

"Pista sa Nasyon" July 27

The 8th annual town festival dubbed as "Pista sa Nasyon" will be held at McKenzie King Park on Sunday, July 27, 2008 from 8 a.m. to 8 p.m. The Philippine Association of Montreal and Suburbs (FAMAS), the oldest and biggest Filipino association in Montreal, is coordinating the town festival headed by its president, Claro Bermudez and the chairman of the event, Mr. Flor Rillo. Different associations and local businesses are invited to participate. Tents are rented to be used like exhibition booths to display products or merchandise. In the case of associations, they can give out information about their projects and recruit memberships, serve different kinds of Filipino food, to visitors including political leaders and dignitaries from government such as the local boroughs and municipal government. This is an example of Filipino hospitality which is known



worldwide.

The "Pista sa Nasyon" is similar to the festivals of other ethnic communities. In focusing on the cultural heritage of the Philippines, various organizations contribute entertainment numbers such as folk dancing, martial arts, singing, and the traditional selection of the town muse or "Mutya ng Nasyon 2008." It is one of the highlights of summer activities in the Filipino-Canadian community in Montreal that seems to serve as a unifying force as this year's theme suggests "sama-sama tayo" (let's get together.) More than a thousand people usually come to watch the cultural presentations, meet their friends and neighbors, and enjoy the pleasant break from their daily routines. So if you want to taste the different flavors of Philippine cultural heritage, do not miss this coming festival at Mackenzie King Park. After all, it is part of the summer tradition in Montreal where almost every ethnic group has its own cultural festival. As far as Filipino-Canadians are concerned, the "Pista sa Nasyon" is one of those events not to be missed and must be supported to show our community spirit and exemplify our traditional world class hospitality.

Cavite Province PAGE 6



Contents

Cooperative News	p. 3
Tourism	p. 6
Earth Talk	p. 10
Philippine Cuisine	p. 11
Community News	p. 15
Home Business	p. 16
Global Perspectives	p. 17
Showbiz Gossip	p. 18
Classified Ads	p. 20



Be a C.I.T.R. (certified int'l trade professional)
 Register now at Gilmore International College - Call 514-485-7861

Filipino Coop invites all associations to a community potluck picnic August 3



First delivery of fresh vegetables from the farm was donated by Martin Riendeau and his wife, Marivel who are also Coop members. Four of the 5 members of the Coop's board are shown holding a head of cabbage: Salvé Despréz, Ben Bade, Joy Estabillo, and Zenaida Kharroubi. Vicky Laya, the 5th member of the board is out of town and not included in this photo. Others in photo are Rosa Basilan, the Coop's cashier, and a customer. (Story on page 3)

EDITORIAL

A green plan - why should we care about it?

Have you been following the debate about what to do with the carbon emissions that adversely affect our environment? Which political party has the best idea of controlling carbon gas emissions?

Stéphane Dion recently released his platform on how to handle the problem of pollution by introducing the so called "Green Shift."

Many opinions and comments of experts and political opponents alike have been expressed. However, we can never be certain which political party will really have the right solutions to a global problem, and we wonder if many people really care to know more about the Green Shift plan. Do they try to find out what the alternatives are?

It has been pointed out that the Conservatives do not have a comprehensive plan to combat gas emissions. Having a plan and be criticized for it, is probably better than not having one at all. It seems this is the reason why the Liberals introduced their "Green Shift" plan last June 19, 2008 which Steven Harper sharply criticized as "ridiculous" as he says it will bring prices up and that he does not believe it to be "revenue neutral" at all. On the other hand, Stéphane Dion in his message about the Plan, states: "The Liberal Green Shift plan is as powerful as it is simple. We will cut taxes on those things we all want more of such as income, investment and innovation. And we will shift those taxes to what we all want less of: pollution, greenhouse gas emissions and waste. We need to make polluters pay and put every single penny back into the hands of Canadians." Although this plan sounds good, not many people have really analyzed it enough to understand how it works. Is it true that global warming is a man-made phenomenon? Or is it inevitable that we have a natural warming of the planet as time goes by?

In order to know the answers to these questions, and to discuss them properly, we need to acquire more knowledge which we can get from reading, listening, and reflecting on the issues that they relate to. As there are all kinds of sources of information, we must also develop critical thinking skills so that we can

learn to distinguish facts from opinions. Besides, our politicians will naturally try to show their policies are better, and it is up to us the electorate to go out of our way to know the truth. We need to care enough to understand the issues so that we can use our power to vote the right people who can represent our interests. As we reflect on the problems we face, we realize that we also need a deeper understanding of our role as an individual consumer of goods and user of energy. It has been stated in studies after studies, that each person has a carbon print because all human beings produce carbon emissions, but there are things we can control, for example, we can help reduce other carbon producing activities by scaling them down. We can all reduce the use of cars by taking public transportation, use less energy by using energy efficient products, lowering our thermostat by a degree, by participating more actively in recycling bottles and plastics, composting kitchen garbage and using the compost in our gardens, and keeping up-to-date with green technology that is being developed constantly by our scientific labs and institutions of higher learning.

While we have the technology to explore other planets, we have not yet discovered how to control the weather which is said to have been caused by people's long term abuses of nature. Needless to say, it is indeed up to each one of us to know that we all have a stake in the development of a green plan, by whoever and whatever party can develop it. We just have to learn to be better informed before casting our vote. Moreover, we must be more active in promoting a green way of living and be aware of how we all can contribute to the solution. We can no longer afford not to do so. After all, there is no other planet yet except this one that we are presently living on.

Zenaida Ferry Kharroubi

Your participation in the potluck picnic on Sunday, August 3 at 11 a.m., Beaver Lake will be greatly appreciated.

The North American Filipino Star SUBSCRIPTION

Name _____	
Address: _____	
Telephone: Residence: _____ Office: _____	
<input type="checkbox"/> 1 year (12 issues) \$20	Subscribers can give a gift subscription at 10% discount.
<input type="checkbox"/> 2 years (24 issues) \$35	Please use the same form and indicate it is a gift subscription. <input type="checkbox"/>

www.filipinostar.org



FILIPINO SOLIDARITY COOPERATIVE
Coopérative de Solidarité Filipino
Store Hours: Mon. - Fri. - 9:30 A.M. to 8:30 P.M.
Saturday - 11:30 A.M. to 8:30 P.M.

4711 Van Horne Avenue, Montreal H3W 1H8



Store shelves are being filled up with merchandise. Members should visit the store more often to see the improvements being made. The new management is working hard to offer better prices and a variety of choices.

Do you want to earn 5% interest on your funds you do not need right away? Invest in preferred interest-bearing shares.

Gift
certificates are
now available -
Please order by calling us

Watch out for the opening of our fresh meat and vegetables section soon!



The store is now open in the morning during the summer. If we have more members who can volunteer, we can keep the store open longer to serve you better.

Starting July 14, 2008, our store hours are 9:30 A.M. to 8:30 p.m., during the summer but can be extended if we have more volunteers.

Order lechon by Thursday each week, delivery on Saturday at 12:00 but we need a minimum order of 15 lbs from members.

THE FILIPINO COOP
(formerly known as Divisoria Cubao)
owned and operated by members
under new management.

THE NORTH AMERICAN FILIPINO STAR

4950 Queen Mary Road Penthouse
(5th Floor) near Snowdon Metro
Montreal, QC H3W 1X3

Tel.: 514-485-7861

E-Mail: marketing@filipinostar.org

Zenaida Ferry Kharroubi
Chief Editor & Publisher
Jean Janete Aguilar
Jerry Estrada
Lina V. Fernandez
Dr. Victor Gavino
Prof. Isaac Goodine
Alvin D. Veloso
Contributors

Sam Ferry
Assistant Editor
News & Tourism
Bert Abiera
Founder

Hilda T. Veloso
Community News
Mary Joy Lizarondo
Sports News
Nida Verginom Butaran
Sales Representative

Opinions, comments of writers and columnists do not necessarily reflect that of the management of Filcan Publications, Inc.

COOPERATIVE NEWS

The whole community is invited to join the Filipino Coop's potluck picnic at Beaver Lake, August 3

As it is difficult to talk to everyone by telephone or by letter, it is hoped that by inviting everyone to a picnic which is the customary way of enjoying summer will be a good way to communicate an important message - let's all join our efforts in working for our common goals such as improving our community's economic development. Through the pages of this newspaper, we are inviting all our members as well as

views as to the viability of the Filipino Coop. during their picnic last July 12 where I was invited by their PRO, Mr. Reuben Santos who introduced me to their president, Ms. Precy Nombardo. After meeting with the board of directors, it was decided that we will try to accommodate their requests to give incentives to members in order to encourage more people to buy and become members.

In addition to my plan of



From left: Magnolia Camat, volunteer cashier, Rosa Basilan, the Coop's new employee, a customer, Dawson College students Michelle Esperon with her daughter, and May Gene Suni, who are presently working on the Coop's accounting records.

members of all associations to join us on Sunday, August 3, 2008 at Beaver Lake park (second parking area) for a potluck picnic. The Filipino Coop's board of directors will be in charge of preparing the site like making sure that there are picnic tables by going there early in the morning so that when people come, they have a place to hold the picnic. We will also have some activities planned for the day from 11 a.m. to 4 p.m. One of the suggested activities is to have some games and the selection of the first muse of the Filipino Coop. Important announcements will also be made like the introduction of new benefits of membership which is in response to the feedback I received from the Filipino-Canadian Tennis Club Association of Quebec. In this regard, I wish to express my appreciation for their frankness in expressing their

writing a letter to all association presidents to seek their cooperation in encouraging their members to invest in the Coop, we accepted the offer of FAMAS through its president, Claro Bermudez to rent a tent during the "Pista sa Nayon" festival on Sunday, July 27, 2008 at MacKenzie King Park where we will disseminate more information about the Coop in order to recruit members. Mr. Art Cortez, a real estate inspector, and a Coop member, volunteered to defray the expense for the banner which will be used during the festival.

The Filipino Solidarity Cooperative, now known as the Filipino Coop instead of its former name, Divisoria Cubao, is still in business, alive and well, in spite of some negative reports and doubts of some people. I am happy to note that there are also others with a different



When new stock was received on Monday, July 14, Edlord, the husband of Michelle, did the heavy job of lifting boxes as well as arranging products on shelves.

view and who are as optimistic as I am, in particular, students and some teachers of Gilmore International College are all willing to be involved in the development of the Filipino Coop. It has been over two years since July 2006 when the first president, Jose Gaviola, left suddenly. The reasons for his departure are now well known as it was reported in the Filipino Star way back in January 2007. The members of the new board of directors, with the exception of one member who had already indicated a plan to leave for some personal reasons but has not yet submitted a letter of resignation, are determined to keep the Coop open and are willing

Dawson College, May Gene Suni and Michelle Esperon, who offered their services to be volunteers at the Coop for one month and may even continue beyond this time if they have some time available. They started on July 14, 2008 and will be doing the accounting work left by our previous bookkeeper. They are also fulfilling the practical experience requirement of their accounting program. Mrs. Barbara Dayton, their stage coordinator, approved their choice of the Filipino Coop to do their practicum. As part of my obligation, I have to be available to them in order to guide them in their work. Just like any full time employee, they report for



Part of the donation of fresh vegetables from the farm of Martin & Marivel Riendeau. They want to give these as samples to introduce their produce to the Coop's members.

to contribute their time and effort. They are all involved in taking measures to improve the Filipino Coop in many ways - from its competitive pricing of different products to its continuing cash control.

In response to the articles that I continue to write every issue in this paper, we have two students from

work for 8 hours a day, starting from 9:30 a.m. at my request until 5:30 P.M. This arrangement is good for the Coop for it is now open early in the morning until 8:30 p.m. because our paid employee/cashier, Rosa Basilan, reports for work from Monday to

See Page 4 The Filipino Coop



Filipino Dentist
DR. GENE SANTANDER
 DENTAL SURGEON/CHIRURGIEN DENTISTE
 5165 Queen Mary Rd., Suite 304
 Montreal, Quebec H3W 1X7
TEL. (514) 484-3110



From page 3 Cooperative News

Friday from 12:30 to 8:30 P.M. For lack of volunteers, I have to spend a lot of my time doing volunteer work at the Coop, but I am hoping that one day soon, some members with a generous heart will come to my rescue. Actually, my own business is getting affected by my involvement with the Coop but I know I can not give it up for everything will be wasted if I do not continue. I hope that the people who read this article and who have some time in their hands, will sign up and be willing to work as a volunteer for the time being, and who can replace me on Saturdays from 11:30 a.m. to 8 or 9 p.m. to keep the store open for as long as there are customers. On Sunday, the store is open from 1 to 8 p.m. and operated by either Magnolia Camat, or Ben Bade. Volunteers must be also members so that they can have a stake in the success of the Coop. They will be given some training before assuming their positions in the store. Ideally, there should be at least 2 or 3 people at a time to operate the cash and check that products are properly priced and displayed. The store has enough merchandise and can make money if only it is open longer and if all members will come to buy at least \$10 of groceries weekly. It will also help if we have enough qualified volunteers who are knowledgeable in operating a business and who are willing to give some of their time freely in contacting our members and reminding them to come and buy their groceries, or whenever we have something new to attract more customers to the store.

After reading my article calling for investors, Estela Domingo, one of our members, recommended someone who can do a new business plan which is needed in making an application for loans, grants and other forms of subsidies. At the last board meeting, we discussed the proposal of Mr. Eli Ebot, Managing Director and a business analyst of a company called Analysis for Action, Inc. based in Ottawa. After some discussions, it was agreed to make a counter offer to his proposal. If he accepts our counter offer, the business plan can be produced as quickly as possible and then he will work on the first project for wage subsidies which is our priority in order to have the personnel needed to run the store properly. Mr. Ebot will charge for his services upon successful completion of the project at 5% of its value.

On Monday, July 14, we received new merchandise from Toronto and many bags of rice from a supplier in Montreal who gave us credit of two weeks term. Hence, we put the rice on sale in order to pay for it quickly. On the other hand, the Toronto suppliers are still to be convinced to give any credit so I had to use my own personal credit line to buy from them. Just as I had done over the past two years, it is my own credit line that is keeping the Coop open but to be honest, I cannot be doing this forever as the store belongs to the whole community of members. I would

like our fellow citizens to realize that each one of us should have some interest in doing something for others. I believe that by doing so, we will have the satisfaction of building an enterprise that will benefit not only ourselves but most of all, our future generations. After all, it is only a small amount of money that we are asking each member. Since January 2008, I have recruited about 50 new members who are mostly my students, a bank manager, Dr. Gene Santander and Amy Manon-og, a teacher in my school. Ironically, I find it more difficult to convince our well-heeled fellow citizens to give \$100 investment in the Coop. However, I must mention that the Pelausa family is an exception as they all readily signed up last year when Dr. Emmy Pelausa happened to pass by the store.

In order to sell our stock faster, I offered my services to deliver vegetables, fish and rice to Cuisine de Manille (formerly Pearl of Manila) that relocated on Victoria Avenue. I am happy to say that the owners have expressed a firm support of the Filipino Coop and they are willing to buy from us regularly. I think other Filipino-owned restaurants can also benefit from being a member because they will not only get a rebate but also better prices than other stores. Effective August 1, 2008, all members will now get a 2% discount for every \$100 purchase. They can accumulate their receipts and apply this 2% discount equivalent to \$2 off that can be used to deduct from their next purchase. This can be gradually increased when the Coop becomes more profitable.

I am quite optimistic that our fellow citizens will be convinced eventually to patronize the Filipino Coop. I see no reason why they will not. We are doing everything possible to complete our merchandise offering by procuring the necessary equipment for fresh vegetables and fresh meat. Hopefully, in about a month, we can convince more people to become members in order to build up not only our cash flow but also our customer base. Without any doubt, the Filipino Coop is here to stay and will become the community's economic nerve center. With the cooperation and support of all members, and the community at large, there is no reason to fail. We also want to ask more patience from those who have not received payment of their Paluagan. We will give them our priority attention when we get the funds to do so.

Meanwhile, I hope that you will all come in great numbers to join us in our picnic on Sunday, August 3 at Beaver Lake Park. I believe that this activity is essential in building up a true community spirit, camaraderie and goodwill to all our kababayan. Like the theme of this year's Pista sa Nayon, "magsama-sama tayo" and I want to add "upang lumigaya ang ating bayan." (Let's all be together in order to create a happy community.).

Zenaída Ferry Kharroubi
President, Filipino Solidarity
Cooperative, Inc.

Social Dance Party for the benefit of the Filipino Solidarity Cooperative, June 27, 2008



First prize donated by Ms. Sandra Wong, won by Rick Marcelo who signed up for membership during this evening.

Montreal, June 27, 2008 - The social dance party sponsored by the Foundation for Greater Montreal was the idea of Salvé Desprész who believes that it is good to help the Filipino Coop in every possible way to keep it open. In spite of the small attendance, a modest amount was realized. An exact amount of proceeds is not yet formally reported at press time but a statement will be available for anyone's perusal later on.

We wish to thank those who supported us, in particular, Ms. Sandra Wong of Centre Funéraire Cote des Neiges and volunteers who helped set up the hall and assisted in the clean up. We thank also the DJ, Jason Dimayuga, who donated part of his fee to the Coop.



Salvé Desprész who organized the party for the benefit of the Coop is flanked by two door prize winners



Another happy door prize winner poses for souvenir with Salvé and another guest.



Whatever it is, it's nice to win something as this gentleman may be thinking.

Bold Liberal Green Shift Will Benefit All Canadians

June 19, 2008

OTTAWA – The Liberal Party of Canada's plan for the environment and the economy is a Green Shift that will cut income taxes, put a price on pollution, fight poverty and position Canada to be a leader in the 21st century global economy, Liberal Leader Stéphane Dion announced today.

"Canadians know that we need to be bold, not blind, to the challenges we are facing today, especially climate change," said Mr. Dion at the unveiling.

Calling his plan "as powerful as it is simple," Mr. Dion said, "the Liberal Green Shift will cut taxes on those things we all want more of – such as income, investment and innovation – and shift those taxes to what we all want less of: pollution, greenhouse gas emissions and waste."

"Our plan makes important changes to the tax system that are broad-based and progressive. We need to make polluters pay and put every single penny back into the hands of Canadians," he said.

Upon forming a government, Liberals will put a price on fossil fuels, like coal and natural gas, starting at \$10 per tonne of carbon dioxide and rising to \$40 per tonne over four years.

No new taxes will be levied on gasoline at the pump, since there is already an excise tax in place which equates to \$42 per tonne of carbon dioxide.

Using the revenue generated through carbon pricing, a new Liberal government will implement measures like:

- Significant cuts to the first three marginal rates of income tax;
- A new, universal child tax benefit worth \$350 per child, per year, on top of all existing child benefits;
- An \$850 increase to the employment tax credit, which will also be made refundable and targeted at lower-income Canadians;
- A more generous Working Income Tax Benefit to help Canadians over the welfare wall;
- Additional tax credits and incentives for business to encourage innovation and green investment;
- An increase to the Northern Residents Deduction, and indexation going forward; and
- An immediate Green Rural Credit worth \$150 for every rural tax-filer.

In addition to the Green Shift, Liberals will offer targeted benefits financed from the existing fiscal framework to help lift low-income Canadians out of poverty, including a \$600 increase to the Guaranteed Income Supplement for seniors, and benefits for low-income Canadian

families.

The Green Shift will be part of a broader environmental plan to help Canadians reduce their environmental footprint, become more energy efficient and save on energy costs. It will include complementary regulations and incentives such as home retrofits, energy efficient appliances and vehicles, and low carbon farm and forestry practices.

As a result of these measures, by the fourth year of the plan a two-earning family with two children and a combined income of only \$20,000 will receive a benefit of almost \$2,400. A family with two children earning \$40,000 a year will save nearly \$1,900, and a family with two children earning \$60,000 will save over \$1,300, as will a family earning \$80,000.

"Our plan is designed to benefit all Canadians, not select groups, so that everyone can participate in the new economy while contributing to the fight against climate change," said Mr. Dion.

Businesses will also have their tax rates cut so they can invest more money in their own practices, reduce their own polluting and increase their energy efficiency. In year four of the Liberal plan, the general corporate rate will be reduced by one point, as will the small business income tax rate.

It will also set aside \$600 million to allow accelerated capital cost

allowance rates for investment in industrial technologies that reduce greenhouse gas pollution and significantly improve energy efficiency. And to further help private sector investments in research and development, the Science, Research and Experimental Development (SR&ED) tax credit will be more broadly available.

To assure Canadians that this plan is not a tax grab by government – that it will be revenue neutral – Mr. Dion said the Green Shift plan will be enacted into law and the Auditor General will be mandated to review it annually.

"The Liberal Green Shift plan will accomplish multiple goals: it will make real progress in the fight against the climate change crisis, while encouraging energy efficiency in the face of skyrocketing energy costs; and it will make our economy more competitive, while helping to decrease poverty," concluded Mr. Dion.

All Members of the Filipino Solidarity Cooperative as well as members of all community associations are cordially invited to a potluck picnic at Beaver Lake Park Sunday, August 3, 11 a.m.

Tribal farmer surrenders, admits killing Philippine eagle

July 18, 2008

A farmer has been detained by southern Philippines police after he confessed to shooting and eating one of the world's largest and rarest eagles, wildlife officials told AFP on Friday.

The July 10 attack on the two-year-old, four-kilogram (8.8-pound) male eagle on the slopes of Mount Kitanglad on Mindanao island was deemed a major setback in attempts to save the critically endangered species from extinction.

The bird, nicknamed "Kagsabua", had only been released back into the wild four months earlier after it was shot and wounded with a lead pellet by game hunters in the Kitanglad range.

A radio tracking device attached to the eagle and later buried by the 20-year-old suspect led to the arrest on Wednesday, officials said.

Killing endangered species is punishable by a 12-year prison term and stiff fines.

Fewer than 250 adult *Pithecophaga jefferyi*, with a two-metre (6.6-foot) wingspan and magnificent mantle of feathers on its nape, are estimated to be left in the Philippines, and are found nowhere else, according to the International Union for the Conservation of Nature.

"He was worth more than a brother to me," said a devastated Philippine Eagle Foundation biologist Giovanni Tampus, part of a four-member team who had tracked the bird daily after its release back into the wild.

Kagsabua was the second Philippine eagle to be killed after being released by the foundation.



An endangered Philippine Eagle nicknamed "Kagsabua", a tribal word meaning "unity," is seen in the forest of Kitanglad national park in Bukidnon province. A farmer has been detained by police after he confessed to shooting and eating "Kagsabua" one of the world's largest and rarest eagles.

"The suspect told police he thought it was an ordinary bird," Daniel Somera, the deputy park superintendent of Kitanglad, told AFP.

"The bird fell off the tree dead. The shooter got rattled when it found the radio transmitter on its back and so he buried it. But he and two friends later dressed the carcass and cooked two kilograms of meat," Somera added.■

THE CAREGIVERS NIGHT

Presents

CONCERT! CONCERT! DISCO! DISCO! AFTER CONCERT!

EVERYBODY IS WELCOME with

"LAKI SA LAYAW JEPROKS"

MIKE HANOPOL

THE KING, THE LEGEND AND THE ENDANGERED SPECIES WITH HIS NEW ALBUM LAGABLAB!



Venues:

**ST. KEVIN SOCIAL HALL
5600 COTE DES NIEGES
AUGUST 2, 2008 SATURDAY
@ 7 PM
TICKET GEN. ADMISSION: \$20**

**BARMECS
JULY 26, 2008 SATURDAY
@ 8 PM
AUGUST 16, 2008 SATURDAY
@ 8 PM**

Sponsored by:

GEORGE-BRYAN AND LORD FOUNDATION
1995 Ward Street
Saint Laurent, Qc H4M 1T3
(514) 747-1572
Aupair International
Job Placement & Immigration Services
Call Merlyn: (514) 731-3314
Cell: (514) 836-5143

The Magical Nannies International
Caregivers/Nannies Services
Call Julie: (514) 747-1572
Cell: (514) 651-1772

Phil-Group Services International, Inc.
Solutions for all Caregivers needs
Call Carrie: (514) 344-2500

TOURISM

CAVITE PROVINCE

A Place With A Glorious Past



The province of Cavite abounds with great objects, and subjects, of culture and history. It is the birthplace of a good number of Filipino heroes and it has an interesting range of sites associated with the Philippine Revolution of 1896. Found in the province is the residence of the first president of the republic, **Emilio Aguinaldo**, which is also the site where the Philippine Republic was proclaimed on June 12, 1898.

Located 34 km south of Manila, Cavite teems with natural resources and fantastic landscapes. It is home to **Tagaytay City**, the Philippines' second summer capital, next to Baguio City. The accessing highway offers a breathtaking sight of the world-famous **Taal** formation, a crater within an island

among these popular first class resorts complete with modern facilities.

Cavite stands proudly as a place with a glorious past. Its warm and friendly people, whose ancestors fought for a noble cause, manifest industry and patience in various skills and professions, openly receptive to the entry and exchange of culture and technology that are of value to this wondrous province.

The majority of the 2 million strong population speak Tagalog while those in Cavite City and in some areas speak Chabacano. English is considered as the second language and is widely used as medium of communication in business and higher education. Other indigenous languages are Waray, Bicolano, Cebuano, Ilokano, Pangasinense, and Hiligaynon. Chinese and Spanish are also spoken by some local residents.

Tourist Attractions

Cavite's highest elevation is **Tagaytay City**, a heavenly place overlooking Taal Volcano, with its' cool climate and peaceful atmosphere. Most people who visit Tagaytay go to **Picnic Groove** for picnics and sightseeing.



La Pieta, located in Tagaytay City



Gen. Emilio Aguinaldo Monument

within a lake. Coconut groves dot the ridges of Tagaytay and classy accommodations give the visiting tourists the pleasures of relaxation, and at the same time, wide opportunities to enjoy the magnificent view of Taal.

Puerto Azul and **Caylabne Bay** in Ternate, and **Island Cove** in Kawit are



Pico De Loro

The overlook at **Taal Vista Lodge** offers a spectacular view of the volcano (about 15 km distant) and lake. Boat rides around the volcano island are also available for those who wish to go volcano trekking.

Popular festivals include the **Maytinis Festival** celebrated every 24th of December in Kawit and **Pahimis Festival** in Amadeo which is a thanksgiving celebration taking place



Maytinis Festival celebrated every 24th of December in Kawit featuring the re-enactment of Joseph and Mary's search for a place to stay the night Christ was born in Bethlehem



Pahimis is a thanksgiving celebration for bountiful coffee harvest in Amadeo Cavite. During the parade, colorful costumes with coffee cherries are worn as people dance in the street.



View of Taal Volcano from the beautiful & popular Tagaytay Picnic Grove.

in late february.

Corregidor Island, also called "The Rock", is another popular tourist attraction. It features the remains of the gallant last stand made by Filipino-American troops against the superior invasive forces of the Japanese Imperial Army, an event which came to be written in history. It is the largest of the five islands guarding the entrance to Manila Bay.

Gen. Emilio Aguinaldo Shrine

The town of Kawit played an important role in Philippine political history. The proclamation of the Republic of the Philippines was made in this town on the balcony of the home of Gen. Emilio Aguinaldo. Now a national shrine, it was in this house where the Philippine flag was first unfurled. Emilio Aguinaldo became the first president of

the Philippine Republic.

La Pieta - At the back of Pink Sisters Church in Tagaytay City is this large statue, a depiction of the famous "La Pieta." It is arguably one of the most famous rendition of Mary and Jesus. It is especially significant during Lent when the Philippines begins to observe the Passion, Death and Resurrection of Jesus Christ. The Pink Sisters' Church is famous for its piously prayerful nuns who are in pink traditional nun's clothing. They ceaselessly pray for the petitions that the faithful submit to them via small window on the side of the Church.

Pico de Loro offers a magnificent 360 view from the summit. Facing the sea on the north-eastern side of the Manila Bay area., you can actually see ships passing by. ■



Taal Volcano , nestled in Taal Lake, viewed from the ridge of Tagaytay City



View of Taal Volcano from Leslie's Restaurant, a good place to dine and appreciate the stunning beauty of the surrounding landscape.



Cavite Castle, Tagaytay City, Cavite.



This is the Amadeo church located at Amadeo, Cavite. Amadeo is the coffee capital of the Philippines



Basilica De Taal



This is the kind of boat that take passengers to Taal Volcano to see the crater.

Philippine Central Bank sees room for Philippine president confident oil and food price crisis will be overcome

July 22, 2008

The Philippine central bank, which raised its benchmark interest rate by the most in more than seven years last week, has room to tighten monetary policy, Governor Amando Tetangco said on Monday.

"Present conditions provide latitude for monetary policy, with the buoyancy of aggregate demand suggesting room for a measured policy response," Tetangco told reporters in Manila.

"Appropriate rate hikes could reduce the long-term cost to output growth from prolonged inflation, which will be very corrosive to growth."



Philippine central bank governor Amando Tetangco gestures during a forum of the Foreign Correspondents Association of the Philippines (FOCAP) in Manila's Makati financial district July 23, 2008

Central banks from Vietnam to Pakistan, who have increased borrowing costs this year at the risk of stifling expansion as a US slowdown hurts growth in the region, may need to do more to cool prices.

The International Monetary Fund last week warned rich and poor countries alike that higher interest rates may be necessary to combat accelerating inflation.

Bangko Sentral ng Pilipinas raised

the rate it pays banks for overnight deposits by half a percentage point on July 17 as it forecast inflation will



An employee lowers the peso-to-dollar exchange rate at a money changer in Manila July 23, 2008. The peso has fallen more than 6 percent so far this year and is one of the region's worst performers against the dollar, adding to pressures exerted by imported commodities.

exceed last month's 14-year high.

Growth probably accelerated to 5.6 per cent in the second quarter from 5.2 per cent in the first three months, it said.

Inflation, fuelled by record oil and rice prices, was 11.4 per cent in June. The rate may peak at 12 per cent in October, the central bank said last week. The Philippines buys almost all its oil from abroad and is the world's biggest importer of rice.

Last week's rate increase was the second in as many months. Bangko Sentral holds its next monetary policy meeting on August 28.

Peso could gain 6%

The Philippine peso may rise six per cent by year-end as overseas workers send more money home and the central bank raises interest rates, said Jose Sio, chief financial officer at the holding company of billionaire Henry Sy.

The currency will climb as high as 42 per dollar by December 31, said Sio at SM Investments, which owns the Philippines' largest shopping mall operator and its second-biggest local bank. ■

July 19, 2008

Philippine President Gloria Macapagal-Arroyo Saturday expressed confidence that the crisis caused by soaring oil and food prices will not hamper economic growth of the Philippines, according to a report by the official Philippines News Agency.

In a meeting with a local press organization, Arroyo said she will focus her annual speech to the joint session of the Congress on July 28 on the theme of how to overcome the crisis caused by high oil and food prices, according to the report.

"There is a challenge to the world. The Philippines has prepared itself for that challenge. We have a plan to address it. At the same time, we are not losing track of our transformation of our economy. The resources we have can meet the challenges and allow us to stay on track. The Philippines offers the best value for investments," the report quoted Arroyo as saying.

Arroyo said that the Philippines has lower inflation rate than Indonesia and Vietnam, and that while some other developing countries are

experiencing recessions, the country's economy is still growing with an above 5 percent rate.

She also said she will not remove the 12 percent value added tax (VAT) from oil products, which some critics have blamed for high oil prices.

She said that with the global challenge of unstoppable food and oil prices, her economic advisers have suggested that the country needs more than ever the revenues from the VAT on oil and petroleum products.

Arroyo also said she would continue distributing cash aid and subsidies to the poor to help them pay for electricity and school fees.

The Philippines has been hit by soaring oil and food prices, resulting in a 14-year high inflation rate of 11.4 percent in June.

With public discontent mounting over soaring inflation, a recent survey also showed that Arroyo's popularity rate has fallen to the lowest for all Filipino presidents since 1986, the year when former President Ferdinand Marcos was toppled. ■

Palace downplays Arroyo's negative ratings

July 18, 2008

"It's lonely at the top."

Thus said Malacañang Friday as the net satisfaction rating of President Gloria Macapagal-Arroyo in the second quarter Social Weather Stations survey among Filipinos from June 27 to June 30 plunged to a record low of negative 38 percent.

Arroyo's net rating fell to a new record-low for presidents since 1986, surpassing her previous record of negative 33 in May 2005, but Malacañang insisted that she's still indispensable to the country.

"It's lonely at the top (but) where else shall the people look for relief but from the President and government?" said one of her deputy spokespersons, former Palayan, Nueva Ecija Mayor Lorelei Fajardo.

Also quick to defend the President, Secretary Cerge Remonde said in a text message that the President was only "paying the high price" for pushing for the enactment of the expanded value-added tax (eVAT) and other "very unpopular issues."

"To whom much responsibility is given, much is required. It's never easy to be president of the Philippines," said Remonde, chief the Presidential Management Staff which is the workhorse of the Office of the President.

He said the survey "result is obvious" due to the problems confronting the country brought about by the global food and energy crisis.

Remonde admitted that although Arroyo was still "sensitive to public opinion, she took an oath that requires her to do what is right and not what is popular. It's very unfair (to) a very

dedicated and hardworking president like Gloria Macapagal-Arroyo."

But this is part of the "burden of leadership that all leaders in the world," including US President George W. Bush, must carry, said Remonde.

In a series of text messages sent early in the day, Fajardo said the sagging popularity of Arroyo was caused by the global economic crunch.

"The dissatisfaction does not come as a surprise, as a country we are all suffering from the world economic downturn, factors beyond our control have seriously assaulted our economy and our way of life," she said.

The high price of fuel has tremendously affected the economy, but mitigated by the country's strong economic fundamentals in the past years, she said.

"We can only imagine how devastating the world fuel price crisis would have affected us. The sound economic and fiscal program of government has provided us with the necessary buoyancy that has so far kept us afloat in these rough seas."

"Popularity is not what is important at this time, much as it is desired, it is not what this administration is after, but rather the President and her economic team would rather buckle down to the nitty gritty of seeking ways to help cushion the effects of the world economic situation and just see to the immediate and effective implementation of programs to benefit our people."

"It maybe lonely at the top...but the President is committed to see us through these challenges," she said. ■



CPR COURSE

Schedule to be determined according to enrollment

Instructor:

Mitch Katz-Zeitlin

QHSF CPR instructor and co-owner of Urgences Reanimation

Organized by

Gilmore International College

Call 514-485-7861 to register.

All PSW (P.A.B.) graduates and other interested individuals are invited to register in this course

Tuition fees are tax deductible

Masks are available and can be purchased through Gilmore International College

A follow-up to this course is the PDSB (proper lifting techniques) to be organized soon. More information to be announced later.

Erap reaches out to typhoon victims in Negros Occidental

Controversial airport terminal finally opens

July 20, 2008

Ousted president Joseph Estrada on Friday brought assistance to 3,300 victims of Typhoon Frank in Northern Negros Occidental.

Estrada and Makati Mayor Jejomar Binay with former Senate President Ernesto Maceda distributed food packs to 1,500 families in Cadiz City, 1,300 in Sagay City and 500 in Manapla.

Maceda said the donations worth P800,000 came from Estrada and the city of Makati.

Each pack contains three kilos of rice, sardines, milk noodles, corned beef and candy.

Frank devastated the Cadiz City fishing industry leaving 48 dead and 82 fishermen still missing, Cadiz Vice Mayor Samson Mirhan said.

In Barangay Molocaboc, Sagay City, 100 houses were destroyed and 80 were damaged, Mayor Alfredo Maraño Jr. said.

Maraño said Estrada was distributing assistance to those who lost their houses and indigents in the area.

As early as 8 a.m., people waiting to see the Estrada gathered at the Cadiz public plaza for his noontime visit.

Estrada said many families in Cadiz lost their breadwinners with 82 fishermen still missing at sea and many more still reeling from the devastation, the nation should sit up and take notice.

Estrada said he would mobilize

his Erap para sa Mahirap (Erap for the Poor) Foundation to help. "I will help where I can," he vowed.

Estrada said he also called on the countries top 100 corporations to do their corporate social responsibility for the typhoon victims.

"I feel so bad seeing these people suffer," Estrada said.

He also delivered assistance to Frank victims in Panay and Romblon.

"We have helped about 200,000 families," he said.

Estrada also called on the media to highlight the plight of the typhoon victims to make the nation aware that they still need help.

Estrada said that even if he is no longer president, it his commitment to help the poor.

"It is the poor he watched my movies, voted me in to office and stood by me," he added.

Estrada said he was not trying to have a compete with President Macapagal-Arroyo. "Even as citizen Erap, I want to help the poor who patronized my movies and elected me to my office," he said.

Maceda said it probably was just coincidence that Ms Arroyo was going to places, such as Panay and Romblon, where they had delivered assistance.

"If our going to these places is triggering more relief from government, then that is good," he said. ■

July 22, 2008

The Philippines on Tuesday finally opened a new terminal at its main international airport after almost six years of delay due to a dispute with its builders, a German-led consortium. A pre-dawn flight to Caticlan airport in the central province of Aklan became the first to take off from the Ninoy Aquino International Airport (NAIA) Terminal 3 in Manila.

Caticlan is a connecting point for tourists going to Boracay Island, a favourite vacation destination known for its white-sand beaches.

Authorities said the NAIA Terminal 3 would operate only partially in the next six months to one year before it shifts to full domestic and international operations.

Tirso Serrano, NAIA 3 assistant general manager, said the new facility will handle eight inbound and outbound domestic flights daily for the first week.

So far, only Cebu Pacific Air, the second-largest airline in the Philippines, has moved to the new terminal, which has an annual passenger capacity of 13 million.

Serrano said other domestic airlines, such as Air Philippines and PAL Express, the budget unit of flag-carrier Philippine Airlines, will move operations to Terminal 3 next week.

"This terminal will be very productive," he said. "We remain consistent with our position, the terminal is safe and operable for passengers."

The facility was built by a

consortium led by Germany's Fraport AG under a build-operate-transfer contract with the Philippine government.


It was initially scheduled to be opened in December 2002, but this was canceled when the Philippine government decided to scrap the contract, citing anomalies in the agreement.



The government eventually won a battle in the Supreme Court and expropriated the facility in December 2004, triggering a dispute with Fraport and its local partners in international arbitration courts.

The Philippine government has paid 3 billion pesos (66 million dollars) to the builders as a downpayment for the facility's cost. A full appraisal has yet to be completed.


The builders claim the project's cost is 565 million dollars, but the Philippine government said the price should only be 305 million dollars because fixtures and other components were not completed. ■




**CENTRE FUNÉRAIRE
CÔTE-DES-NEIGES**

PEACE OF MIND

IS AN EVERLASTING GIFT...



*Our mission is to acknowledge
and respect the needs and
traditions of each individual family.*



Centre funéraire Côte-des-Neiges
4525, Côte-des-Neiges Street, Montréal (Québec) H3V 1E7 (514) 342-8000

RESTAURANT

LA MAISON NEW KUM MON

**6565 Cote des Neiges,
Montreal, QC (Corner Appleton)**

Bean Curd Seafood Soup 1/2 Crispy Chicken Salt and Pepper Pork Loin Stuffed Bean Curd with Shrimps Sautéed Seasonal Vegetables Steamed Rice	\$37.95 4 Persons
Bean Curd Soup 1/2 Crispy Chicken Shrimp Cake with Chinese Broccoli Sweet and Sour Pork Seafood with Bean Curd in Hot Pot Salt and Pepper Squid Fried Sea Bass Fish Steamed Rice	\$63.95 6 Persons

**5047 Henri Bourassa Est
Montréal, QC H1G 2S1
Tel.: (514) 322-3133, 322-3130**

Fish Maw Seafood Soup Baked Lobster with Ginger Seafood with Chinese Broccoli Salt and Pepper Cuttle Fish Fried Sea Bass Fish Steamed Rice	\$58.95 4 Persons
Fish maw seafood soup 2 Baked Lobsters with Ginger Seafood with Eggplant in Hot Pot Stuffed Bean Curd with Shrimp Seafood with Chinese broccoli Fried Sea Bass Fish House Fried Rice Special Fried Noodles	\$125.95 10 Persons

FREE DELIVERY
 Minimum order of \$10
 Delivery hours:
 11:30 a.m. - 3:30 p.m.
 5:00 p.m. - 11:00 p.m.

514-733-6029
514-733-1067
 For party menu, call Kenny

EARTH TALK

Questions & Answers
About Our Environment

Dear EarthTalk: How is wind power faring in the U.S. now? Is more of it coming on line and becoming a larger percent of the grid? And what about some of the highly publicized efforts to build wind farms, such as in Cape Cod, Massachusetts. Has that been approved?

-- Paul Howe, San Francisco, CA

recently suggested that wind has the potential to supply up to 20 percent of the nation's electricity.

Of course, the volatility of oil prices has helped wind energy gain its foothold. Once a wind farm is built, the fuel cost is essentially zero (as long as the wind blows), whereas fluctuating fossil fuel prices have made traditional power sources more costly and risky. Upping our reliance on wind power has also allowed us to lower our overall carbon footprint. If coal or natural gas were to be substituted to generate the electricity we now get from wind, it would put 28 million additional tons of carbon dioxide into the atmosphere every year. Wind power also saves water by not requiring the billions of gallons of water used to cool coal-fired

it
www.emagazine.com/earthtalk/thisweek/, or e-mail: earthtalk@emagazine.com. Read past columns at: www.emagazine.com/earthtalk/archive.s.php.
EARTH TALK

From the Editors of E/The Environmental Magazine

Dear EarthTalk: I am getting married this summer and was wondering if you have any tips on how to make the festivities greener?

-- Tara McCarthy, Los Angeles, CA

You know environmental consciousness has really taken hold when couples start to worry about whether their weddings will be green enough. But more and more people who care deeply about the planet view getting married as a chance to show off their values; so green nuptials make all the sense in the world.

To help remove the guesswork, many couples turn to wedding planners well versed in environmental issues. According to Idaho-based Angel Wedding Planners, every element of the wedding planning process can provide an opportunity to make choices that minimize waste and environmental impact. One of the easiest places to do right by the environment is in choosing invitations. Angel suggests going with tree-free or recycled paper, and also points out that a one piece folded design can save paper and envelopes.

In regard to feeding your hungry and thirsty guests, Angel recommends sourcing food and drink from local

can make a difference include: wedding attire (consider a dress rental or buying a used one and then reselling it); transportation (carpooling works for weddings, too, at least from the wedding to the reception); photography (those disposable cameras at every table are fun but they can be very wasteful); and wedding registries (there are numerous to be found through a Google search, or support a local green store).

Speaking of the Internet, many websites have sprung up in recent years to make the process of planning a green wedding easier. Valerie Edmunds, founder of Green Elegance Weddings, hopes her company can make an important environmental contribution by directing some of the \$25,000 people typically spend on a wedding toward greener products and services. Her advertising-supported website provides page after page of free useful information about eco-friendly wedding apparel, invitations, gifts, flowers, food and beverages, even the honeymoon. The site's Resource Directory contains links to a wealth of online information and to businesses and organizations that provide related earth-friendly products and services.

Those looking for even more virtual handholding might want to visit the website, OurWeddingDay.com, which provides dozens of free online tools (including an "RSVP Manager," Save-the-Date E-cards, a Gift Registry and an Event Manager) to help couples create the "ultimate green wedding from start to finish." The site also posts hundreds of articles from leading bridal



"If coal or natural gas were to be substituted to generate the electricity we now get from wind, it would put 28 million additional tons of carbon dioxide into the atmosphere every year." (Gettyimages)

Clean and green wind energy is the new darling of alternative energy developers, and the U.S. industry has been surging the past three years, especially as developers take advantage of government incentives—in the form of the so-called Production Tax Credit (PTC)—for erecting turbines and connecting them to the grid.

The non-profit American Wind Energy Association (AWEA) reports that, in 2007 alone, total U.S. wind power capacity grew by a new record of 45 percent, injecting some \$9 billion into the economy. These new installations provide enough electricity to power 1.5 million typical American homes while strengthening the nation's energy supply with clean, homegrown electricity.

According to AWEA, utility-grade wind power installations are now in operation across 34 U.S. states, generating more than 16,000 megawatts (MW) of electricity cumulatively—enough to power upwards of 4.5 million homes and to generate 45,000 new domestic jobs. But even with this growth, wind energy still accounts for just one percent of U.S. electricity supply. Continued growth apace with of recent years, though, should make it a major player in the American energy scene within a decade. President Bush himself

power plants, an increasingly contentious issue in arid areas with limited access to fresh water.

As for the contentious Cape Wind project proposed for Nantucket Sound in Massachusetts, the federal agency in charge, the U.S. Minerals Management Service, is sifting through tens of thousands of public comments and expects to make a final decision on the project by next winter. But even if they give it the green light, extensive permitting demands and legal challenges will likely hold up construction for years.

AWEA thinks that 2008 can be as much of a growth year as 2007 if Congress extends the PTC program. The Senate has already approved extending the PTC for at least one more year, but the House has yet to bring it up for a vote. Meanwhile, wind energy proponents are pacing the halls of Congress trying to persuade their Representatives that what's good for the wind industry is good for America.

CONTACTS: American Wind Energy Association, www.awea.org; Cape Wind, www.capewind.org; U.S. Minerals Management Service, www.mms.gov.

GOT AN ENVIRONMENTAL QUESTION? Send it to: EarthTalk, c/o E/The Environmental Magazine, P.O. Box 5098, Westport, CT 06881; submit



"Just about every aspect of a wedding is an opportunity to minimize waste and environmental impact." (Getty Images)

organic producers, if possible. Some caterers specialize in preparing and serving such items. Organic flowers (from local vendors or online via Organic Bouquet) are another way to make a green statement.

Another way to help ensure that your wedding is as green as can be is by avoiding disposable products wherever possible. Caterers should use real dishes, linens, cutlery and glassware, or rent them if necessary. Other areas where "green" decisions

magazines so brides can save paper by not having to go out and purchase any of the 135 or so foot-thick bridal magazines clogging the newsstands.

CONTACTS: Angel Wedding Planners, www.angelweddingplanners.com; Organic Bouquet, www.organicbouquet.com; Green Elegance Weddings, www.greeneleganceweddings.com; OurWeddingDay.com, www.ourweddingday.com.



Philippine Cuisine

Chayote guisado

Pinakbet



Ingredients:

2 tablespoons vegetable oil
4 cloves garlic, smashed
1 small onion, sliced
2 fresh tomatoes, sliced
12 cooked shrimp with heads
1 cup shrimp juice (extracted from heads and shells of shrimps)
1/2 pound ground pork
7 reg. chayote, peeled and cubed
1/2 teaspoon ground pepper
2 teaspoons salt

Directions:

Saute garlic in oil until golden brown; add onion and stir-fry until wilted. Add tomatoes and stir. Add the peeled shrimps, and stir. Add ground pork and stir-fry until brown and tender.

Add the chayote, stir and continue cooking. Add the shrimp juice (extracted from heads and shells of shrimps by pounding using a mortar and pestle), adding to it one cup of water. Stir until it boils. When chayote is tender, add pepper and season with salt. Serve immediately.

This recipe from CDKitchen for Chayote Guisado serves/makes 6

**Join the Filipino Coop's
potluck picnic on Sunday,
August 3, at Beaver Lake**

Ingredients

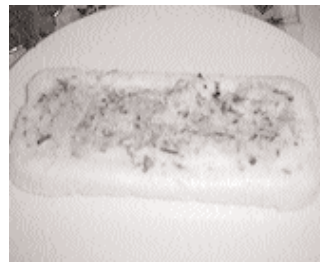
* 1/4 kilo pork with fat (cut into very small pieces)
* 3 tablespoons oil
* 1 1/2 cup water
* 2 medium size Ampalaya (cut into 8 pieces each)
* 2 medium size eggplants (cut into 8 pieces each)
* 6 pieces okra (halved)
* 6 pieces tomatoes (quartered)
* 1 small garlic head (minced)
* 2 small onions (diced)
* 1 small ginger (sliced)
* 4 tablespoons bagoong isda
* Pinch of pepper

Procedure

1. In a pan, cook pork until lightly crispy, set aside.
2. Saute garlic, onion, tomatoes, and ginger in the pork fat and mix in pork.
3. In a pot, boil water with bagoong.
4. Add in the pork and spices.
5. Add all the vegetables and cook.
6. Serve hot.



Fresh Chayote



Maja Blanca

1/2 cup cornstarch
1/2 cup sugar
1/4 cup water
2 cups coconut milk
3 cups grated coconut

Mix cornstarch and sugar in a bowl. Add water and stir. In a saucepan, bring coconut milk to a boil and gradually stir in cornstarch mixture. Boil for 5 minutes, until the starch is cooked. Pour into a buttered cake pan and let cool. Spread coconut on a baking sheet and toast at 350 F until brown (I just toast on a heated pan). Sprinkle cake with toasted grated coconut and serve.



Hours:
Mon.-Tues. Wed. 8 AM-5 PM
Thursday -Friday 8 AM-6 PM
Saturday 8 AM-5 PM
Closed on Sundays.

Fill up your freezer for the summer season.

Pork loin
Approximately
15 lbs

2.19 lb

Half or Whole
pork
Cut & Wrapped

1.35 lb

Home smoked
meat

8.49 lb

Fresh Belly
with skin

2.99 lb

Beef
Blade steak

2.99 lb

Front quarter of beef
Approximately 200 lbs

1.89 lb

Pork Spare Ribs

1.99 lb

Beef
short ribs

2.99 lb

Picnic ham
(with bone)

0.99 lb

Boneless leg
of ham

3.79 lb

1 litre of fresh
blood with purchase
when available
1/2 pork

Regular smoked
bacon

4.79 lb

10 lbs & over

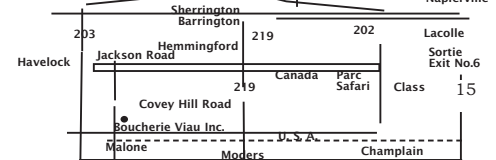
4.69 lb

St. Chrystostome St. Remi St. Edouard

Napierville

- Fresh pork blood
- Fresh bacon
- Fresh liver
- Pork skin

Available



83 Covey Hill, Hemmingford QC J0L 1H0
Tel.: (450) 247-2130 or (450) 247-3561

Dental Clinic

Dr. Rosario Ambayec, D.D.S.
Chirurgien Dentiste / Dental Surgeon

Comprehensive Gentle Dental Care for The Whole Family



- > Open Tuesday to Saturday.
- > Days & Evenings.
- > By appointment, Accept emergencies.
- > Free parking for your convenience.

(514) 731-6479

3535 Côte Ste. Catherine, Suite 1, Montreal, Quebec H3T 1C7
(corner Côte des Neiges)

ENTREPRISES
ED-DUMANDAN
ENTREPRISES

ENTERTAINMENT SERVICES

- Karaoke, Laser & Organ
- Sound System with Dancing Lights
- Video Services & Editing

- Airport Services Dorval & Mirabel
- Lipat Bahay Moving
- Projector

6460 McLynn Ave.
Montreal, Que. H3X 2R4
Tel. (514) 342-4100
Cell. (514) 891-0342
E-Mail: eddumandan@gmail.com



**NAGPAPADALA KA NG
PERA SA MGA MAHAL MO
SA BUHAY SA PILIPINAS...**



**NGAYON PWEDE
KA RIN MAGPADALA NG PERA
DITO SA CANADA AT SA U.S.**

Pwede na rin magpadala ng pera sa pinagkakatiwalaan mong Western Union sa loob ng Canada at maging sa U.S. Mabilis at maaasahan sa inyong perang padala saanman sa mundo.

**WESTERN
UNION** |
MONEY TRANSFER



westernunioncanada.ca

©2008 Western Union Holdings, Inc. All Rights Reserved. Individuals pictured are models shown for illustrative purposes only.

PINAKASIKAT NA MGA ARTISTA,
MAPAPANOOD LANG SA ABS CBN KAPAMILYA!



Panoorin sila at your own convenient time with **TFCKo** VIDEO ON DEMAND!

Subscribe na! Visit your nearest
authorized TFCKo Dealer or Call

1-800-345-2465

www.filipinostar.org



TFC on Demand

Can Arroyo reign beyond 2010?

By Artemio V. Panganiban



July 19, 2008

President Macapagal-Arroyo's present term expires on June 30, 2010. Can she legally extend her reign beyond that date? My answer: Yes, if our Congress, Supreme Court, Commission on Elections and people will agree to a revision of our Constitution.

Failed Cha-cha bid. Let me begin my thesis by recalling the most recent bid for Charter change (Cha-cha). In 2006, during my term as chief justice, the allies of the President, led by then Speaker Jose de Venecia Jr., launched a "people's initiative" to alter our form of government from presidential to parliamentary.

Armed with the alleged signatures of 6.3 million voters, the initiative's visible proponents—the "Sigaw ng Bayan" and the Union of Local Authorities in the Philippines (Ulap)—asked the Supreme Court to compel the Comelec to authenticate the signatures and to schedule a plebiscite to ratify their proposal.

However, the Court—by a close 8-7 vote—refused. It described the Sigaw-Ulap initiative as "a deception" and "a gigantic fraud" because the signatures were gathered "without first showing to the people the full texts of the proposed amendments." Equally important, a change from the presidential to the parliamentary system is a "revision, not a mere amendment" that cannot be authorized by an initiative.

The decision was penned by Justice Antonio T. Carpio, concurred in by Justices Consuelo Ynares-Santiago, Angelina Sandoval-Gutierrez, Ma. Alicia Austria-Martinez, Conchita Carpio Morales, Romeo J. Callejo Sr., Adolfo S. Azcuna, and yours truly. Since then, three (Gutierrez, Callejo and I) of the eight have retired.

On the other hand, the dissenting opinion was written by Justice (now Chief Justice) Reynato S. Puno, joined

by Justices Leonardo A. Quisumbing, Renato C. Corona, Dante C. Tinga, Minita V. Chico-Nazario, Cancio C. Garcia and Presbitero J. Velasco Jr.

Initiative—as a means of overhauling the Charter—is indeed problematic. Hence, I believe the Palace allies will not repeat the mistake of launching a new one. Neither will they avail of the more tedious constitutional convention (Con-Con). Furthermore, the Cha-cha proponents may not be able to elect enough partisans into the Con-Con, due to the low popularity rating of GMA.

Weapon of choice. I think their new weapon of choice will be the constituent assembly (Con-ass). Under this method, the shift to a parliamentary system shall be proposed by "Congress, upon a vote of three-fourths of all its Members." Per Article XVII of the Constitution, the proposal "shall be valid when ratified by a majority of the votes cast in a plebiscite which shall be held not earlier than 60 days nor later than 90 days after the approval of such revision."

The big question is whether the two houses of Congress shall vote jointly or separately. Voting separately, the Senate will—I believe—turn down the parliamentary shift. However, if the voting is done jointly—meaning that the votes of the senators and the representatives would be added and thereafter the three-fourths count obtained from the total—then the shift may get the needed majority.

How? GMA's ruling coalition lists more than 200 of the 240 House members. Hence, in a joint vote, even if all the 24 senators would align with the House's puny minority, the required "three-fourths vote of all Members" could still be obtained. Will the Senate agree to convene a Con-ass? It seems so. Sen. Aquilino Pimentel has already proposed to the Senate to tackle his plan for a federal system. Once

convened, nothing prevents the Con-ass from dancing the parliamentary Cha-cha.

The Supreme Court will ultimately decide the validity of a joint vote. Considering that the eight justices who rejected the "Sigaw" initiative have been decimated by three retirements (four by Feb. 6, 2009 when Justice Azcuna turns 70) and considering further that GMA has lately been winning controversial cases, the high court may affirm a "joint" vote. It may wash its hands and say: Let a plebiscite be held to determine whether the people want the parliamentary system.

Ideally, a plebiscite determines the peoples' choice. However, the voting process here will be easy to manipulate. Voters will simply choose between "Yes" and "No." In fact, the Marcos Constitution was approved by a mere raising of hands during "citizens' assemblies," a scandalous voting process validated by a compliant Supreme Court.

Expect the GMA administration to use its full resources to secure a resounding "Yes" from the Court and

from the people. Hence, the Comelec's role in counting the ballots (and those of Namfrel and PPCRV in guarding them) will be critical.

Sufficient time for change. Will there be enough time to approve the parliamentary shift? Yes, under this timeline: congressional approval by Dec. 31, 2008, Supreme Court decision by June 30, 2009, and plebiscite in September 2009.

The elections scheduled on the second Monday of May 2010 will then be held for members of the new Parliament, not for president, vice president, or senators. GMA will secure a parliamentary seat in Pampanga and then become prime minister in a Lakas-Kampi-dominated Parliament after her term as president expires on June 30, 2010.

Theoretically, it is possible to revise the Constitution and enable GMA to continue her reign after June 30, 2010. But will our Congress, Supreme Court, Comelec and people allow her? Realistically, can GMA—unlike Ferdinand Marcos—extend her reign without martial law? ■

Miss Real Estate Philippines : A beauty pageant of a different kind

July 22, 2008

Summer is over but the temperature is still rising, particularly at the Philippine Real Estate Festival as it presents 24 gorgeous young women vying for the title of Miss Real Estate Philippines on July 25 at the SMX Mall of Asia.

The second annual beauty pageant intensely screened over 200 young women before coming up with the list of official candidates who will represent the country's top real estate builders and developers.

In the process, these young women will immerse in all areas of the real estate industry. They have been busy with a crash course on the state of real estate, and with seminar-workshops that educate them on why real estate industry is a vital in Philippine economy.

During the press presentation of these real estate beauties at the Lancaster Suites in Mandaluyong City, the media had a closer look at each of the candidates as they strutted their stuff and flaunted their curves in skimpy yellow bikinis.

"Believe me, Miss Real Estate Philippines is more than just a beauty pageant. It's beauty pageant for a cause. The winner will be the ambassador of real estate industry in the Philippines. She will help and spearhead the outreach projects that will provide homes to the most disadvantaged social sector," PREF chairman Rosemarie Basa said.

The top 24 who made the official list of candidates are: Theresa Baltazar, Glaiza Bilas, Amit Bhopal, Glenda Cabailo, Ferina de Paz, Shamaine del Rosario, Angelee de los Reyes, Richel de los Reyes, Mirasol Dianco, Paula Figueras, Mean Flores, Jeff Gaitan, Cherry Kubota, Mary Ann Laggui, Andrea Laurel, Christine Mayor, Elizabeth Naluz, Sandra

Palma, Jennifer Recto, Katrina Rigets, Alex Rocas, Bernadette Solero, Jesusa Torres and Camille Rodriguez. They will face the judges during the pre-pageant on July 24 (also at the SMX).

Filipino-Australian Rose Cel Aguilar, last year's winner, will relinquish her crown to the winner who will receive valuable prizes that include cash and a house and lot. She will also represent the country in the first-ever Miss Real Estate Asia pageant that will be held in November.

Miss Real Estate Philippines is just one of the components that anchors the 2008 Philippine Real Estate Festival. The rest of the activities will officially open on July 26.

This three-day spectacular event will commence with an exhibit that will bring together 150 of the country's biggest and most trusted real estate development companies and projects, finance institutions, suppliers, contractors, and professionals.

Other events include: the launch of the 2008 BREW (BizNews Asia Real Estate Who's Who) Awards; Free seminar-lectures concerning a wide array of topics including identifying practical investments, constructing dream houses on a tight budget, detecting fake land titles, how to avail of housing loans, and even feng shui; Dedicated sessions for OFW groups, real estate brokers, and the Filipino Investors Society; and Fiesta Pinoy set on the last day of the festival.

Fiesta Pinoy, which serves as the official closing of the festival, will combine indoor games, contest, raffles, disco dancing, mini-parade, and a musical concert for the amusement and entertainment of exhibitors, patrons, and guests. ■

COMMUNITY NEWS

CANADA DAY: MARKING FILIPINO COMMUNITY'S COOPERATION

Reflections by: Leandro Tolentino, Chairman, Canada Day Parade--Montreal Committee --Filipino Contingent

Canada Day Parade marks a momentous event among the mainstream communities all over Canada. On another level, the Canada Day Parade in Montreal pictured a symbolic gesture among Filipino organizations--- that with motivated and committed leaders, we were a multitude of groups to envy with on cohesion and cooperation, by other ethnic organizations. Coordinated by Federation of Filipino Canadian Associations of Quebec (FFCAQ) and the Philippine Association of Montreal and Suburbs (FAMAS), sixteen

uniform, distinguished themselves as flag bearers of the Filipino contingent.

The Aklan Association of Montreal (AAM) put bright-colored costumes in the parade; and added vivacious dances and loud tambours of the Ati-atihan. I thank Mr. Larry Panado, AAM President, for bringing this unique presentation which was captured on national television, too. The Martial Arts Group of Mr. Chris Bautista, all youngsters, aged 7 to 15 performed the "arnis" while moving onto the streets. They were followed by the Filipiniana group of Canadian Association of People Helping People (CAPHPP), Filipino Golden Agers (FILGA), and the Quebec Association of Filipino Teachers, led by its President Nancy Castillo-Karidis.

Another colorful and coordinated presentation was



The Laging Handa Scout Group marching in the Canada Day Parade.

Community was the giant "kabibe" Pearl of the Orient Seas" --- embedded on the 32-foot flatbed, carrying the most beautiful queens, mutya, lakambini, and princesses of various organizations. They were paired with handsome princes and crowned kings of representative groups, too. Jeanne Tolentino, the TAQ representative dressed in Muslim attire of Southern Philippines, is particularly a crowd-pleaser due to the Sarimanok

Association, Teachers Association, FILGA, CAPHPP, Kapampangan Association of Montreal (KAM), and the Tagalog Association of Quebec (TAQ). KAM President Svetlana Suarez and FAMAS Director Manny Lagasca served as the Float Guardians.

The Fourth Degree San Lorenzo Assembly of the Knights of Columbus, led by SK Jun Pavico, served as the honor guard of these organizations. The sir knights ensured



Leandro Tolentino, Chairman, Canada Day Parade-- Montreal Committee -- Filipino Contingent with Riza Esmeralda pose with the Ati-Atihan group in their native costumes.

organizations and groups bonded together to represent the most numerous participants in the Canada Day Parade held at downtown Montreal on July 1, 2008 at 11 o'clock AM. The Filipinos presented the most colorful ensemble of representations, since it has participated continuously for a number of years.

Highlights of the March:

The Philippine Scouts, led by Mrs. Zenaida Kharrouby, were the opening marchers of the group. Young boys and teens in their scouts

presented by SALINGGAWI. All members wore Philippine costumes, draped with regional variations of Philippine ethnic cultures. On this, we have to give credit to Ms. Monique Altares for having encouraged our youngsters to take pride in representing our culture. Following them was the Manileno-Philbecan contingent with their float decorated florally and driven by Jayjay Villanueva.

On a grand scale, the biggest and most attractive float of the Filipino



After marching several blocks, the Scouts and their volunteer leaders, rest for a while under a tree.

headgear. Mrs. Dolly Villarino garbed in stylish gown in semblance of Philippine flag waved from the float. A bevy of beauties and their male partners came from: FAMAS, Bicol

the orderly flow of the float. The colorful regalia of the Knights brought forth regal and formality in the parade.

See Page 21 Canada Day Parade

DR. EMILIA ESPIRITU

CHIRURGIEN DENTISTE / DENTAL SURGEON

5790 COTE DES NEIGES RD.
SUITE A-024
MONTREAL, QUEBEC
H3S 1Y9

PHONE: 514-340-8222 (4077)
E-Mail: dr_e_pin@yahoo.ca



PERMANENT MAKE-UP



**Personal - Professional
Salon May Bo**
Walking distance from Cote-Vertu Metro
820 Decarie Suite #3
514-883-8856
514-747-2291

Lips - Eyeliner - Eyebrows



As promised, here is the continuation of the Ten Steps Before You Start your Home-Based Business:

Step 1: Decide What Products You Will Sell or Services You Will Provide (pls. see our May Issue)

STEP2: Know Your Market And Your Competition

- Is there something about what you have to offer that will allow you to beat your competitors?
- How will you differentiate yourself from your competition? What is your competitive advantage?

STEP 3: Make Sure You Can Perform the Tasks Needed to Run Your Business

You'll have a lot of daily task that will need to get done. If you can't do them, who will? Answer the question honestly. Can you handle the day-to-day general business task, like;

- Proper organizing
- Searching best product deal
- Bookkeeping
- Marketing

STEP 4: Make a list of What You Needs To Be Done to Prepare Your Home for Business

With the product or services you have in mind, can you handle your business from your home the way it is right now? If not what do you need to do to get it ready?

- Is the nature of your inventory, supplies or equipment such that special climate needs must be

accommodate

- What kind of power need will you have to make an alternations to accommodate them?

STEP 5 What restrictions Might Prevent You from Starting Your Home Business

If you live in an area that is subject to the rules and regulation of a homeowners or community association, check for restrictions. Find out what if any restrictions exist and how you might work within them before you invest any cent in your home business.

STEP 6: Plan to Protect Yourself, Your Home and Your Family.

When you go to home business, you'll potentially exposing yourself, your home and your family to a variety of risk. You need to think in advance about how you'll manage those risk before it's too late

STEP 7: Learn the Risks and Benefits of Each Type of Legal Business Entity.

You'll have to research this issue carefully now because you decisions will affect your start up cost. It will also affect you tax situation and your personal liability for the actions and debits of the business.

STEP 8: Determine Your Startup Cost

Calculate your startup cost. The amount of money it's going to take to get up and running. At this point, many of your items are going to be nothing more than estimates, but do the best you can.



Step 9: Consider Your Breakeven, Your Cash flow and Your Funding Options

How much will you need to shell out for the bill to pay until the money starts coming in from:

- Will you be keeping your part or full-time job or is there any breadwinner in the family that can help you until you develop an income stream?

STEP 10: Gauge Your Family's Support for Your Business at Home If you have a family or significant others living with you, your home

business will be big part of their lives too.

- Caring and open discussion can help you avoid problems later. Ask for their support-you'll find that's much more effective than demanding it.
- Couples who plan to operate a business together need to have a pretty good idea in advance that both of them enjoy. It's a good idea to discuss who will be responsible for specific tasks.

All About Home Business- June 2008 issue

"Just Be Yourself" Not Viewed a Viable Option by Many Visible Minorities in the Workplace

New Catalyst study findings reveal workplace fit, negative stereotyping and preconceptions of leadership qualities are barriers to career advancement for visible minorities

TORONTO, June 25 /CNW/ - According to a new study examining workplace fit and stereotyping in corporate Canada, many visible minority managers, professionals and executives believe that they need to "Canadianize" themselves in order to get ahead. For some that means downplaying ethnicity and speaking English or French without an identifiable accent in order to succeed in the Canadian workplace, the study reveals.

In this fourth report of its groundbreaking research series on visible minorities in corporate Canada, Career Advancement in Corporate Canada: A Focus on Visible Minorities ~ Workplace Fit and Stereotyping, Catalyst identifies issues that impact career advancement for visible minorities, focusing specifically on crucial aspects of how these groups fit into the work environment, what they experience as stereotyping, and how they are perceived as leaders.

The Catalyst study underscores that visible minorities are critical to the performance of Canadian companies and firms in an increasing

global and competitive marketplace, now and in the future. With this in mind, the report provides recommendations on how Canada's largest businesses can create inclusive environments in which visible minorities and the organizations which employ them can succeed in better utilizing their talents and reap the full benefits of diversity.

"As Canadians, we celebrate all that diversity brings to our country and communities," said Deborah Gillis, Vice President, North America, Catalyst. "But when the message delivered to visible minorities working in our largest businesses is that they must blend in to get ahead, the potential to fully leverage diversity as a source of competitive advantage is being compromised."

Key findings from the study include: Advancement for visible minorities may necessitate their downplaying aspects of their cultural background, such as having an identifiable accent that does not "fit" the prevailing image of leaders in their

Give yourself a website that
Connect with your prospect easily and affordably
just like creating an email

tons of professional features included

page on home

create your own website for only \$6.95 a mo.

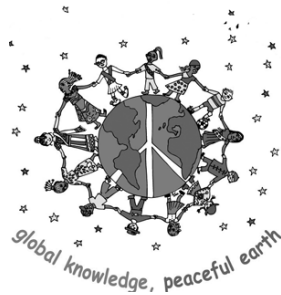
visit - MYBPAGE.com

See Page 17 Just be Yourself



Isaac T. Goodine

Global Perspectives



On Social Entrepreneurship

"The reasonable man adapts himself to the world; the unreasonable one persists in trying to adapt the world to himself. Therefore, all progress depends on the unreasonable man".

...George Bernard Shaw.

This column is about a new breed of entrepreneurs; known as social and environmental entrepreneurs. They are the subject of a book by John Ellington and Pamela Hartigan, *The Power of Unreasonable People, How Social Entrepreneurs Create Markets That Change the World*, (2008) published as part of the Leadership for the Common Good series of books intended to provoke conversations about the role of leadership in various facets of society.

The Authors demonstrate that, while they share the same characteristics as all entrepreneurs—namely, they are innovative, resourceful, practical, and opportunistic, the new breed lead more by example and attempt to bridge the great divides between privileged populations and the poor and they address critical challenges where traditional markets fail. Specifically, they seek to create value in economic, social, and environmental dimensions to serve the interests of all stakeholders and not just those of shareholders. There is no confusion between one's purpose and motive. For example, when David Green, one of the world's most successful providers of financial models to deliver quality health technologies to the world's poorest, was asked why he had not applied his talents to making money he replied: "My reasons are purely selfish. I figure I have been put on this earth for a very short period of time. I could apply my talents to making lots of money, but where would I be at the end of my lifetime? I would much rather be remembered for having made a significant contribution to improving the world into which I came than for having made millions"

Social entrepreneurship is not for the faint hearted; often requires learning from failure; and without creative leadership there can be no achievement beyond what individuals can achieve by working on their own. According to Donald Rumball, Author of *The Entrepreneurial Edge* (1989) the essential elements of entrepreneurship

including a ability to find opportunity in scarcity; to take risks & learn from failure; to manage; maintain personal commitment; to work in an unstable environment; feel the need to succeed; and possess leadership skills.

"Leadership is the talent which leverages a person's skills to achievements far beyond his or her capacity as an individual, by enlisting the support of many others who will add their muscle to the entrepreneur's will. Leadership is the talent which permits entrepreneurs to surround themselves with people who are strong where they are weak. It is the talent through which they transmit their vision and persuade their employees to make it their own. It is the talent that glues inadequate resources to opportunity, to make it happen. There can be no entrepreneurship without it.."

Creative leadership is in demand. The great hope for the spread of democracy has stalled in much of the world and social entrepreneurs are stepping forward to fill a void where politicians have failed to lead and where multinational companies have neglected social responsibility in by maximizing profits for their shareholders while neglecting social responsibility to other stakeholders. Access to the ballot box is not enough as there must also be access to the marketplace through jobs that bring benefits to workers, their families, and to society as a whole. In a speech given on the Stanford University campus in September 1994, Vaclav Havel, president of the Czech Republic said: "If democracy is to spread successfully throughout the world, and if civic co-existence and peace are to spread with it, then it must happen as part of an endeavor to find a new and genuinely universal articulation of that global human experience, which even we, Western intellectuals, are once more beginning to recollect, one that connects us with the mythologies and religions of all cultures and opens for us a way to understand their values."

Ethical leadership is most

critical as, more than anything else, incompetence erodes the integrity system. This became crystal clear when, in September 2000, two International civil society bodies, held back-to-back conferences in Ottawa, and I had the privilege of participating in both, as did many of the delegates. Transparency International (TI), and the International Institute of Public Ethics (IIPE) held their AGMs, and many of their members also participated in a conference called Ethics 2000. The issues and concerns discussed are of major concern to anyone who has any leadership role to play in any international endeavor. Over and over, we heard from participants that systemic corruption is eroding the integrity system in country after country. There is a growing frustration that systemic corruption is the greatest impediment to the three sets of serious issues of sustainable global development: (a) Security: maintaining peace and order, controlling crime, and improving human rights records; (b) Inequality: addressing the visible maladjustment of wealth and misuse of physical and human resources; and (c) Spirituality: addressing the deep spiritual malaise where many people feel they have no stake in their own country or the global economy and feel that there is nothing they can do about either by legal or ethical means. This malaise has spread the five most evil conditions that people have to face in large and growing numbers throughout the world. They are: POVERTY—ILLITERACY—IGNORANCE—HOPELESSNESS—FEAR.

The much vaunted "Clash of Cultures" should more properly be called a "Clash of Ignorance" according to the Aga Khan, who praises Canada as a beacon of peace for others to look to in his book (2008) *Where Hope Takes Root: Democracy and Pluralism in an Interdependent World*. The Aga Khan, who is the hereditary spiritual leader of Islam, the second largest segment of Shia Muslims, is promoting pluralism as espoused in Canada and to that end is setting up the Global Centre for Pluralism to promote the concept in conjunction with the Aga Khan Foundation Canada that is also based in Ottawa. His followers are spread around the world and most believe that their societies can benefit from modernity while remaining true to tradition.

Social entrepreneurs can

only help people to prosper where there is a shared vision and this is conditioned by what you believe to be true about the world, the universe, God, existence, politics, economics, human nature, and physical or spiritual reality. So, in that regard we are exploring something that is close to all of us: the mind, or, more exactly our "creative mind." To understand other people and ourselves requires a minimum of commonality. We all have it. All human beings share something in common: a psyche. However, each one is programmed differently, thus we think differently. Therefore when the leadership process is considered, particularly in a cross-cultural environment, we are faced with two interrelated assumptions: that there is no absolute truth and that learning how to learn provides the best answers. The amusing tale of two shoe salesmen will illustrate how one's perspective of actuality can determine one's course of action: The two salesmen, from competing companies, arrived on a small Island at the same time. The 'natives' rushed to meet the arrivals at the shore, as usual. When the salesmen reached their hotel, each one immediately contacted his home office. But the messages were dramatically different. One said, "This trip was a wasted effort. These people do not wear shoes. The other one said, "This is a great sales opportunity. These people have no shoes".

Isaac' Email address
itgoodine20@hotmail.com
His Website is www.ikes-world.com

From Page 16 Just Be Yourself

organizations.

Some East Asians and South Asians who felt they understood Canadian idioms and were familiar with Canadian culture, particularly those whose families had been in Canada for generations, expressed comfort with how they fit within Canadian business organizations. However, other visible minorities stated that their chances of acceptance and promotion at work are tied to how "Canadianized" they are.

East Asians reported being stereotyped as "hard working but not sociable" while South Asians reported being considered "outsiders" and "foreigners" in spite of the length of

See Page 22 Just be Yourself

Help Wanted
in food manufacturing and
packaging plant.
Clean, stress free environment.
Looking for full or part time serious
worker.
Call David 514-733-6688

FILIPINO STAR SHOWBIZ GOSSIP

Charice wows Italians in Andrea Bocelli's birthday concert



After charming American and British audiences, the country's pride Charice once again has made the country proud as she dazzled the crowd at the birthday concert of Italian operatic pop tenor Andrea Bocelli last Sunday, July 20 in Italy.

Charice performed with other international performers at the Theater of Silence of Lajatico, Italy dubbed as "The Cinema Tribute."

Charice shared her singing prowess to Bocelli's countrymen in an open air theater in Tuscany where Bocelli hails. The Italian tenor is set to turn 50 as he celebrates his birthday this 22nd of September.

Aside from completing the special affair, Charice again impressed the pop tenor as they performed a duet. The concert featured songs from some of the world's unforgettable musical films. Performers for the said concert were Nicolla Piovani, Roberto Bolle and Noa.

In an interview with abs-cbnNEWS.com days before she went to Italy, Charice said that she was going to be part of the big show that would definitely make a mark internationally on the talent of Filipinos.

"Siyempre naman po, every time na lalabas ako ng bansa talagang para po sa Pilipinas ang ginagawa ko gusto ko po ulit magbigay ng karangalan kaya sana ay maging proud sila sa next na gagawin ko," Charice said.

Charice went to Italy July 16, days before Bocelli's special birthday concert. The young diva met Bocelli when she performed for David Foster's discoveries for a benefit concert at Mandalay Bay in Las Vegas Friday, May 23rd.

In a previous interview, Bocelli invited Charice to be his special guest for his birthday concert.

Charice boosted her international

career when she appeared in the Paul O'Grady Show in London last April 8 and on the Ellen DeGeneres show in December of 2007.

Last April 11, abs-cbnNEWS.com broke the story that she just finished taping a special episode for Oprah. Her special appearance at Oprah was aired May 12th.

Charice on Oprah

Speaking of Oprah, almost everybody knows that Charice snatched the limelight when she guested on Oprah Winfrey show. To cater to the request of viewing public, ABS-CBN's Studio 23 will premiere the much-awaited appearance and performance of our very own Charice in the US talk show "Oprah" this Wednesday, July 23 at 7:30 p.m. to 8:30 p.m.

Watch Charice sing Whitney Houston's hit "I Have Nothing" and how she stunned the audience with her amazing talent alongside other brilliant and gifted youngsters in the special episode dubbed as "World's Smartest Kids."

The 15-year-old young diva broke into tears when she finally met and hugged the 'Queen of Talk' Oprah Winfrey and realized her dream of appearing in the world famous talk show.

Before appearing in "Oprah," Charice already gave stunning performances in Ellen Degeneres' "Ellen," UK's "Paul O'Grady Show" and Korea's "Star King" where she was first noticed by the world after a fan uploaded footages via YouTube and gained over 13 million hits.

Charice who started singing at the young age of 4 said she really loves American music, especially Whitney Houston, Mariah Carey and Celine Dion hits. ■

Miss Philippines wants to be a professional model

When Miss Philippines Jennifer Barrientos returns to the Philippines, she hopes to fulfill her goal of becoming a professional model.

Jennifer didn't make it to the top 15 of the Miss Universe contest but she has no regrets, as she feels she gave it her best shot.

Win or lose, Filipinos who flew to Vietnam just to watch the Ms. Universe

pageant are still proud of their kababayan.

A group of Filipino tourists even had banners and Philippines flags to show their support for Jennifer.

Singer Louie Heredia was also in the audience with his friends to give the Filipina their support.

They paid hundreds of dollars just to be able to watch the pageant live.

"Sayang talaga, pero proud pa rin kami sa kanya," Louie says.

"Siya pa rin ang Miss Universe namin," says Joel Cruz.

When Jennifer returns to the Philippines, she hopes to fulfill her goal of becoming a professional model.

"Gusto ko talaga modeling," she says.

Jennifer also defended Miss USA Crystle Stewart against rumors that the spill she took at the pageant was orchestrated to attract attention and gain sympathy.

The Miss Universe 2008 pageant may be over, but people are still talking about the spill Miss USA took during the evening gown competition.

It was like a replay of last year's pageant where Miss USA also tripped.

Jennifer feels bad about what happened to the US beauty and said she saw the latter backstage after the incident.

She said the look of disappointment on the Stewart's face was proof that what happened was really and accident.

"Hindi siya ganun maglaro, nadapa lang talaga," she says. ■



Jennifer Barrientos

Young Fil-Brit singer who wowed the UK to visit Manila

Young Filipino-British singer Charlie Green is coming to the Philippines this week. Green got into the public eye as one of the semifinalists in the show "Britain's Got Talent" (BGT).

Green started to shine when he passed BGT's audition last April at Manchester Theatre.

During the audition, he sang Frank Sinatra's "Summer Wind" and wowed the British audience, including the unpredictable judge Simon Cowell. Cowell had even said that the young singer was "fantastic".

But in the semifinal round the judges decided to drop him out of the popular talent search.

Green will be arriving on Thursday, 5 a.m. and is set to guest on ABS-CBN shows like Pinoy Dream Academy's "Uberture," weekly variety show "ASAP '08," daily noontime show "Wowowee," entertainment show "The Buzz," daily morning show "Boy & Kris" and Megastar Sharon Cuneta's show "Sharon."

In a previous e-mail sent to abs-cbnNEWS.com, Roger Green, Charlie's father, said his son was distraught when he dropped out of BGT in May.

"Charlie was obviously disappointed but he's coping well," Mr. Green said.

Mr. Green said in his letter that BGT judges Cowell, Piers Morgan and Amanda Holden were upset with Charlie's wrong choice of song. For the semis, Charlie sang an original composition.

Charlie lost by a split decision, getting the nod from only two of the three

judges.

"The problem was, was the song, the song was terrible, I mean it really was, it was, I will never give a singer like you a song like that... you are great, you are a 10 and the song was a two and I don't think it's fair on you," Cowell said.



Charlie Green

But despite the outcome, Charlie didn't take the unfortunate event too seriously. He is now enjoying the exposure he got from BGT with numerous projects offered to him.

The boy decided to join the competition to fulfill his dream of becoming a great singer. The talented child said that he started to hone his talent when he was about three years old.

Charlie's mother, Cecilia Surmargo, hails from one of the biggest provinces in the Philippines -- Cebu ■

Director Yam Laranas unveils his 'The Echo' in Montreal

"I don't think I can sleep tonight," an energized Yam Laranas e-mailed us right after the world premiere of his "The Echo" last Thursday evening at Fantasia, the Montreal fantasy and genre film festival, which is ongoing until tomorrow, July 21.

Here is the full text of Yam's e-mail:

"The 700-seater Hall Theatre at Montreal's Concordia University was packed with a very enthusiastic crowd. The Montreal audience was so involved. They reacted to every scare with screams, oohs and ahhs. They



Why are Carlos Leon, Yam Laranas (center) and Jesse Bradford not smiling? Because, as Yam captioned this photo on his blog, "You can't smile when you are scared."

lined up as early as 6:30 p.m. for the 7:15 p.m. screening.

"It was a big crowd and they received the film with such warmth and interest. It was fun to see some of them cover their eyes or hide behind their friends' backs when the scares came.

More screenings

"They generally responded very well to the very atmospheric mood of 'The Echo.' A lot of them stayed for the Q&A. They had very interesting questions, especially about my own feelings about remaking my own film

('Sigaw'). They also voiced out their satisfaction and gave the film very loud applause and cheers!

"With humility, I am hoping that this screening is indicative of the reaction in other screenings to come."

We asked Yam if Iza Calzado, who reprises her role in the American remake, was present at the screening in the film fest which has become one of North America's important cinematic events. Earlier, the pioneering Filipino filmmaker told us that Iza was planning to go since she might attend a friend's wedding in Vancouver. "Iza wasn't able to attend," he told us.

On how Yam felt when the movie, which he shot mostly in Toronto, was about to begin, he confessed, "I got nervous when the lights went down but I got really excited when the audience clapped upon seeing my name in the credits!"

Yam was asked in the Q&A if he will make another horror film. "Yes. I'd like to explore more ways to create really scary scenes," he replied. Does he always want to make a horror film? "Not necessarily. I love to make films with great mood and atmosphere."

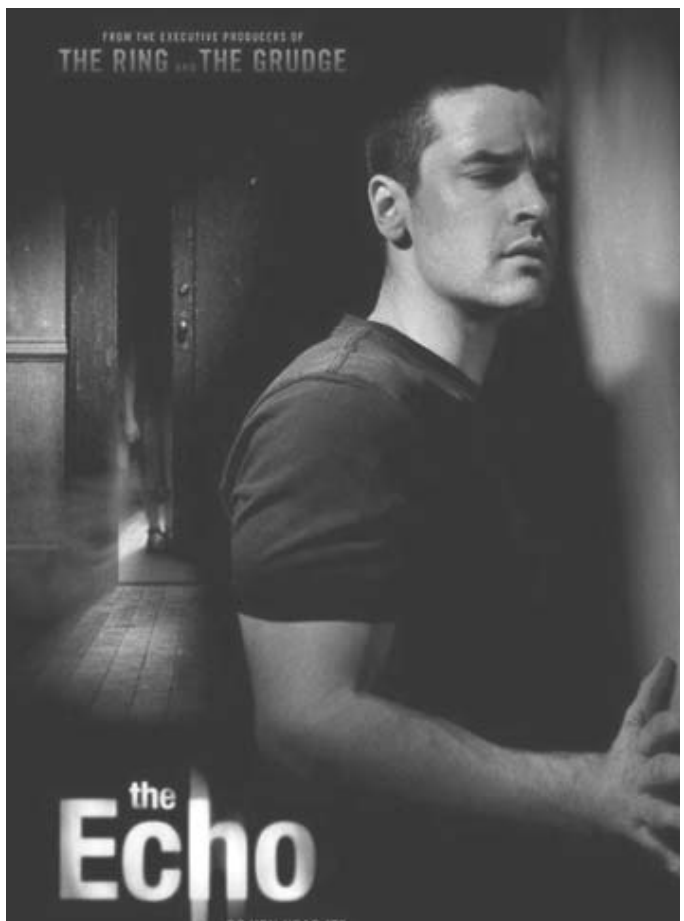
The filmmaker volunteered, "I saw a couple of Pinoy in the audience and they approached and congratulated me."

Yam admitted, "I wish I could celebrate and drink but I don't drink anymore. I'd probably drink Diet Coke and have fun!"

Whirlwind trip

"It's satisfying to finally see 'The Echo' with a North American crowd," he added. "I don't think I can sleep tonight."

It was a whirlwind trip for Yam. He arrived in Montreal from Manila the day before the screening and was scheduled to fly back home the day



after (due to prior commitments).

Yam disclosed that the producers and distributors of his 90-minute thriller, which stars Jesse Bradford, Iza, Amelia Warner, Kevin Durand, Louise Linton, Carlos Leon and Pruitt Taylor Vince, have tentatively scheduled a January 2009 release in the United States.

In a previous e-mail, he informed us, "I'm not sure if QED International will release the film in Southeast Asia during or after its US run. Last I heard was that QED sold the movie's Southeast Asian distribution rights to a Singaporean conglomerate, and that Viva will release it in the Philippines." ■

Annabelle warns Ruffa against movie with Bong Revilla

Actress-host Ruffa Gutierrez said her mother Annabelle Rama warned her that she might be facing new controversies if she would do a movie project with senator-actor Ramon "Bong" Revilla Jr.

Gutierrez said her mother's statements came after ABS-CBN's movie outfit Star Cinema offered her to do a film with the good-looking senator.

"May movie offer kasi kaming dalawa ni Bong together. So noong in-offer-an ako ng Star Cinema sinabi lang ni mommy na 'naku day ha, Bong! baka maya-maya ay malink-link na naman kayo?' I'm like 'mommy please bakit naman kami mali-link ngayon?' said Gutierrez.

The former Miss World runner up said that if the project pushes through, she will do it simply because it is her job as an actress.

"I wanna prove to her that I'm really professional and kung trabaho, trabaho lang talaga," she said.

Gutierrez said that she and the senator are really good friends.

It will be remembered that Rama



Annabelle Parra (left), Ruffa Gutierrez

defended her daughter when reports surfaced that the senator's wife actress Lani Mercado snubbed Gutierrez twice.

Mercado eventually denied the reports and said that she did not greet Gutierrez the first time because she didn't see her, and because she was busy talking to someone else on the second occasion.

Gutierrez co-hosts ABS-CBN's weekly entertainment show "The Buzz", and is also busy taping for her upcoming television series "I Love Betty La Fea" with actress Bea Alonzo as Betty. ■

More Showbiz Gossip - SEE PAGE 20



Showbiz Gossip *Continued from p.19*

Kapuso stars Marian and Katrina voted as FHM's Top 2 Sexiest Pinays

Both ladies were brimming with happiness from this news.

"Nagpapasalamat po ako dun sa mga bumoto sa akin at para sa akin siya po ang number one sa puso ko at sila po yung dahilan kung bakit nandito po ako sa posisyon ko ngayon," said Marian in an interview with Startalk right after she received the call about being voted as the

years in 2006 and 2007, declared that it is now Marian's time. She stressed there is absolutely no rivalry going on between them, adding that this was a vote and not a contest. Marian thanked Katrina when she heard that her predecessor was happy for her.

This also marks a milestone in the magazine's history, for Marian is actually the first non-cover girl one



Marian Rivera



Katrina Halili

country's sexiest female in a survey by **FHM magazine**.

Katrina also expressed her delight: "Happy talaga ako kahit alin man yung resulta...at tsaka number 2, hindi naman masama 'yun, 'di ba? Importante yung masaya ako na may sumoporta sa amin."

Katrina, voted the Number 1 Sexiest Pinay for two consecutive

voted to the top spot. Marian said she is open to posing for the magazine but reiterated that a final decision has yet to be made about this.

All that Marian and Katrina are definite about is that they owe everything good that has happened to them to their fans, and of course to those who believed and voted for them. ■

Star dream girl: Isabel Villar

Like a caterpillar in its cocoon, Isabel Villar is slowly making her way out of the sheltered casings of her life. Typically quiet and reserved, Ysa did her best to overcome her shyness.

Now a VJ at QTV 11, the sister company of GMA 7, Ysa found herself sharing more and more of herself with others. "My work taught me to be outgoing and crazy in front of people I don't even know," gushes the 20-year-old lass. But at the end of the day, Ysa will always find her way back to her comfort zone — her room, which for her is her sanctuary. A self-proclaimed art aficionado, she poured her creative juices into her little "masterpiece." "I just love my room!" excitedly enthuses Ysa. "I covered my bed with red velvet, just like a luxury cocoon. I also have a huge, huge mirror there."

And since Ysa is fascinated by paintings, she finds herself buying art pieces she wishes she can do. Spanish painter Salvador Dali's surrealist works caught this young art critic's discerning eye. "I also like upcoming young artists that paint pop culture," furthers Ysa. Inside her sanctuary, she finds pleasure in watching movies, reading books and listening to music.

Her love for music and DJ-ing is



Isabel Villar

perhaps her father's biggest influence to Ysa. Dad Louie Villar, president of 105.1 Crossover, reminds her to make sure she's truly happy with whatever she's doing. Her mom Chuchi inspires her to be the best that she can be.

Ysa may be heading towards a different direction from her childhood dream of being an astronaut and go places. But with lots of opportunities ahead of her, the shy girl slowly breaks out of her cocoon, unfolds her wings, flutters slowly at first but eventually flies high to see what the world has to offer. ■

Ruffa on Yilmaz: 'I will always love him'



This was what Ruffa Gutierrez confessed about her June 24 conversation with ex-husband Yilmaz during her 34th birthday.

"Parang akong isang widow. 'Di ba,

pag namatayan ka, matagal bago ka mag-heal? Iiyak ka, parang magiging galit ka minsan, madi-depress ka... Mahaba yung process. Ang sabi ko nga kay Yilmaz, let's just pretend that I'm one widow. Mahal kita pero hindi kita pwedeng makasama," she said.

The Buzz host admitted that she got emotional during their chat because she still feels pain from the breakup.

"Kapag nandyan pa rin yung pain, there is still something. Wala naman sigurong masama kapag naalala mo na yung nakaraan niyo. We have two kids, at eight years kaming nagsama. It's normal naman," she justified.

According to Ruffa, what made her cry more was her daughters' wish to see her and Yilmaz hug each other and be together again. ■

The North American Filipino Star Classified Ads

ADVERTISING

Cheapest way to advertise!

First 3 lines \$10.00
next additional line @1.99

ANNONCE



SOUDEURS

Entreprise d'envergure située à Laval :
5\$ à 18\$

Recherchons des soudeurs, avec ou sans expérience pour exécuter, à partir de plans, l'assemblage et la soudure de pièces en aluminium.

- DEP en soudure-montage
- Expérience ou habileté en assemblage

• Connaissance en soudure toute position – MIG ou TIG
Excellente atmosphère, avantages sociaux, permanence et sécurité. Faites parvenir votre curriculum vitae à Linh Chen: jfontaine@hunt.ca
Téléphone : 450 669-1115
Télécopieur : 450 669-6311
515 b/v Concorde ouest, Bureau 215, Laval QC, H7N5L9

CLEANERS

Office cleaners for West Island, car needed, work Mon-Fri after 6 pm
Michael call 514-624-3437

C.D.N. APT'S FOR RENT

Bourret-Victoria

3½, 4½ \$550+ Heat, h/w
Reno. Appl. Elev. Metro
(514) 735-2985 (514) 575-4691
WE SPEAK TAGALOG

HOMEBASED BUSINESS

Do you like to travel and meet people? Attend our regional seminars
Call for details 514-731-8881.
or 514-485-7861

HOUSEKEEPERS

NATA agency is looking for reliable people for residential and commercial housekeeping, preferably with experience, call 514-835-8344

DRIVING

- * Car available for EXAM
- * 1 hour practice only \$25 (tax incl.)
- * Many examples of first time success
- * packages available

MR. KHALIL (514) 965-0903

Quebec certified driving instructor with 11 years experience in giving driving lessons. Exam car available
Toton 514-969-9622

LIVE IN NANNY

Seeking a French-speaking live-in nanny for a 2-year old boy in Florida. Private room, bathroom, access to car, unlimited watersports. House is on water close to beaches. Room & board + salary.
Email: chivelog@yahoo.com

NURSING AID

100% JOB OPPORTUNITY!
Classes to begin August 3. Register by appointment, call 514-485-7861

NANNIES RESIDENCE

(Rooms/Board) West Island. Near Bus, Fully Furnished, heat, electricity, hot water included. call (514) 684-1016.

TECHNICIAN

Having computer problems?
Call (514) 575-4066 / 342-3066
An experienced Filipino computer technician can come to your place at a very reasonable rate

WANTED

Order pickers required for night shift 7p.m.-4:00 a.m. Sunday to Thursday. Will train but experience an asset. Please call Danny at (514) 829-2550 Or at (514) 422-8881 ext.205

Cleaning Lady

Needed to clean a private house and medium size office once a week in Dollard des Ormeaux
Call Ludmila 514-839-5060

Filipino-Canadian Tennis Association of Montreal offers tennis clinic for all ages

(Since 1980)

" Tennis for Health, Discipline and Fun for all ages and gender"

It's not too late to join the free summer clinic at Kent Park offered as a community service by the Filipino-Canadian Tennis Association of Montreal to all interested.

They are pleased to announce the schedules for the summer 2008 free tennis lesson for beginners of all ages and gender (worth about \$ 65.00 an hour) and clinic for the secondary level with free use of practice balls and rackets with free refreshment after the session.

PLAYING WITH RUBBER SHOES MANDATORY.

Place: Kent Park Tennis Court, corner of Appleton and Hudson St. at C.D.N.

Time: 10:00 am to 12:00 noon every other Saturday.

Dates: Starting June 7 and 21, July 5 and 19, Aug. 2,16 and 30,Sept. 13 (End of the Season)

For further information, please call, Bob Araneta, - Tel. (450) 969-5980 or (514) 297-6570,

Luis Sarasola - Tel. (514) 798-5839, Tony Vargas (514) 626-7569 or the P.R.O., Reuben T. Santos with Tel. (514) 525-0355

"If we can save just one youth from drugs by learning tennis,our day is made and our effort is not in vain"

The Filipino Community thanks the Borough for the use of the tennis facility at Kent Park. Over the past few years, Kent Park has been the venue for the FCTAM tennis clinics.

From Page 15 Canada Day Parade

Among the parade marchers, I saw the other community leaders: Marlene Birao-Schachter, Flor and Rose Rillo, Julie Parado, Rosie Padilla, Pat and Fred Magallanes (Filipino Forum), Riza Esmeralda and Joselito Sarto, Lina Lagasca, Epang Nicolas, Zeny Acacio, Siony Collao, Peping Tolentino, Ray Foz, Jeff Narciso (driver of the float), Felix and Ella Reyes, Trans Liganor, Nenita Licayao, Jelly Tolentino, Gina Medina, Kiko Altares, Lina Flores, Valent Hughes, Joseph Gonzales, and Eppie Gevero.

We have silent workers that made this parade a memorable one. I acknowledge the great efforts of FAMAS President Claro Bermudez and his team, who spent sleepless nights to prepare the group for this great event. Mr. Bermudez with wife Nemia, also tapped the services of Alpha Phi Omega International (APO) and the FAMAS directors (and their partners) who committedly prepared all aspects for the greater spirit of unity by the group. He was ably supported also by FAMAS former President Dick Dahiroc

and wife Luisa. On the other hand, we would also like to acknowledge the FFCAQ Officers and the Board for supporting the Bermudez team through their financial contributions and teamwork. Noteworthy was the dedication of Ms. Angie Ogerio, FFCAQ President, that even in her hospital bed during that week, was phoning for better coordination of the preparation for this activity. It is truly noble and heart-warming to see that Filipinos set aside differences for the greater good - that is unselfish dedication towards unity among us. I salute these movers and I have great confidence in their leadership. Thanks for your physical and moral support during this event.

Consular Service offered at the FAMAS Center by the Philippine Embassy

will be moved from 27 July to

Sunday, 10 August. Giving everyone the full day to enjoy FAMAS' Pista sa Nayon 2008 at

Parc Mackenzie King from 8 am to 8 pm:))



Dawn Sarto (on the right) trying to hit the tennis ball during practice last Saturday, July 19, 2008 at the Kent Park Tennis Court.



Practicing to hit the ball with the forehand, this player is intent on his game.



Members of the Filipino-Canadian Tennis Club Association of Montreal held a picnic at the Mohawks Park in TMR last Saturday, July 19, 2008.

SHOWING IN MONTREAL
DÉCARIES SQUARE MALL
AUGUST 3 to 9, 2008

SHARON CUNETA
CAREGIVER
A FILM BY CHITO S. ROÑO

DOLLAR CINEMA
6900 boulevard Décarie, Cote Saint-Luc, QC H3X 2T8
(514) 312-5242 or (514) 739-0536 • Tickets available at the Box Office for \$ 9.95
AUGUST 3, 4, 5, 6, 7, 8, 9 AT 7:00 pm

OKUS
FILIPINO JOURNAL
AHS-CIN GLOBAL
Angie Bermudez
Gilmore

From Page 17 Just Be Yourself

time they had spent in Canada. Blacks faced a dramatic difference in workplace challenges as compared to their South and East Asian colleagues. More negative stereotyping and an extremely limited number of similar role models combined to create a sense of isolation and limited opportunities for black managers, professionals and executives.

In multicultural workplaces, "political correctness" can impede advancement of visible minorities to the extent that it makes it difficult for organizational members to address arising tensions.

While many organizations are committed to building inclusive work environments, imperfect execution of diversity programs can hinder career advancement for visible minority managers, professionals and executives. An added barrier is that white/Caucasians are more likely to believe that diversity efforts are successful than are Blacks or Asians.

"The market has diversified extensively in the last five years," said Zabeen Hirji, Chief Human Resources Officer at RBC, the lead sponsor of the study, "And we've understood that to serve the market, we need to hire the market. Companies with talent management systems that capture the full value of diversity are more likely to attract and retain the best. Achieving full diversity is a journey that requires ongoing dialogue and focus inside organizations and across our communities. As the Catalyst study shows there is still a great deal of work to be done."

To help Canadian organizations fully leverage the diversity and talent of their visible minority employees, Catalyst recommends:

- Organizations create inclusive environments where visible minorities can spend less time focused on overcoming stereotypes and more time on contributing to organizational performance. Senior leaders can develop inclusive workplaces by building a strong business case, addressing the concerns of majority groups, and ensuring that leadership

competencies are clear and allow for a variety of styles.

- Recognize that negative stereotyping exists in the workplace and address it. Avoid political correctness or politeness as a barrier to dealing with this problem.

- Visible minorities should aim to familiarize themselves with their organizations and be prepared to navigate less-than-perfect workplace environments. Changing an organization is a long-term activity, and realistically many visible minority managers, professionals and executives will find themselves employed in business organizations that are less than fully inclusive.

RBC is the study's lead sponsor. Deloitte and Touche LLP and IBM Canada are the participating sponsors. The Ontario Ministry of Citizenship and Immigration is the supporting sponsor.

To review the Catalyst study and a complete account of recommendations, please visit www.catalyst.org.

ABOUT CATALYST

Founded in 1962, Catalyst is the leading nonprofit membership organization working globally with businesses and the professions to build inclusive workplaces and expand opportunities for women and business. With offices in the United States, Canada, and Europe, and the support of more than 370 member organizations, Catalyst is the premier resource for research, information, and trusted advice about women at work. Catalyst annually honors exemplary organizational initiatives that promote women's advancement with the Catalyst Award.

For further information: Charmain Emerson, Building Blocks Communications, Work: (416) 588-8514, Cell: (416) 857-9401, E-mail: charmain@building-blocks.ca; Susan Nierenberg, Catalyst, Direct: (646) 388-7744, Work: (212) 514-7600 x 333, E-mail: snierenberg@catalyst.org. This information is being distributed to you by CNW Group Ltd.

FAMAS Holds Its First Job Coaching Seminar

by Kathy Pescador - PRO for FFCTCQ and Education Committee Member of PINAY

Do you still put your picture and birth date in your resume? Did you know this is not required by law when submitting your CV?

Resource Specialist, conveyed interesting information to help the Filipino community in their job hunt. They advised participants to refrain



Kathy Pescador conducting the workshop at FAMAS, Saturday, July 19, 2008

Do you know that a job interview is a two-way street? You must not only answer, but ask questions as well, to demonstrate to the employer your deep interest in the company.

Did you also know that employers look at your job record not only to find out the reputation of your company but your history of

from copy-pasting their resume into their cover letters, and encouraged them instead to note down what makes them unique and what they can contribute to the company they wish to belong to.

UPS is one of the largest Parcel Service Companies in the world in existence since 1907 and in Canada



A participant is intently listening to the presentation.

commitment and dedication, as well as the training standard you received?

Finally, did you know that even though you're just applying for an entry level position, you must prepare and research about the organization? Employers apparently place a footnote on resumes of well-prepared applicants that says they are potential candidates for supervisor.

These and many more interesting tips and trivia were exchanged during the first ever personal and professional development workshop at the FAMAS Centre last July, 19 2008. Entitled "How to Prepare for an Interview and Create a Resume", guests headed by Ms. Michelle Ruffin, Human Resource Director of United Parcel Services for Eastern Canada and Quebec together with Lauren Azevedo, UPS Human

since 1975. Its Montreal facility alone houses more than 1100 employees. One of the respected companies who hire from within, it also proudly welcomes permanent part-time workers. As a result of this, some informal interviews with interested participants were conducted after the session.

For more information about the next set of professional development workshops, or to inquire about UPS opportunities, please contact Riza Esmeralda at FAMAS (rizaesmeraldas@gmail.com or 514-341-7477) or Kathy Pescador, Press Relations Officer for the Federation of Filipino-Canadian Trade and Commerce of Quebec (FFCTCQ) and Education Committee Member of PINAY (terifini@yahoo.com).



Riza Esmeralda (on the extreme left) with the other participants in the workshop

**Join the community wide
potluck picnic on Sunday,
August 3, 2008 at Beaver Lake.**

If it pushes through, Pacquiao fight could be De La Hoya's last

July 22, 2008

A confidante of Oscar de la Hoya confirmed that de la Hoya's next fight would be his last.

And in a professional career that has seen de la Hoya take on names from Mosley to Mayweather, Camacho to Chavez, Gatti to Trinidad, can a Manny Pacquiao fight date be the Golden Boy's perfect swan song?

"This is definitely Oscar's last fight, his last fight of his entire career," Eric Gomez, the vice president for matchmaking of de la Hoya's promotional outfit Golden Boy Promotions, told the Sports Chat radio program on dzSR Sports Radio Tuesday.

Not a lot of fight fans are taking a de la Hoya-Pacquiao fight seriously, however. The apparent mismatch between a bigger but older de la Hoya and a quick, in-his-prime Pacquiao has led some to call the fight a mere exhibition match.

A Pacquiao victory, if the fight pushes through, would further raise Pacquiao's stock not only as a box-office draw but also as one of the greatest fighters of all-time.

When asked by Sports Chat host Dennis Principe what a Pacquiao fight would mean to a



Is De La Hoya, left, in Pacquiao's future?

fighter who's achieved it all like de la Hoya, Gomez said it was about de la Hoya's appetite for competition.

"Oscar has the fought the best pound-for-pound fighters. He's been wanting to fight the best. He's fought the best. And [Manny's] just one of those fighters who's considered the best in the world. And Oscar would take that challenge," Gomez said.

De la Hoya said previously that this would be his last year as a professional fighter. He told the Los Angeles Times in an interview late last year that he would fight three times. But the year has gone past the midpoint and de la Hoya has fought only once; he beat Steve Forbes via unanimous decision, a victory that was critically panned.

De la Hoya was supposed to fight in September but his reported opponent, Floyd Mayweather Jr., retired last month.

"Oscar doesn't want to fight [ordinary] fighters," Gomez reiterated. "He wants to fight at the top level, the big names like a Manny Pacquiao." ■



6430 Victoria Avenue, Montreal, QC Tel.: 514-733-7816

Prices valid from July 23 to August 1, 2008



Super Q Bihon 454 g
.99¢ / bag



Del Monte Spaghetti Sauce
3 for \$2.49 .99¢ ea



Young's Town Sardines
Hot & Reg. 3 for \$2.49 .99¢ ea



Frozen Coconut Dessert
\$2.69 ea 2 for \$5.00



Mama Sita's BBQ Marinade Sauce
350 ml \$1.79/ bottle



Lorins Soya Sauce 1 L
\$1.29 / bottle



Diwa Coconut Sport Strings
340 g \$1.79 / bottle



Andok's Litson Sauce
560 g \$1.39 / bottle



Frozen
Coconut Juice 300 ml
\$1.29 ea 4 for \$5.00



Buenas Rice Sticks
454 g \$1.79 ea



Black Tie Cooked Peeled Shrimp
\$3.49 ea / 3 for \$9.00



Holand Hopia
Mongo - Ube - Baboy
\$1.39 / bag (5 pieces)



Magic Melt Ensaymada
12 pieces 700 g
\$7.99 / box

EDUCATION RAISES THE BAR

BUT LOWERS THE BARRIERS TO A REWARDING CAREER.



Daycare Assistant



Administrative Assistant



Certified International Trade Professional (C.I.T.P.)



Personal Support Worker (Nursing Aide)



Accounting Class



PSW/PAB Class

COURSES

- Languages - English, French, Spanish, Mandarin, Tagalog
- Accounting & Bookkeeping
- Keyboarding (Touch Typing)
- Computer Literacy
- Microsoft Word, Excel, Access
- Personal Support Worker (Nursing Aid, PAB)
- Early Childhood Education Assistant
- Office Technology
- International Trade
- Integration of Foreign Graduates of Nursing (Permit Pending)
- Early Childhood Education Assistant

OTHER EDUCATIONAL SERVICES

Seminars:

- Writers Helping Writers
- Intercultural Communication (To be determined)
- Leadership Training (To be determined)
- Human Resources Development (On request)

Tutorials:

- English • French • Math/Science
- (Private or semi-private)



4950 Queen Mary Road Penthouse
Montreal, Quebec H3W 1X3
Telephone: 514-485-7861
Fax: 514-485-3076
Website: gilmorecollege.com
E-Mail: enquiries@gilmorecollege.com

SNOWDON



To register by appointment,
please call 514-485-7861
New classes start as soon as
minimum enrollment is achieved.