut to 2" long
- * 1 banana bud, cut similar to eggplant slices, blanch in boiling water
- * 1/2 cup oil
- * 8 cups of water
- * Salt to taste

- * In a stock pot, boil beef and oxtails in water for an hour or until cooked. Strain and keep the stock.
- * In a big pan or wok, heat oil and atsuetse oil.
- * Sauté garlic, onions until golden brown, then add the stock, toasted rice, beef, oxtail and peanut butter. Bring to a boil and simmer for 15 minutes. Salt to taste.
- * Add the eggplant, string beans, pechay and banana bud. Cook the vegetables for a few minutes - Do not overcook the vegetables.
- * Serve with bagoong on the side and hot plain rice

Fried Chicken



Ingredients:

- * 1 1/2 kilo chicken, cut into pieces
- * 1/4 cup of white vinegar
- * 5 cloves of garlic, crushed
- * 1 cup of water
- * 2 cups cooking oil
- * Salt and pepper to taste

vinegar, garlic, water, salt and pepper.

- * Remove just before the chicken is fully cooked.
- * Strain off liquid.
- * In a frying pan or wok, heat oil and deep fry the chicken until golden brown
- * Place on paper towel to remove excess oil
- * Serve hot with rice and sliced cucumber or atchara on the side.

Fried Chicken Cooking Instructions:

- * In a pot, simmer chicken in



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Pork Spare Ribs

2.29 lb

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short ribs

2.99 lb

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(with bone)

0.99 lb

Boneless leg
of ham

3.79 lb

1 litre of fresh
blood with purchase
1/2 pork

Regular smoked
bacon

4.79 lb
 10 lbs & over

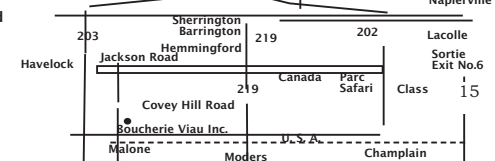
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FAMAS/FCAWI JOINT PARTY

110TH Philippine Independence Day Celebration

Photos courtesy of
Francis Dejon



FAMAS and FCAWI officers and members pose for souvenir after the party with Ambassador Jose Brillantes (seated, center)



Riza Esmeralda, Famas director and emcee of the evening poses with Councilor Marvin Rotrand, Gilles Berger and Borough Mayor Michael Applebaum.



A souvenir photo with Ambassador Jose Brillantes at the end of the party



Scouts carrying the flags and stand at attention during the singing of the national anthem (Photo by Z.FK.)



Guests pose with the president of FAMAS, Claro Bermudez, before the party begins.



Laging Handa Scout Group pose for souvenir before the parade of colors. (By ZFK)



Salinggawi Folk Dance Troupe performing a colorful number. (Photo by Z.FK.)



Sgt. Natalie Tetreault and Cdr. Pierre Rousseau (3rd and 4th from left) members of the SPVM and Councilor Marvin Rotrand (2nd from right) pose with some guests.



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Too many babies?

The food crisis revives worries about population growth

June 12, 2008

AMID panic over soaring rice prices and worries about whether the Philippines, the world's biggest rice importer, can secure enough supplies, the results of the latest census have diverted blame towards a perennial culprit: overpopulation. The figures put the population at almost 89m when the census was taken last August, up from 77m in 2000. That means it has been growing at just over 2% annually since then. That rate is below the 2.3% annual growth of the 1990s and the 3% of the 1960s. But it is still faster than expected. Some analysts think the census undercounted, especially among poorer Filipinos. The population may now be up to

means less land to grow crops. The government this month imposed a temporary ban on building on farmland, as it revives its attempt to achieve self-sufficiency in rice.

Some senior officials are pressing President Gloria Macapagal Arroyo to agree to a big expansion of state-provided contraception and other family-planning help. But Mrs Arroyo is a devout Catholic and wary of upsetting the influential bishops. She relies on their grudging support to resist pressure for her resignation or ouster, following a plethora of corruption scandals.

For years poor Filipinas relied on contraceptives supplied by USAID, America's aid agency. However, its

bishops do have a point, that corruption and misgovernment are in fact mostly to blame. The Philippines has more than enough land and other natural resources to support its population if it were not so incompetently run. But fast population growth only makes things worse. And figures from the United Nations Population Fund show that making contraceptives more widely available does seem to bring population growth down (see chart). Timor-Leste, another poor and Catholic Asian country, is an extreme case: hardly any contraceptives and an astonishing baby boom. ■

774,000 child labourers in Philippines: ILO

June 14, 2008

Child labour remains rampant in the Philippines despite the government's efforts to keep children in school, an official of the International Labour Organization (ILO) said yesterday. Keiko Niimi, deputy director of the Manila-based ILO subregional office, noted that based on the latest Philippine government data, there are an estimated 774,000 child labourers in the country. About 98,000 of the child labourers are aged between five and nine.

"Despite all efforts, the fight against child labour remains a challenge," Niimi said. "We have to ensure that child labourers are successfully integrated in schools and they do not return to work until they grow up and acquire education and training."

She said Filipino parents living in poverty often send their children to work in order to help support the family.

"When families have limited resources, children as young as five are forced to work at the cost of dropping out of school, risking their health or even their lives," Niimi said. ■

Get out of the country!

June 10, 2008

This was the curt rebuff of Senator Juan Ponce Enrile to representatives of foreign chambers of commerce who had been "invited" to the Senate last June 6 to explain their letter of May 27 to President Arroyo, asking her not to amend the Electric Power Industry Reform Act. The Senate has been debating the law in an effort to find ways and means to lower the price of electricity in the Philippines, said to be the second highest in Asia, next only to Japan's.

"Get out of the country if you can't live with us!" Senator Enrile snapped at the Joint Foreign Chambers—representing some 2,000 investors from the US, Australia-New Zealand, Canada, Japan, South Korea and the European Union, who employ some one million Filipino employees and workers—whose spokesman that day was Frenchman Hubert D'Aboville, current president of the European Chamber of Commerce.

D'Aboville has been living in the Philippines for the past 31 years and is married to a Filipina with whom he has four children. ■

Palace orders flooding the market with rice

June 14, 2008

The government has ordered the release of more than a third of its rice stockpile to "flood the market" and curb prices that have gained 39 percent in the past year.

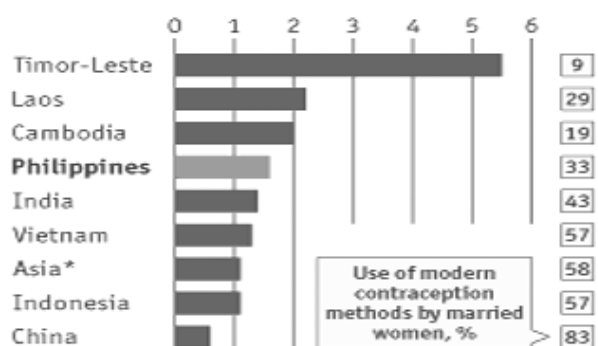
Agriculture Secretary Arthur Yap approved the release of 300,000 metric tons of rice, National Food Authority spokesman Rex Estoperez said yesterday, without giving a timeframe.

"He wants to flood the market to bring down prices," he said.

In the face of the rising prices of food and fuel, inflation has jumped to the highest in more than nine years, pushing the administration of President Arroyo to boost spending to help the poor cope. ■

A conceivable solution?

Average population growth rate
2005-10, forecast, %



Source: United Nations Population Fund

*Includes Middle East and Turkey

93m.

Every hour, then, the country has an extra 200 little mouths to feed. And increasing numbers of them are being born into grinding poverty. Other new government figures show that the number of people scraping by on less than \$1 a day has risen by 16% since 2003, to 28m. More people mean more houses, which

programme has been wound down and the government has put only modest provision in its place. Despite a ban and the risk of up to six years in jail, 500,000 Filipinas have abortions each year.

The debate over whether population growth is the prime cause of poverty and underdevelopment has raged in the Philippines for years. The Catholic

3 Pinoys to carry Olympic torch

June 18, 2008

Three Filipinos, including CNN's Beijing bureau chief, have been selected by the Beijing city government to carry the Olympic torch in the ongoing torch relay for the 2008 Olympic Games.

The Philippine Embassy in Beijing reported to the Department of Foreign Affairs (DFA) that the Filipino Olympic torch bearers are CNN Beijing bureau chief Jaime FlorCruz, his 17-year-old daughter Michelle, and marketing executive Marco Torres. ■







Hon. Irwin Cotler, P.C., O.C., M.P.
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*Best wishes to the Filipino
community on the occasion of
Philippine Independence Day*

COMMUNITY NEWS

Filipino-Canadian Tennis Association picnic

We are please to announce that the annual picnic/potluck of the Filipino-Canadian Tennis Association of Montreal will be held at: Place: CDL Tennis Club at Cote de Liesse, St. Laurent, Que.at :11:00am to 6:00pm on Saturday July 12th. 2008

Sports available for all age and gender: Swimming, beach volleyball, badminton and tennis on clay courts and lechon eating contest for big belly members only topped by optional bikini contest.

Please contact, Precy Nombrado with tel. 514-421-1127 or Josie Dutta with tel. 514-488-9239 for your choice of food/drinks (alcohol will not be allowed except bought in house) that you will bring to the picnic. For road direction and facilities viewing, please log in at www.clubcdl.com

We also wish to inform you that the picnic site is located in the rear of the hangar looking structure. Please refrain from presenting yourself to the reception desk located inside the front of the main building but instead go directly to the picnic site. Parking is also available for free beside the site.

Please note that these picnic/potluck is open to the public and no entrance fee or donations will be asked except the normal fees required by the management of CDL Tennis Club for the use of the tennis, badminton and volleyball courts, swimming pool is free.

Reuben T. Santos
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PRIME MINISTER ANNOUNCES CHANGES TO THE MINISTRY

OTTAWA – Prime Minister Stephen Harper today announced the following changes to the Ministry at a swearing-in ceremony at Rideau Hall:

- The Honourable David Emerson, as Minister of Foreign Affairs, continues his work to strengthen Canada's place in the world and to promote Canada's values of freedom, democracy, human rights and the rule of law;

- The Honourable Michael Fortier, in becoming Minister of International Trade, will keep advancing Canada's trade interests in the Americas and around the world to open up new markets for Canada's innovators;

- The Honourable Christian Paradis becomes Minister of Public Works and Government Services and continues his important work in support of one of Canada's key industries as Secretary of State (Agriculture); and

- The Honourable James Moore becomes Secretary of State (Asia-Pacific Gateway) (2010 Olympics) (Official Languages). Mr. Moore is a fluently bilingual British Columbian who is well suited for these

assignments.

"With these small but important changes to the Ministry, we will continue to build on our record of achievement over the past two and a half years. We will also continue to deliver the strong leadership Canadians expect and deserve."

PMO Press Office: (613) 957-5555

This document is also available at <http://pm.gc.ca>

Fr. Lawrence Perreira passes away at 86

A big supporter and booster of the ideals and goals of CFC, Fr. Pereira, former assistant pastor of Saint Kevin's Church in Montreal for over 25 years, passed away peacefully on June 22, 2008 in his 86th year. Visitation will take place at Saint Kevin's Church, 5600 Cote-des-Neiges Road, on Wednesday, June 25 from 2-5 PM and 7-9 PM..

Funeral mass will take place on Thursday, June 26 at 11 AM...

NDP LEADER OPENS 20th ANNUAL DRAGON BOAT FESTIVAL

Will spend afternoon at Traditional Pow Wow in support of Toronto's homeless

TORONTO – NDP Leader Jack Layton will be in Toronto on Saturday to speak at the opening ceremonies of the 20th Telus Toronto International Dragon Boat Race Festival.

The festival is organized by the Toronto Chinese Business Association to help raise awareness of the rich Asian and Chinese-Canadian culture and promote cross-cultural understanding. All funds raised going to Toronto's SickKids Foundation.

Later in the afternoon, Layton will be a guest at the Native Men's Resident 4th Annual Community Festival and Traditional Pow Wow. This year's festival is being held in honour of Toronto's homeless First Nations, a concern that is very close to Mr. Layton's heart. "We have seen a good first step in the past two weeks towards creating equal standard for our First Nations peoples, but we can still see such a disadvantage," said Layton.

"There is an Aboriginal housing crisis in this country. We need to see immediate action from the Harper government on homelessness and housing affordability" Ceremonies of the 20th Telus Toronto International Dragon Boat June 21,

Race Festival= Grand Stage
Toronto Island 2:45 PM Na-Me-Res 4th Annual Community Festival and Traditional Pow Wow Wells Hill Park St. Clair Ave. West,

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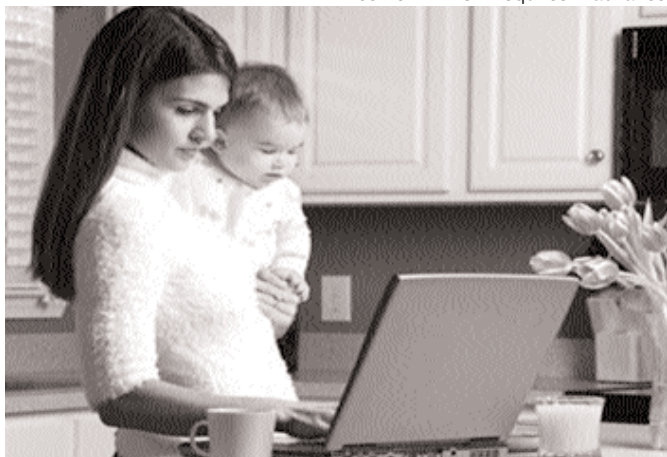


Is Home Business Right For You?

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Business

Neither starting a business nor working from home is always a piece of cake. Starting a business can be very risky proposition. You not only need to do your homework, you need to stay on your toes and remain alert to potential pitfalls as well as the potential opportunities. Additionally, you need to be able to handle not having a steady income. This requires advance



of being able to work flexible hours, of not having to commute and certain tax advantages. In theory, you can run a successful business out of your home and have the flexibility to be there for your children, spending more time with yourself or arranging your work schedule around your family needs. No wonder so many Canadians are attracted to operating a home-based business. But is operating a home business is right for you?

Challenges to Starting A Home-Based

Business planning on your part and good money management. It also requires the family support or others in your household; without that there's a strong possibility that either your business won't succeed or you'll have a poor work/life balance and family relationship could severely strained, sometimes irreparably. You may need to work everyday of the week to generate the income you need, but you still need to find time to enjoy your loved ones. An occasional getaway is a

perfect way to do this without jeopardizing your business.

Working at home requires an environment that's conducive to getting your work accomplished. That means in addition to being self-motivated, you'll need some control over interruptions and family activities. Depending on the nature of your business, you may need to make some substantial changes to your home's environment in order to be successful.

You Need To Plan Before You Start Any Business

Someone once said, "If you fail

or services you will provide.

Step 2: Know your market and your competition.

Step 3: Make sure you can perform the task needed to run your business.

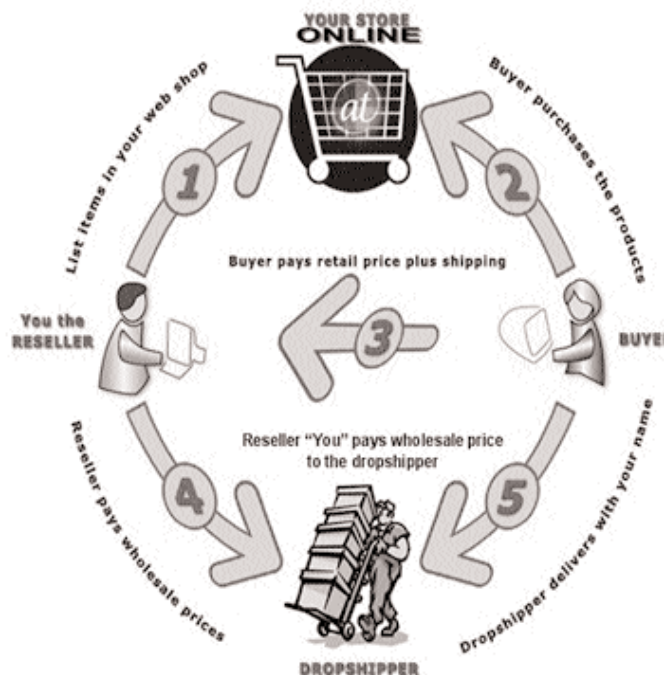
Step 4: Make a list of what needs to be done.

Step 5: What restrictions might prevent you from operating smoothly your home business.

Step 6: Plan to protect yourself, your home, your family.

Step 7: Learn the risk and benefits of each type of legal entity

Step 8 Determine your start up costs



The Dropshipping Cycle Diagram

to plan, you should plan to fail". Most new businesses don't survive – this is not a doom and gloom, this is a fact you need to be aware of so you can be among those who not only succeed but who prosper. The following 10 Steps Before You Start A Home-Business which I will explain in full detail on the next issue will help guide you to achieve your dream – or it may help you decide what you really don't want to.

The purpose of completing the 10 steps is to determine if you have a workable business idea, if you can reasonably operate your business from home, to help you understand how much money it's going to take, and to help you understand how your family feels about the whole idea. You'll benefit from completing the 10 steps whether you decide to go ahead with your home business idea or not. Make the most of it and, if you don't have to, don't rush it. It's very tempting to think you can skip steps, but if you do you may regret it later.

10 Steps Before You Start A Home-Based Business (details on the next issue)

Step 1: Decide what product to sell

Step 9: Consider your breakeven, your cash flow and your funding option

Step 10: Determine your weaknesses, strong point and gauge your family's support.

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All About Online Business

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Dropshipping!! But what is dropshipping anyway?

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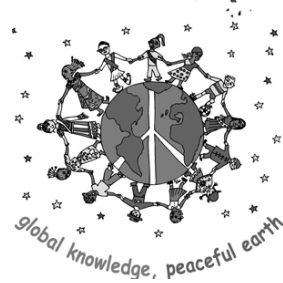
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See Page 19 Home Based



Isaac T. Goodine

Global Perspectives



On Creative Leadership

"Be the change you wish to see in the world."

...Mahatma Gandhi

This is an essay about leaders and leadership with a particular focus on participative human development (PHD). It was prompted by discussions with the leaders of three organizations that have recently been launched that show how economic and political realities are reshaping cultures and changing how we view the world. This, in turn, alters how we relate to other people at home and abroad. The organizations are: 1) **The Canadian Centre for Global Professionals (CCGP)**, based in Ottawa, and headed by **Co-Founder and Executive Representative, Monjur Chowdhury, Ph.D.**; 2) **SAWA Global**, a foundation based in Vancouver and headed by **Founder and Executive Director, Daphne Nederhorst**; and 3) **The Filipino Solidarity Co-operative**, based in Montreal and headed by **Zenaïda Ferry-Karroubi**, its 3rd president since its foundation in 2005.

The three persons named are the ones most responsible for the creation of these innovative organizations and they happen to be foreign born Canadians who bring a cross-cultural dimension to the role of leadership. They now face the challenge of how to identify the qualities of leaders and leadership and to determine ways and means to nurture such qualities. This is a challenge that must be shared by those involved in participative human development efforts.

At the outset, it may be useful to try to clarify some terms. We can do this by remembering that the verb "to lead" is both transitive and intransitive. The terms leader, leadership and leading are frequently used and sometimes indiscriminately applied to many approaches that have little to do with the real process involved in what this essay is about. In popular usage, leadership sometimes refers to creative ability; either artistic or intellectual. However, with a human development leader it is different. A human development leader has to lead people; to direct them, to control them, to manage them and to show them the way. To do this successfully

requires certain qualities of character as well as of intellect. Clarence B. Randall, the distinguished U.S. business Philosopher, elder statesman and adviser to American Presidents, once defined leadership as follows:

"Leadership is creativity. The leader must dream dreams and see visions and, because he has seen it so clearly, that radiance will shine from his eyes when outlining the program to his associates. They will come to believe solely because he believes and when that happens, you have leadership."

The human being is creative emotionally as well as intellectually. A feeling is a "thing" – just as a "thought" is a "thing." These things can be detected by electro-magnetic devices as well as by psychic powers of other human minds. The practical outcome is realized when minds are attuned to understand or to see the same thing or to alter the thoughts until there is a common vision. This bringing together of thoughts, knowledge and emotional energy results in human synergy. This meeting of the minds creates the emotional energy that empowers two or more minds to work creatively together. The synergistic approach shows that effective human action in dealing with any kind of crisis or challenge is dependent upon two key factors: (1) the Resources, both human and material, which can be brought to bear on the situation, and (2) the Process, how the resources are utilized in dealing with the situation. If either of the two factors is missing, the chance of success is nil. However, if people work together utilizing their resources rationally and humanely, they can produce results beyond the mere sum of their individual inputs. That is called synergy.

The influence of a leader in a synergistic application is particularly critical in multi-disciplinary teams and working groups that transcend national boundaries. The knowledge base does not rest on just one person nor does the responsibility rest on only one pair of shoulders. There are three kinds of leaders in such a group. It may be that there is one official leader, or there may be many. There can also

be unofficial leaders. The "responsible" leader is accountable for the group. The "effective" leader is the person whose proposals or suggestions are most likely to be taken up on intellectual and logical bases. The "psychological" leader is one whom group members are most likely to identify with emotionally. The latter one is the energy source in motivating the group to get the task done.

Sometimes all of these three attributes can be present in the same person, but more often three different people manifest them. In certain cases, the groups rotate or should rotate or delegate the leadership function to prevent stagnation. It should be expected that conflicts would sometimes arise between the effective leader and the responsible leader. There will be times when the effective leader and the psychological leader will tangle with each other. It is important that there be cooperation among these three leaders if the group is to function well.

The style of influence or leadership is crucial. Different groups require varying styles of leadership. For example, a team set up to appraise a major project for international funding might require a mission leader with a different style than a committee or task force established to consider educational reforms. In any case, the leadership process is vital. ---Know when to lead; when to follow; and when to get out of the way.

The real challenge is to identify both qualities of leaders and leadership. Then it becomes possible to educate people to develop those qualities. During my many years of work in international development, I have become accustomed to reviewing numerous plans and proposals that conclude with some statement that all of the good things being proposed can only materialize if there is "leadership" available to see it through. Very often there is none. The need for leadership is urgent. In a book, *On becoming a Leader*, Warren Bennis, refers to a study done in the 1970s which identified the major threats facing the world. Among them was the "lack of leadership" in organizations on which our collective well being depends.

However, dreams are dreams

and facts are facts. Or at least they must be perceived as facts. Our modern scientific generation demands facts and will rely on nothing less. Facts, however, never settle anything – they are nothing more than tools to work with. It is the implications that can be drawn from facts that count. To evaluate these requires wisdom and judgment that are unrelated to a computer-like approach to life. The facts must be related to a vision. Someone has said, "The only persons who have really changed history are those who have changed man's thinking about himself." However, the facts must come first, and then faith can follow. For example, the entire Christian Church is based on the conviction that the physical resurrection of Christ is a fact. It was not the life of Christ, not his teachings, not his death that really inspired the birth of Christianity. In spite of everything that had taken place, his disciples gave up once he had been crucified and buried. The fishermen among them went back to fishing. Those whose homes were at a distance started their journey back. Faith alone had not been enough. Then came the resurrection – the fact, for Christians; then came the faith that endures today.

Leadership, as presented in this essay, is a process. It is the process whereby we make our dreams come true. Our lives are filled with secret possibilities, aspirations lurking below the surface. Despite the efforts of society – and our best friends – to convince us to "get real" for our own good, we still harbor impossible dreams. To make dreams come true we need the help of others. This requires creativity in the form of the leadership process. Therefore, to be a creator, one who brings into existence creations that previously lived only in one's innermost dimensions – is to be a leader. In other words, a leader is creative. It follows then that when one is leading, one is creating. Leadership is creativity – leading is creating – a leader is creative.

A leader is creative when he/she brings into existence ideas, which were first formed, in the mind.

See Page 13 Global Perspectives

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FILIPINO STAR SHOWBIZ GOSSIP

Rudy Fernandez laid to rest



To the end, actor Rudy Fernandez was well loved.

The action star, fondly called "Daboy," was finally laid to rest Thursday as hundreds of friends, fans, and family members mourned his loss after a two-year battle with perianth cancer.

"We love you Daboy! We will miss you!" fans shouted as the actor was buried at the Heritage Park in Taguig City.

Fans were not allowed to enter the memorial park and had to content themselves watching scenes unfold on top of the walls and on 10-wheeler trucks.

Fernandez was buried by hundreds of close friends and relatives at 3:05 p.m.

Earlier in the day, a necrological service was held at the nearby chapel that was attended by family, led by his wife and actress Lorna Tolentino, and close friends, who were all dressed in white.

Father Sonny Ramirez officiated the mass, saying Fernandez was finally saved from the "beating" he took from cancer.

"His body cannot take anymore the beating of this world and this is the day to glorify God for the eternal life due to Rudy," he said.

Ramirez also told Fernandez's widow, Tolentino, to "be happy."

"Yung [The] love na binigay sa iyo ni Daboy [that Daboy has given you] should be shared," he said.

Ramirez also told Fernandez's sons Ralph and Renz to "take care of their mom because you are all she's got."

Tolentino, with Fernandez's closest friends Senators Ramon "Bong" Revilla Jr. and Jose "Jinggoy" Estrada, actors Philip Salvador and Tirso Cruz III, were emotional throughout the interment. Tolentino repeatedly kissed her late husband's casket as she said goodbye.

Fernandez's casket was placed

inside a horse-drawn carriage bedecked with white roses. Tolentino, her sons, Alma Moreno and her son with Rudy, Mark Anthony Fernandez; and other family members marched 50 meters from the chapel to the burial grounds amid the heat.

The late action star was given full military honors, being a reservist in the Philippine Navy. A 12-gun salute accompanied the actor's burial. The Philippine flag wrapped around the casket of Fernandez was handed to his widow, who clutched onto it tightly.

Doves were also set free after the burial.

Former president Joseph Estrada also joined the burial procession.

In a statement, Estrada said Fernandez's death was a "great loss to the movie industry."

He said Fernandez was "not only a fellow actor but a true friend of the family, especially to my son Jinggoy," referring to Senator Jose "Jinggoy" Estrada, considered one of the actor's closest friends, along with Senator Ramon "Bong" Revilla Jr. and actor Philip Salvador.

He said it was only fitting that Fernandez be buried on Independence Day "because to his family, friends and fans, he was a personal hero who will be remembered forever."

Tolentino refused media interviews, but expressed her appreciation to the thousands of fans who consoled with the family.

"Maraming maraming salamat sa inyo [Thank you very, very much]," she said.

Mark Anthony Fernandez also expressed his thanks.

"Mahal na mahal namin si daddy [We love daddy very much] and I'm sure he's very happy right now," he said. ■

Heart Evangelista moving on fast after breakup with Jericho Rosales

"Awang-awa ako sa sarili ko. I realhere was no trace of sadness in the eyes of Heart Evangelista when entertainment reporters spotted her hosting the Kapusolympics yesterday, June 17, at the Golden Sunset Beach Resort in Calatagan, Batangas.

It was only a month ago that Heart confirmed the split between her and

Carmen Soo. For the young actress, "It's done. It's finished."

She just assured the entertainment press that she's coping well. The new Kapuso star also said that instead of thinking about the breakup, she diverted her attention to her family and to her work.

Support from the family

Heart is now patching things up with her parents, whom she slightly neglected during her relationship with Jericho.

"Well, I bond a lot with my parents nowadays. I'm making up for the time that was lost. You know, my dad is not getting any younger din. So, every day I'm with them. Kapag wala akong masyadong ginagawa, lagi nila akong pinupuntahan sa condo ko, I ask my mom to sleep over, ganun."

Heart also knew that when everything goes wrong she could always have her family on her side.

"I do believe na isang malaking bagay 'yan. It's the only command in the bible that has a promise. I mean, aside from that, siyempre I love my family and it's been a long time and I really wanna make up for certain things, especially now. And really, at the end of it all, your family is the only one that will stay to you." ■



Heart Evangelista

Jericho Rosales, her boyfriend for three years. When she announced it, the young actress showed strength that somehow indicated her desire to quickly move on with her life.

So, like in her past interviews, Heart also tried to avoid questions about her breakup with Jericho and the alleged third party, Malaysian actress

Young star prioritizes studies over career

Krista Ranillo did some movies as a teenager; then she went back to college and finished Interdisciplinary studies at the Ateneo. "Four years din akong nawala kasi I really wanted to get a degree," she says. "I was a dean's lister naman and I took up courses in communication arts to go sana into hosting. But I realized what I really want to do is act, so when my manager, Arnold Vegafria, told me may offer to do 'Paupahan' but I will go daring, I accepted it."

Is it true her dad, Mat Ranillo III, got mad when he learned she did sexy scenes in the movie? "I told him naman about the movie, but he didn't get to read the script. He got alarmed lang when he saw the publicity photos na daring ako in lingerie. But he wasn't confrontational when he talked to me about it. Baka raw puuede lang ipa-pull out ko 'yung sexy photos. I called up our scriptwriter, Dennis Evangelista, and I told him about it but sabi niya it's needed for the promotion of the movie. So hindi na kumibo si Daddy."

She likes her role as Star, a trying hard starlet. "Anak ako rito ni Tita Snooky Serna and a former stuntman who died while doing a stunt. Tita Snooky keeps telling me; 'Wag ka na mag-artista, pangit ka naman.' She's so mean to me. Ako naman, I'll do anything para sumikat. Pinatulan ko 'yung caterer sa shooting, si Mon Confiado, kasi he said friend niya ang director and he promised me that he can help me with my career. We did it inside a catering van and that's the most daring thing I did in the movie. The role is so challenging as it's the exact opposite of who I am in real life kasi my character is foul-mouthed, uneducated, magaslawa



Actress Krista Ranillo

kumilos. I took an acting workshop para makuha ko 'yung character and inalalayan ako ng direktor namin, si Joven Tan, so hopefully, I'm able to give justice to my role."

What does her boyfriend, director Dominic Zapata of GMA-7, say about her going sexy? "Supportive naman siya. He knows I really want to act. Nag-pictorial na rin ako for FHM for August at okay rin sa kanya. It's my dad I'm worried about again dahil baka mag-react uli pag nakita ang photos ko doon."

How's it working with Snooky? "Masarap siya kaeksena. Enjoy ako kasi magaling siya. Akala ko nga, sabi nila, mahirap katrabaho pero hindi naman. She arrives on time at hindi maarte sa katawan. Most of my scenes are with her and with Allen Dizon, who plays my kinakapatid. Siya ang sumbungan ko kapag may problema ako. Best friends kami rito pero walang romantic relationship." ■

Ruffa, Gretchen's credit card story



Ruffa Gutierrez and Gretchen Barretto

Gretchen Barretto never seems to run out of steam, that is, as far as attracting controversies is concerned.

Reports from eyewitnesses have it that one Sunday evening while Barretto was having dinner with a few friends that included Ruffa Gutierrez and Pops Fernandez at one of the food and beverage outlets of Hotel Dusit in the commercial district of Makati, Barretto had an unpleasant experience of having her credit card denied by the outlet food attendant.

The gist of the story goes like this: Barretto gave her credit card to the waiter and when he returned to report that the payment request was denied after he swiped the card several times, Barretto tried to argue that it was simply impossible. The waiter tried again but still got the same result.

Gutierrez volunteered to settle the bill and Barretto finally gave in, hiding her embarrassment. After a few minutes, Barretto's longtime

companion Tonyboy Cojuangco was spotted rushing to the hotel where he had a private conversation with the love of his life in a corner. Some witnesses swore that Barretto raised her voice several times and her man looked very upset.

At the press conference that the Belo Medical group hosted for Gutierrez on Wednesday, the equally controversial model-host-actress only had good words for her dear friend, saying that the incident was not a big issue. "I do not want to be accused that I am using Gretchen for publicity since this is my press conference and she has nothing to do with the Belo brand. But she is a dear friend and I want to clear the issue. Things happen, and I don't believe that anyone wants to attract controversy and it's no big deal that I was the one who paid. We are friends and we should be there for each other, hindi ba?" The total bill reportedly

amounted to something less than P5,000, so it wasn't much for any of these high-earning celebrities to volunteer to settle the amount.

Gutierrez added, "She always treats us, so I see nothing wrong if I took care of our bill naman that time." The new Belo endorser kept mum about making comments regarding Cojuangco, and simply said, "There were some stressful moments but

everything was settled peacefully and the people involved can even laugh about the incident now since we are good friends naman. Gretchen's fine, everybody's fine."

Moral lesson: Always have some cash in your wallet when treating your friends out, you'll never know when the machine will reject your card. ■

International singing sensation bent on finishing studies

Even with the current international status she is now enjoying, 16-year-old Charice (minus her surname, Pempengco), still wants to continue with her studies. Thank God.

Charice said she would have been in fourth year high school now. But because she passed the evaluation test offered by the DepEd for college students, she's now privileged to "skip" fourth year high school.

She plans to take up medicine or law. College, though, will have to take the back seat in the meantime for she still has a lot of commitments to fulfill here and abroad.

"Besides, heto pong mga singing stint ko ang susi para maka-apon ako for my studies," she explained.

According to Charice, her guestings in the international shows of Ellen Degeneres, Winfrey Oprah, and the tribute to David Foster, a world renowned songwriter, has not earned her anything financially. They have given her personal gifts which, she said, she will treasure all her life.

"Just the idea of meeting these international celebrities in person is an honor for me," Charice said. "All my life, 'di pumasok sa isip ko na maging guest ako sa kanilang shows at makakapag-perform ako before an international audience."

"Bonus nang maituturing 'yong nakausap at nayakap ko sila."

Charice is scheduled to leave for the



16 year old singer Charice

US again to grace the Philippine Independence Day celebration in California. She will have to be back for her Araneta Coliseum performance on June 14 with the Air Supply.

She is also doing a mall tour to launch her new album, simply called "Charice" on June 15 at SM Clark, June 21 at SM Marilao, June 22 at SM Fairview and June 28 at SM Bacoor. "Charice" is produced by Star Records. Two of the songs in the album, "Born to Love You Forever" and "It Can Only Get Better" are also in a CD she did for a recording company in Sweden. ■

RP's Miss U bet says she'll win



Jennifer Barrientos

Binibining Pilipinas Jennifer Barrientos is currently in Vietnam for the 57th annual Miss Universe beauty pageant, confident she'll bring home the crown on July 14.

"I know I will win," Barrientos told members of the press during her send-off party at the posh Mandarin Oriental Suites at the Gateway Mall in Quezon City.

The 5-foot-8 University of Sto. Tomas Tourism graduate declared she

still possessed the same confidence that helped make her Bb. Pilipinas victory possible.

Barrientos, 22, stole the show from heavy favorites in the local pageant last March, winning the coveted title even if she had not won any special awards.

Pre-pageant favorite Danielle Castaño, who bagged the lion's share of awards, finished second.

Unperturbed

There are also early favorites in the Miss Universe contest, with Latin American candidates who trained months ahead of Barrientos topping pre-pageant polls.

But Barrientos said she remained unperturbed, as she had made the necessary preparations.

She was not sent to Colombia for beauty pageant workshops like her predecessors. But she had hair and makeup sessions with David's Salon, foreign language training with Berlitz, personality development courses with Dale Carnegie, and dance lessons with Powerdance artistic director Douglas Nierras. The German ambassador's Vietnamese wife taught Barrientos how to converse with the locals in Vietnam. ■

More Showbiz Gossip - SEE PAGE 20



Showbiz Gossip *Continued from p.18***Cristine Reyes still dating Dennis Trillo**

Hindi itinanggi ni Cristine Reyes na nagkikita at nagde-date pa rin sila ni Dennis Trillo. Patunay lang ito na patuloy pa rin ang relasyon ng dalawa, kahit marami ang tumutol dito. Isa raw ito sa sinasabing pinag-awayan nila ng kanyang nakakatandang kapatid na si Ara Mina.



Sa panayam ng PEP (Philippine Entertainment Portal) kay Cristine, sinabi niyang hindi naman sila parating lumalabas ni Dennis dahil kapwa sila busy ngayon. Busy si Cristine sa taping ng dalawa niyang shows sa ABS-CBN—ang pinagbibidahan niyang Eva Fonda at ng soap drama nina Jericho Rosales and Malaysian actress Carmen Soo.

Si Cristine pa nga ang nagbalita sa amin na puspusan ang training ngayon ni Dennis para sa bagong pagbibidahan nito na Gagambino sa GMA-7 naman.

"Lalabas lang naman kami kapag may time talaga," sabi ni Cristine. "Minsan nga, twice a month lang kami nakakalabas. Minsan manonood lang ng sine at magdi-dinner sa labas. Gano'n lang kami. Pareho kasi kaming pagod, lalo na si Dennis na tatlo ang shows sa GMA-7."

"Ako naman, nag-a-adjust na rin. Sunud-sunod kasi ang tapings ko kaya wala na rin akong time para magpahinga nang husto. Kapag magkasama kami ni Dennis, doon lang kami talaga nare-relax."

Dagdag pa ni Cristine, wala naman

daw masama sa ginagawa nila ni Dennis. Dalaga naman daw siya at technically ay binata pa si Dennis. May anak lang daw ito sa former girlfriend nitong si Carlene Aguilar.

"Naayos naman na 'yong between Dennis and Carlene. Hindi ba't nag-move on na sila pareho? 'Tsaka hindi naman nagpapabaya si Dennis sa anak nila ni Carlene. He's a responsible person naman."

"Ang importante ay okey ang nangyayari sa amin ni Dennis. Alam ko na maraming against sa amin, pero we still fight for it. Choice naman namin ito kaya sana maintindihan nila kami," pahayag ng young actress.

WALKOUT IN "WOWOWEE"?

May balitang nag-walkout si Cristine sa Wowowee nang malaman niyang guest co-host ang ina ng anak ni Dennis na si Carlene Aguilar. Nilinaw ni Cristine ang report na ito.

"That's not true naman," tanggi niya. "Unang-una, wala ako that day noong mag-guest si Carlene kaya paano ako magwo-walkout? May iba akong trabaho noong araw na 'yon at hindi ko nga alam na guest siya. Nalaman ko lang later on na lang, pero wala naman akong reaction."

"Hindi ako main host ng show kaya they can get anybody na gusto nila. Hindi naman siguro nakasalalay sa akin ang mga desisyon ng show. Kung sino gusto nilang kunin, wala akong alam diyan."

Pinagseselos daw kasi siya ng host ng Wowowee na si Willie Revillame kaya kinuha nito si Carlene as guest co-host.

"Bakit naman? Naging kami ba ni Willie? Hindi naman totoo 'yon. Bakit naman gagawin ni Willie 'yon, e, magkaibigan lang kami. Nakakasawa na ang issue na 'yan kasi ang tagal-tagal na. Hindi pa rin ba sila nagsasawa sa tsismis na 'yan? Para sa akin, kaibigan lang si Willie. Yun lang 'yon," pagwawakas ni Cristine. ■

Judai-Ryan: No splitup**Judy Ann Santos and Ryan Agoncillo**

As if the Meralco ad intrigue weren't keeping her hands full, Judy Ann Santos also had to contend with breakup gossip.

A rumor made the rounds that Judai and Ryan Agoncillo have split up, causing Ryan to up and leave midway through their month-long holiday in Europe.

He reportedly failed to appear in shows mounted by The Filipino Channel (TFC), in Ireland and Italy.

Ryan's manager, Noel Ferrer, denied the rumor. The two are still very much a couple, he said. So what sparked the scuttlebutt?

After the couple's meeting with friend Sharon Cuneta in London, Ryan had to fly to Amsterdam for a while to sign important documents pertaining to a family emergency, said a source. Amsterdam, as a transport hub, was the most convenient place to meet.

After that short "separation," Judai and Ryan picked up where they left off and are now bound for Prague.

Perhaps the most effective way to debunk the rumor is this report by an observer: She is still wearing the much-ballyhooed "engagement" ring.

Judai and Ryan are expected back in Manila end of June. First week of July, they return to France, to attend the screening of "Ploning" at the Festival Paris Cinema. ■

Vicky Belo wants Rosanna to apologize

A warrant of arrest was issued by the Makati Regional Trial Court for Rosanna Roces since she has not been attending the hearings of the libel cases filed against her by Dr. Vicky Belo. When cops went to her house to serve the warrant, the maid said she's asleep. When told there's a warrant for her, the maid came back and said Rosanna was not there but had left earlier. The cops couldn't do anything but just leave since they don't have a search warrant. This means, though, that Osang should be careful from now as the cops can just arrest her when they see her. But how long can she continue to elude them when she's taping for two ABS-CBN shows regularly? The cops can just show up on the set of her tapings and arrest her there.

Dr. Vicky Belo says she's willing to drop the charges. All Osang has to do is to ask for forgiveness from Lolit Solis and Lorna Tolentino who she both

**Actress Rosanna Roces**

maligned in TV interviews at the height of their tiff.

"I won't withdraw the case as long as hindi sinasabi sa'kin ni Manay Lolit Solis na i-withdraw ko ito," adds Dr. Belo. "Kaya kung ako si Osang, makikipag-ayos na ako kina Manay Lolit para matapos na ito." ■

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From page 15 Creative Leadership

To do this requires knowledge and the ability to bring about the process and knowledge from the mind where these creations exist in the first instance. While we may not fully understand why it is so, we do know that there is a deep longing to create that resides within the soul of humanity. We all have a natural instinct to move beyond mere survival and personal comfort to self-actualization by building, organizing and creating. It has been said that "Christ went about making things beautiful—He did not go about making beautiful things". The truth is that by nature and instinct, people everywhere are leaders. Yet while we wish to give birth to our ideas and aspirations, we do not always have the means to make these desires come to reality. Because we have never been "trained" to lead, misconceptions and pitfalls prevent us from accomplishing what truly matters.

According to Ordway Tead, author of *The Art of Leadership*

"... the good leader is a good teacher. His role is like the teacher's in helping followers through experiences which bring a changed mind and motive. The idea that good training can largely take the place of order giving is gaining greater headway in organizations.

The good teacher tries to build up a sense in the learner that he is engaged upon an enterprise which is significant for him and which he will, therefore, enjoy. It is conveyed by the teacher's own radiant enthusiasm about the project in hand. The leader has to be sure that his followers are enabled to go through much the same experiences as have led him to believe in his objectives.

The leader can most surely count upon the sustained support of the led when they have been through experiences sufficiently like his to have brought them to the same conclusions about what they want and how in general they shall try to get it."

As Albert Einstein said:

"The whole of creation waits to be revealed."

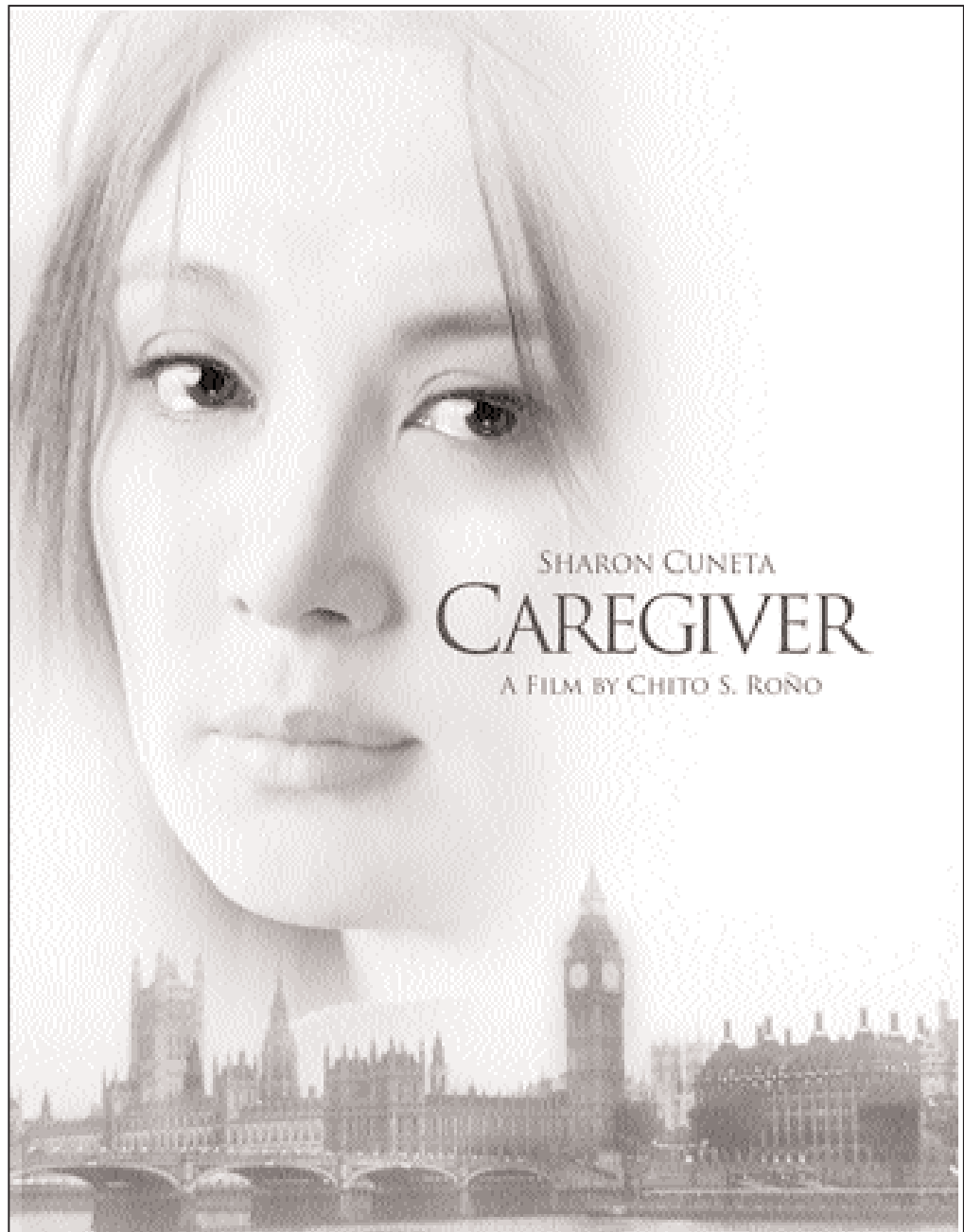
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History motivates Pacman

June 28, 2008

History beckons to Manny Pacquiao as he climbs into the ring at the Events Center of the plush Mandalay Bay Resort and Casino in Las Vegas and takes one giant step in his quest to rewrite boxing history as the first Filipino and Asian to win four world titles in different weight divisions.

Trainer Freddie Roach, who has been oozing with confidence the past week after Pacquiao tapered

Diaz said his workout was great. "It was the best I've felt the whole camp. We went two solid hours and now, I totally feel 100 percent ready for Saturday night."

Despite an article which claimed that ticket sales were poor, Diaz noted that the casino was starting to fill up with fans showing up for the fight. Castillejo also noted there were a lot of Filipinos in the venue.

Top Rank's Bob Arum himself

"I have prepared physically, mentally and spiritually. Diyos na ang bahala!" Recto quoted Pacquiao as saying.

The WBC official praised Pacquiao for dedicating his fight especially to the victims of typhoon Frank. "Imagine, despite everything he still has time to think about them."

Recto disclosed that they pray the rosary together since he arrived in Las Vegas last Monday and said he was joined by Pacquiao's wife Jinkee, Filipino trainer Buboy Fernandez and his wife Clair, General Santos boxing man Rey Golegolan and Recto's daughter Nicole. He said they missed the collective prayers the previous night because Pacquiao slept early.

"I will try my best to give a great fight. I dedicate this fight to give hope to the Filipino people especially the flood victims of the typhoon. This is also the struggle of my countrymen... this fight is for them. I want to thank God for his blessings," said Pacquiao.

In his recent remarks, Pacquiao has accentuated his change to a family-oriented lifestyle compared to his previous ways of late nights, pool halls and gambling by ending with the phrase, "in the name of Jesus."

It's a change that has been welcomed by his ardent admirers and genuine friends and most of all,

his wife.

When Pacquiao faces Diaz, it will be a battle of champions since he is the WBC super featherweight king and Diaz the lightweight champion. The last time it happened was in November 1966 at New York's famed old Madison Square Garden. That was when this writer covered the fight for dzHP, the Manila station of the Radio Mindanao Network, and saw the late great Gabriel "Flash" Elorde, the world junior lightweight champion, bludgeoned and knocked out for the first time in his career in the 14th round by Puerto Rican lightweight champion Carlos Ortiz.

In their first meeting at the Rizal baseball stadium in February 1964, Elorde had Ortiz in trouble in Round 7, but couldn't finish him off and the Puerto Rican came back to win by a 14th-round TKO which set the stage for the rematch.

Pacquiao has dismissed the possibility of history repeating itself by simply pointing out that he is different.

Indeed, he is because of the fact that he annihilated Mexican legend Marco Antonio Barrera, who was Ring Magazine's featherweight champion in November 2003, and a win over Diaz would give him a fifth world title. ■



World Boxing Council superfeatherweight champion Manny Pacquiao says he is dedicating his fight against David Diaz for the latter's WBC lightweight crown to the victims of typhoon Frank. Pacquiao and Diaz will clash on June 28 (June 29 in Manila) at the Mandalay Bay Events Center.

off in training, told Viva Sports/Standard Today he was confident that everything was going well. He said he stands by his prediction that Pacquiao will win by a knockout over World Boxing Council lightweight champion David Diaz.

Roach said that on the eve of the official weigh-in for the fight, which will be telecast by Solar Sports over GMA-7 and a platform of pay-per-view outlets such as SkyCable, Destiny and Dream, Pacquiao weighed 136 pounds, just one pound over the lightweight limit.

He indicated it would pose no problems unlike in the past couple of fights when Pacquiao struggled to make the super featherweight limit of 130 pounds.

ABS-CBN's Dyan Castillejo noted that Pacquiao had a full breakfast after his jogging and then worked out in the afternoon at the IBA Gym. Diaz worked out at the gym of former pound-for-pound no. 1 Floyd Mayweather Jr. and said he and Mayweather go way back from the 1996 US Olympic team. Diaz said it was also great to see Nate Jones from Chicago, who was also on the team and is in Las Vegas for the fight.

told Standard Today after Kelly Pavlik demolished Gary Lockett at the Boardwalk in Atlantic City that skyrocketing gasoline prices and "the economic crisis within this country [US], has affected attendance at the big fights and even the concerts."

While Pacquiao, who has been guaranteed a \$3-million purse, has been working on the hook for some time now, Roach said it was doing well, but it won't come into play as much against Diaz, who is also, like Pacquiao, a southpaw.

Talk is, it's the uppercut that will get the job done, although Pacquiao often banks on his thundering left straight to finish off an opponent.

The fight has been hyped to the max by Arum with a series of promotional tour stops and pep rallies and Diaz, who has lived all his life in America and represented the US in the 1996 Olympic Games, has tried to rally the Mexicans behind him in an obvious effort to keep the Philippine-Mexican rivalry burning.

Dr. Allan Recto, who is often assigned as ringside physician for the WBC, said Pacquiao told him he is ready and had done everything necessary for the fight.

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From page

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How to Find a Good Dropshipper:

There are a lot of very good drop shippers on the Internet, but there are also a lot of scammers! Just as with any other source that you find online, you need to take precautions:

- Do they have any 'extra' fees? Genuine dropshippers should only charge you for the items you sell. Avoid companies that require a monthly subscription fee or something similar.

- Check the age of the site. Online dropshippers and wholesalers go out of business all the time either (a) because it's a hard business to be successful in, or (b) because they are fraudulent. For these reasons, be very wary of dealing with new sites.

- Customer service is very important – especially in moments of crisis! – but sadly it is all too often neglected. Sending a test email will tell you a lot about the quality of

service you and your customers are likely to receive from the company

- Ask about warranties, guarantees, shipping policies and return policies. Everyone gets returns at some point so you need to make sure that you won't have to foot the bill. Be sure to get in writing or keep the email they used in communicating. There are several ways you can find drop shippers:

1: Searching Online – This is risky, but perseverance may pay off with hidden gems. Searching with keywords such as your product name + 'dropshipper' is a good way to start. Just remember the best sites aren't always on the first few pages of results.

2: Ring the product manufacturer – You can usually find the manufacturer's name on the item packaging. Manufacturer's often have preferred distributors and should be able to give recommendations. You can always use email if the manufacturer is located in a non-English speaking country and you are concerned about communication difficulties.

3: Trade magazines: Distributors and manufacturers pay to advertise in these magazines so it's an excellent way of finding current contact details. An easy way to find trade magazines in your area is to search online Business directory.

4. Paid Directories – Google & Yahoo has an extensive list of drop shippers and wholesalers. But be careful –

many paid directories are scams. It's not uncommon for users to pay for access only to find outdated links or links to sites asking for more money. When it comes down to it, there is no getting around the hours that good research requires. Taking shortcuts with your research only means you are more likely to lose out in the end – either because of a scam or because you haven't found the best prices and are not making enough profit.

For more business tips and ideas, visit us at : www.mybpage.com/FSHB.html

OR IMMEDIATE RELEASE
JUNE 2, 2008

NDP OPPOSES HARPER'S IMMIGRATION AND EMPLOYMENT INSURANCE CHANGES

OTTAWA – As Stephen Harper's Conservatives are about to have their budget bill passed, the NDP is opposing the harmful changes to immigration and employment insurance provisions.

NDP Citizenship and Immigration Critic Olivia Chow (Trinity-Spadina) and NDP Employment Insurance Critic Yvon Godin (Acadie-Bathurst) introduced changes in the House of Commons to eliminate the damaging provisions from Bill C-50.

"Immigrant communities want us to actively fight against C-50 and

it's dangerous sweeping changes," said Chow. "They don't want their elected representatives to roll over, stay silent, or run away when it's time to vote. We won't be packing up early to take a summer holiday."

As for Yvon Godin, he warned that the establishment of the Employment Insurance Financing Board is a dangerous idea: "The government is not simply creating a Financing Board; it is doing this to disguise the \$54 million or so it has stolen from workers. Unless we want to be its accomplices, we must fiercely oppose this bill. This is the NDP's position," stated the MP.

"When the Conservatives rejected the thirteen amendments the NDP put forward in Committee to set the Board on the right track, we realized that this bill would not be in Canadians' best interests. We also saw the Liberals' true colours as they also rejected our amendments. How can they refuse to treat workers fairly by improving the quality of and access to benefits, as the NDP is demanding?" charged the NDP MP.

The Liberal MPs on the Finance Committee called for the bill to be passed quickly and the Liberal-dominated Senate has already begun its consideration of the bill to pass it and begin the summer recess as soon as possible.



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